

Extra learning activities

Year 1

Creative activities

- ❖ Complete the 30-day Lego challenge.
 - ❖ Play a board game together.
 - ❖ Build a fort.
- ❖ Spend some time playing with playdough. There are playdough recipes online if needed.
 - ❖ Log into your purple mash account and explore 2 paint
- ❖ Make a tissue box house/mini world. Can you create your own story around your creation?
- ❖ Make a musical instrument. For example you could use a plastic bottle and rice to make a shaker.
 - ❖ Paint a character from your favourite book, film or TV programme.
 - ❖ Bake biscuits or cakes together.
 - ❖ Make dinner together.
- ❖ Use junk modelling or draw a new invention. What will your invention do?
 - ❖ Create your own song or rap and perform it to someone in your house.
- ❖ Create your own dance to your favourite song and perform it to someone in your house.

Literacy and Reading activities

- ❖ Write a letter to a friend or loved one.
- ❖ Draw a new character for your favourite book and label it.
- ❖ Read or listen to an eBook. You can sign up for free.
 - www.twinkl.co.uk
 - www.oxfordowl.co.uk
 - <https://www.bbc.co.uk/cbeebies/stories>
- ❖ Find objects in your house or outside that start with the letters of the alphabet. Can you find any objects that contain a digraph? For example tea has the ea sound.
 - ❖ Read a story to your teddies/toys.
- ❖ Play teachers and teach the adults in your house or your toys how to read and write.

- ❖ Count how many sight words are in your reading book. How fast can you read them?
 - ❖ Write a recipe for something you have baked or cooked.
 - ❖ Write the words to your own song that you have created.

Maths activities

- ❖ Can you count forwards and backwards going up and down the stairs? Can you count in jumps of 2, 5 or 10? If you do not have stairs you could try steps across the living room.
- ❖ How many things can do in a minute? For example star jumps, writing your name, bunny hops, claps etc.
 - ❖ Go on a shape hunt in your home or outside.
- ❖ If you have scales at home weigh different objects in your house and order them from lightest to heaviest.
- ❖ Pick 4 different numbers within 50. How many addition and subtraction sums can you make?
 - ❖ Practise writing your numbers the correct way around.

Active activities

- ❖ Go on a welly walk! Put your wellies on and go for a walk outside or in the garden.
 - ❖ Go on a nature hunt in your garden.
- ❖ Create an indoor obstacle course. Use cushions to make hurdles, use them as stepping stones, star jumps etc.
 - ❖ Plant a seed and create a diary as it grows.
 - ❖ Do some partner balances from your Gymnastic lessons.
 - ❖ Run a daily mile in your garden or at the park.
 - ❖ Take a go noodle break or complete fitness video
<https://www.youtube.com/channel/UC2YBT7HYqCbbvzu3kKZ3wnw>
- ❖ Complete a yoga activity. <https://www.youtube.com/user/CosmicKidsYoga>
- ❖ Do a Jo Wicks workout <https://www.youtube.com/watch?v=rN0h6EZd6TM>
- ❖ Do a five minute activity on <https://www.nhs.uk/10-minute-shake-up/shake-ups>

- ❖ Practise some of your gymnastics shapes from your gymnastic sessions.
For example a tuck shape, pike, straddle, back and front.

Useful websites

<https://www.topmarks.co.uk/maths-games/5-7-years/counting>
<http://www.maths-games.org/>
<https://www.oxfordowl.co.uk/welcome-back/for-home>
<https://www.purplemash.com/sch/scraftoft>
<https://www.bbc.co.uk/cbbc>
<https://www.foodafactoflife.org.uk/5-7-years/>
<https://www.phonicsplay.co.uk/>
<https://www.twinkl.co.uk/>
<https://www.bbc.co.uk/cbeebies>
<https://www.youtube.com/channel/UC0Vlhde7N5uGDIFXXWWEbFQ>

Acts of kindness

How many acts of kindness can you do in a week?

Hold the door open for someone.

Give someone a compliment

Give someone a hug.

Smile at someone

Fold your clothes

Tidy your room.

Help to cook dinner or clean up after dinner.

Read to a sibling or adult.

Help to clean up/weed the garden

Leave someone a kind note.

Say thank you.

Teach someone something new.

