

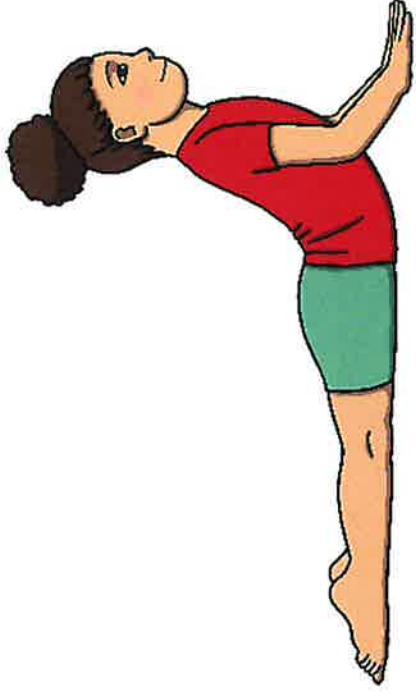
Week 7 - w/c 22.2.21 F/S pack

Home Learning	
<p>This pack is an SEN pack (Foundation Stage Level). It provides alternative activities if you are finding your year group pack a little bit tricky. There is a suggested length of time for each activity. Please feel free to spend more or less time on each activity to suit you and your child. In your pack there are all the resources you need for each day. We are available to contact should you have any questions on your class e-mail address or you can call the school office on 0116 2413444 where somebody will be able to help you.</p>	
Monday 22 nd February	
30 mins	<p style="text-align: center;">Get active / wake up shake up</p> <p style="text-align: center;">Teach a group yoga class. You can use some of the yoga cards to help you! Try making up and naming some yoga poses of your own. You could take a photo of the new moves you have created!</p>
10	<p style="text-align: center;">Handwriting</p> <p style="text-align: center;">Have a go at the handwriting sheet, page Kk.</p>
40 mins	<p style="text-align: center;">Maths</p> <p style="text-align: center;">Today we are going to learn about 2D shapes. Have a go at this game. https://cdn.oxfordowl.co.uk/2016/05/10/08/28/28/967/20163_content/startpage.html?activity=Match_the_Shape.html</p> <p style="text-align: center;">Now find the sheet attached and draw lines to match the shapes that are the same. Can you name the shapes?</p>
Break	
20 mins	<p style="text-align: center;">High Frequency Words</p> <p style="text-align: center;">Complete the high frequency word spelling sheet starting with 'just'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p style="text-align: center;">Literacy</p> <p style="text-align: center;">Today we are going to look at the letter 'A' and the sound 'a'. Have a look at the sheet attached. Colour the pictures that begin with the letter 'a', circle the pictures that have the 'a' sound in the middle of the words and then practise writing the letter 'a'. When you have finished the sheet, have a look around your house for things that begin with the 'a' sound. Can you draw the things you find and try to write the word?</p>
Lunch	
15 mins	<p style="text-align: center;">Reading</p> <p style="text-align: center;">Listen to the Russain Folktale of Baba Yaga https://tinyurl.com/yypfvzaw</p> <p style="text-align: center;">Which one do you prefer and why? Write a sentence in your book to explain which you prefer and why.</p>
15 mins	<p style="text-align: center;">Wellbeing</p> <p style="text-align: center;">This week you are going to be completing activities from a book called 'be happy'. This is a chance for you to recognise when you feel angry and the warning signs. Over the week, you will complete activities that help you manage any anger you may feel. Today, complete the sheet called 'I'm feeling kinda...'</p>
30 mins	<p style="text-align: center;">Non-Core (Art)</p> <p style="text-align: center;">Have fun making salt dough shapes. You can make anything you like and of course, have fun getting a bit messy! Find a recipe on how to make salt dough attached. There are some design ideas on the sheet too. When they have been baked and cooled, try painting them or using felt coloured pens to decorate.</p>
Break	
10 mins	<p style="text-align: center;">Gratefulness</p> <p style="text-align: center;">Get a jar or a tub and cut up lots of bit of paper. This could be white paper or coloured paper! Each day, you can write as many things as you can think of that make you feel happy, grateful or even just a lovely memory that you do not want to forget. At the end of the week, you're going to empty the jar and take a look at everything you've added.</p>
15	<p style="text-align: center;">Storytime</p> <p style="text-align: center;">Listen to a story. An adult could read you a story or you can listen to one online.</p>



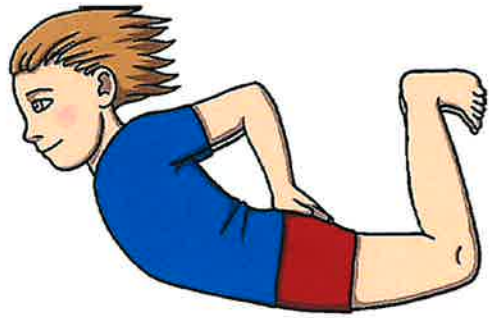
tree pose

twinkl.com



cobra pose

twinkl.com



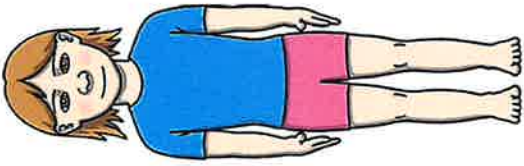
camel pose

twinkl.com



lion pose

twinkl.com



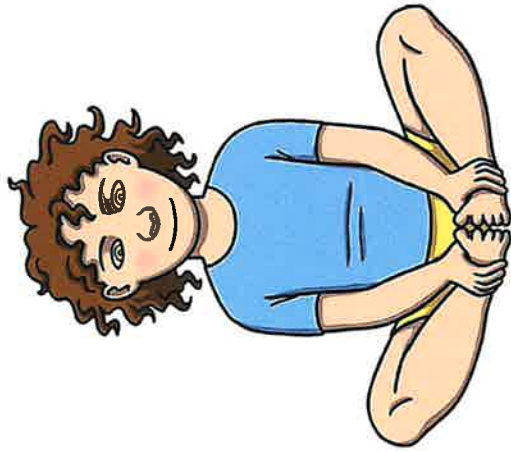
mountain pose

twinkl.com



flamingo pose

twinkl.com



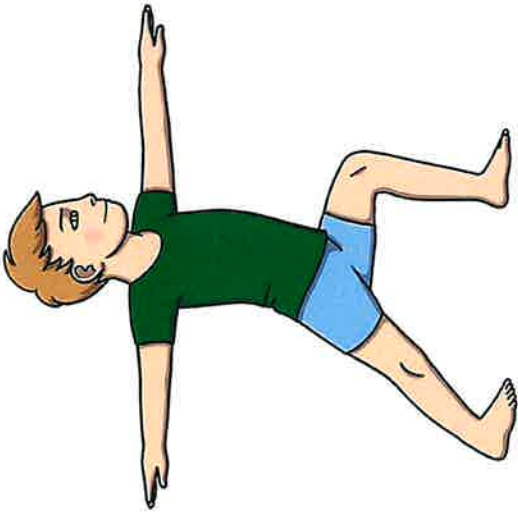
butterfly pose

twinkl.com



elephant pose

twinkl.com



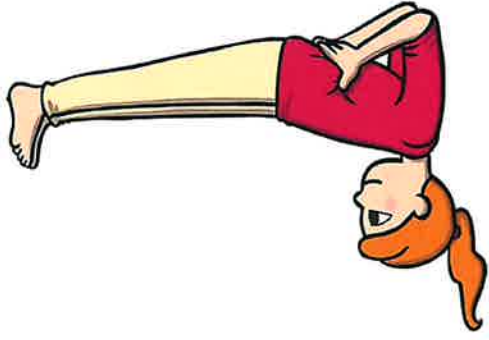
warrior pose

twinkl.com



cow pose

twinkl.com



shoulder stand pose

twinkl.com



downward facing dog pose

twinkl.com

Kk

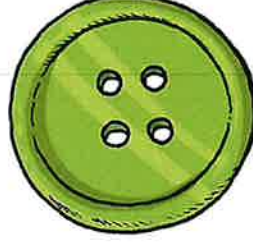
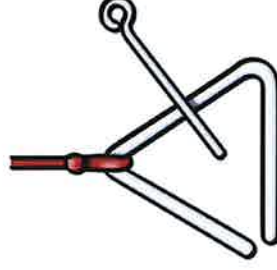
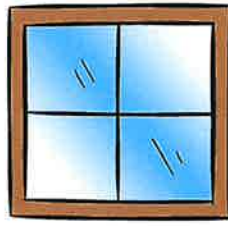
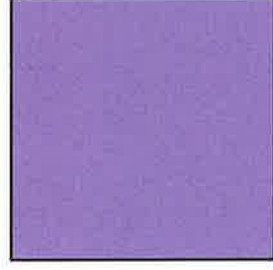
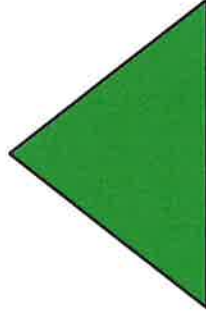
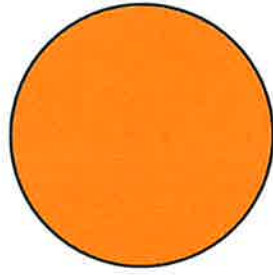
Kk

Kk Kk Kk Kk Kk Kk Kk Kk

Find a name or word which begins with the letter "k."

Sort the shapes

Draw lines to match the shapes that are the same. Can you name the shapes?



Can you find any of the shapes around the house or in the garden?



Look and say



Look, say and write



Cover and write



just

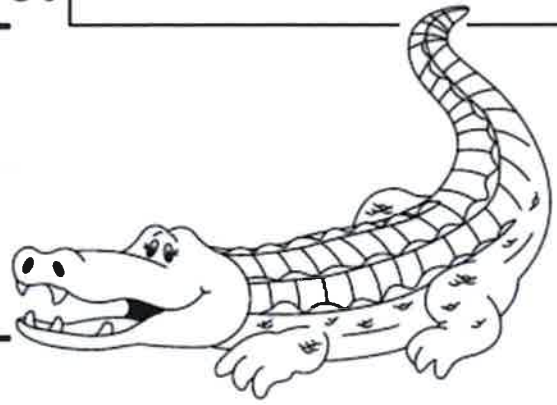
help

said

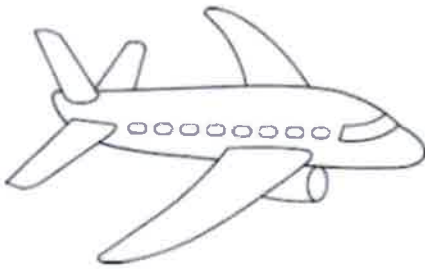
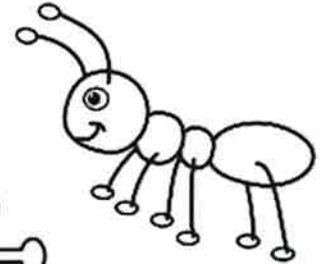
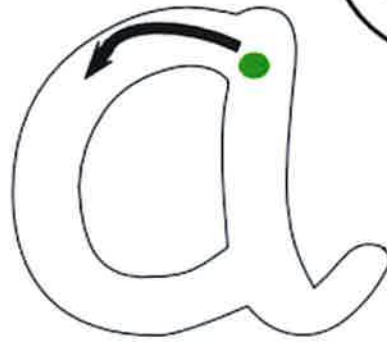
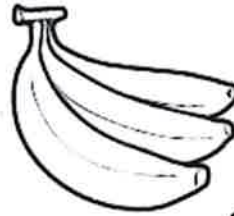
have

Name:

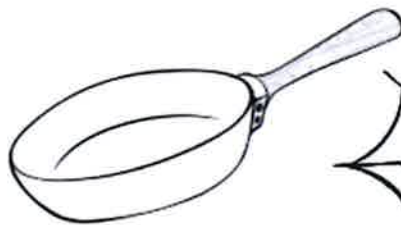
A a



Colour the pictures that begin with the letter A



Circle the pictures that has A in the middle.



Write the letter a

a a a

I'M FEELING KINDA...

How are you feeling? Whether you're angry, sad or full of joy, it's okay. All emotions are okay - which is a good thing as we have loads of them!

Grab a pen and draw the expression to fit the emotion or add the emotion to fit the expression.



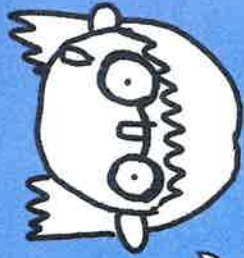
I'M FEELING
Happy
.....



I'M FEELING
.....

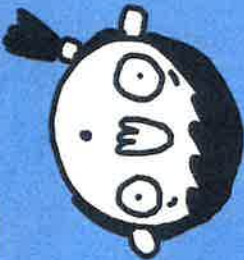


I'M FEELING
.....



I'M FEELING
.....

I'M FEELING
Sad
.....



I'M FEELING
.....



I'M FEELING
.....



- embarrassed
- shocked
- frustrated
- angry shy
- scared
- lonely tired
- anxious

Making Salt Dough

<https://www.bbcgoodfood.com/howto/guide/how-make-salt-dough-recipe>

Making salt dough is a really fun and easy activity for kids and the chances are you will have all of the ingredients in the cupboard ready to go on a rainy day. Children will love using their imaginations to create all sorts of exciting objects (although simple shapes do seem to work best) and hours of fun painting their creations, but do take care to remind little ones that the salt dough is not edible.

Makes 1 ball

Prep 10 minutes

Cook 3 hours

Ingredients

1 cupful of plain flour (about 250g)

half a cupful of table salt (about 125g)

half a cupful of water (about 125ml)

Method

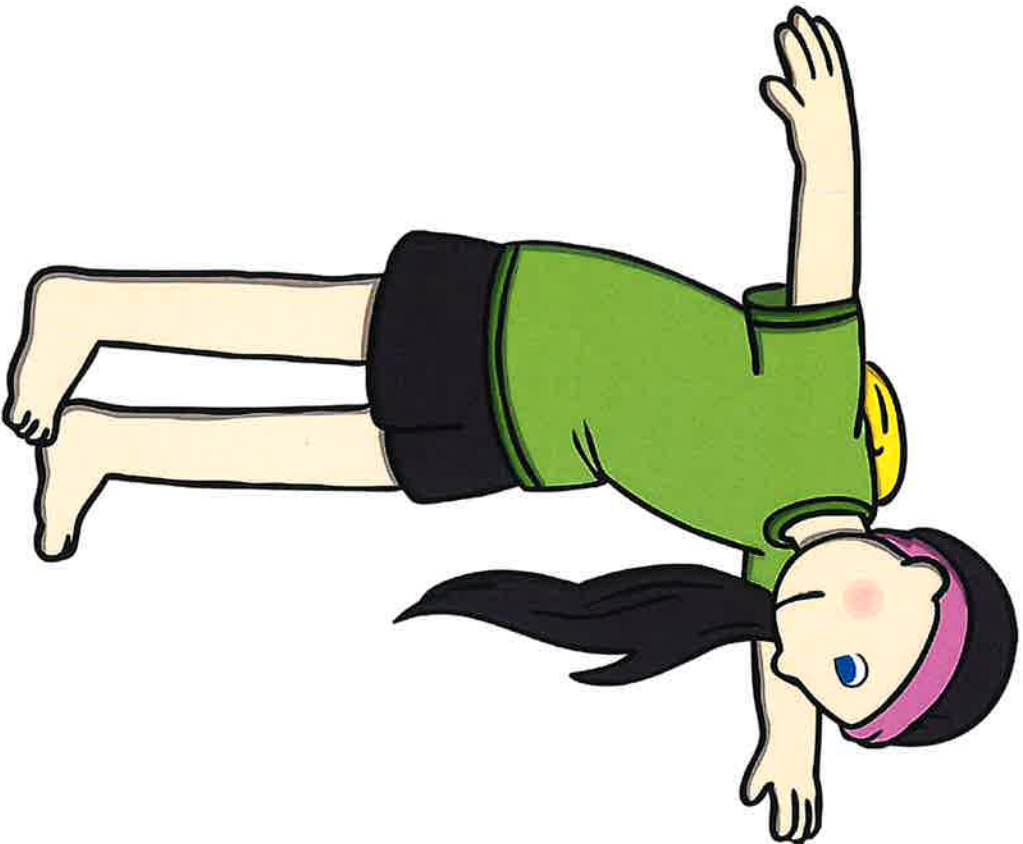
1. Preheat the oven to its lowest setting and line a baking sheet with baking parchment.
2. Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball.
3. Transfer the dough to a floured work surface and shape into your chosen model. You can roll it out and cut out shapes, numbers or letters using biscuit cutters, or make any kind of model you can think of. We made some fruit and veg shapes plus cupcakes for a teddy bear's picnic.
4. Put your finished items on the lined baking sheet and bake for 3 hrs or until solid.
5. Leave to cool and then paint.



Tuesday 23rd February

30	<p>Get active / wake up shake up</p> <p>Complete the bean bag activities. If you don't have a bean bag at home, you could balance a pillow or something else small on your head! Good luck!</p>
10	<p>Handwriting</p> <p>Have a go at the handwriting sheet, page L1.</p>
40 mins	<p>Maths</p> <p>https://cdn.oxfordowl.co.uk/2016/05/10/08/28/28/967/20163_content/startpage.html?activity=Add_to_10.html</p> <p>Have a go at the above link and practise adding to 10. Then try the addition sheet attached.</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'like'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Today we are going to look at the letter 'B' and the sound 'b'. Have a look at the sheet attached. Colour the pictures that begin with the letter 'b', circle the pictures that have the 'b' sound at the end of the words and then practise writing the letter 'b'. When you have finished the sheet, have a look around your house for things that begin with the 'b' sound. Can you draw the things you find and try to write the word?</p>
Lunch	
15 mins	<p>Reading</p> <p>Yesterday you watched another version of the Baba Yaga story. Today I would like you to draw your favourite character from the story. It can be from either version of the story. Write some words around the character to describe their personality. You might like to include a speech bubble. If you want to listen to the story again, click here.</p> <p>https://tinyurl.com/yypfvzaw</p>
15 mins	<p>Wellbeing</p> <p>This week you are going to be completing activities from a book called 'be happy'. This is a chance for you to recognise when you feel angry and the warning signs. Over the week, you will complete activities that help you manage any anger you may feel.</p> <p>Today, complete the sheet called 'feelings feelings'.</p>
30	<p>Non-Core (Geography)</p> <p>Read the information sheet about the Lake district. Can you use this information along with your own research to answer the questions on your sheet? You may even want to create your own information leaflet with pictures.</p>
Break	
10 mins	<p>Gratefulness</p> <p>Get a jar or a tub and cut up lots of bit of paper. This could be white paper or coloured paper! Each day, you can write as many things as you can think of that make you feel happy, grateful or even just a lovely memory that you do not want to forget. At the end of the week, you're going to empty the jar and take a look at everything you've added.</p>
15	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

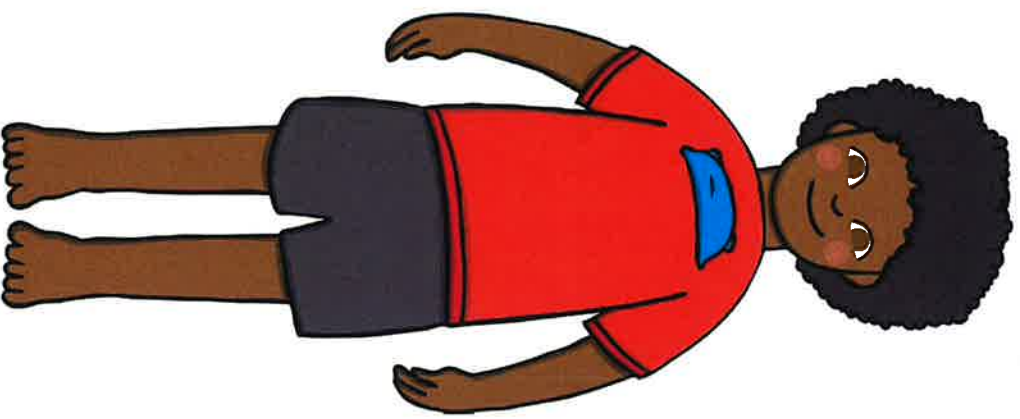
Balance the beanbag
on your back.



Balance the beanbag
on your shoulder.



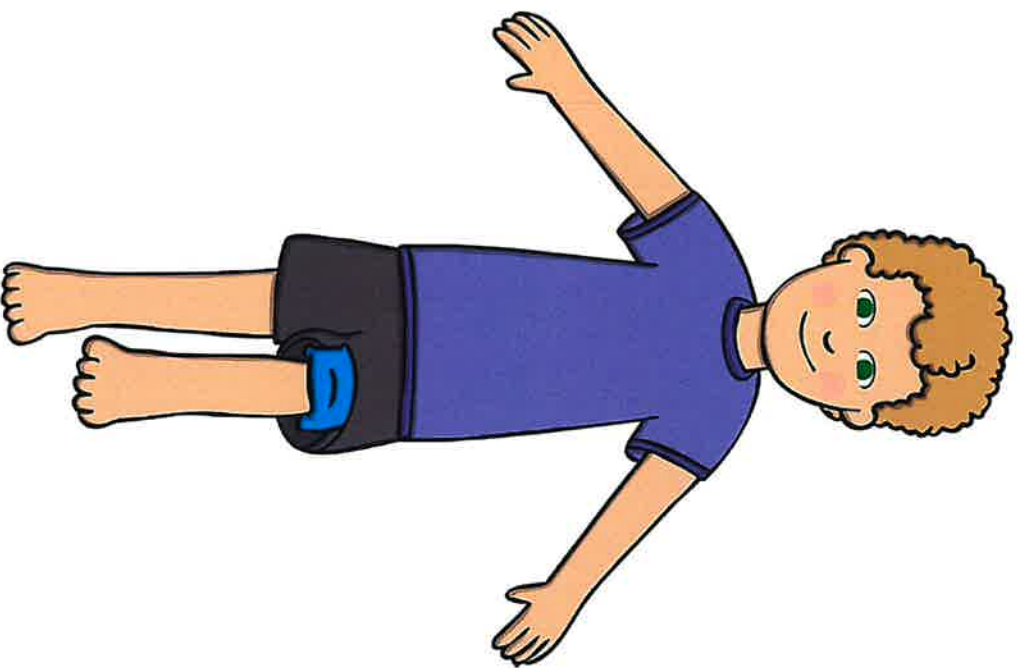
Balance the beanbag
on your chest.



Balance the beanbag
on your hand.



Balance the beanbag
on your knee.



Balance the beanbag on
your elbow.

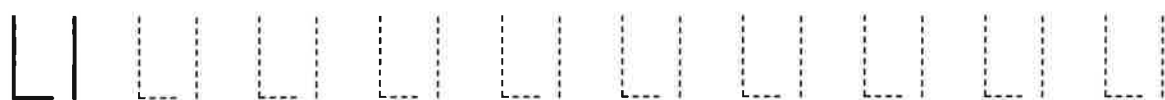


Balance the beanbag on
your foot.



Balance the beanbag on
your head.





Four sets of handwriting lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Find a name or word which begins with the letter "l."

Two sets of handwriting lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.



Look and say



Look, say and write



Cover and write

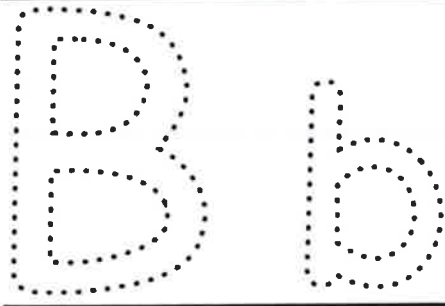
like

so

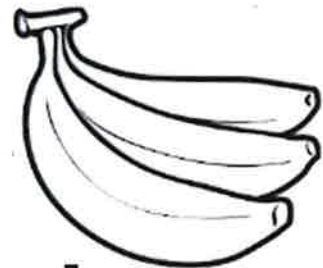
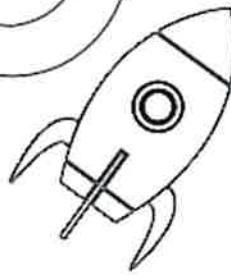
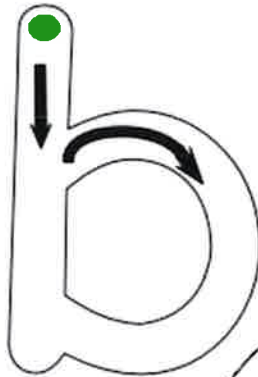
do

some

Name:



Colour the pictures that begin with the letter b



Circle the picture that ends with the letter b.

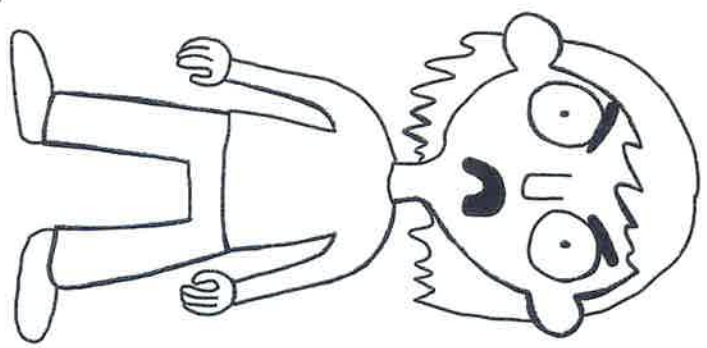


Write the letter b

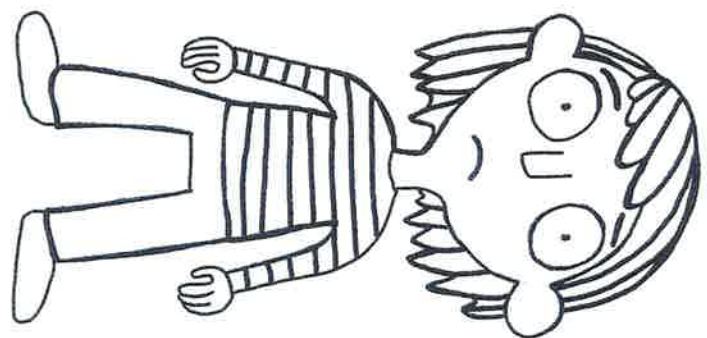


FEELINGS FEELINGS

Sometimes your feelings
don't want to stay inside.
Sometimes they want to
JUMP AND BURST OUT.



Write where and how
you feel when
you're angry on
this dummy.



Write where and
how you feel
when you're sad
on this dummy.



The Lake District

Use this activity sheet to research information about the Lake District.

The highest mountain is _____

There are _____ lakes in the Lake District.

Find out about two famous people from the Lake District. Find out why they are famous.

1. _____ was from the Lake District and was famous for

2. _____ was from the Lake District and was famous for

The Lake District has _____ visitors a year.

Visitors are important to the Lake District but having a lot of visitors, called tourists, can cause problems for the area. Complete the table with reasons for and against having tourists in the Lake District.

Positive Aspects of Tourists Visiting the Lake District	Negative Aspects of Tourists Visiting the Lake District

What Is a National Park?

A National Park is a protected area because of wildlife, beautiful countryside or cultural heritage. The villages, towns and farms are also protected.

National Parks, such as the Lake District National Park, welcome visitors so that everyone can enjoy these areas of natural beauty.



Impacts of Tourism

Tourism has positive and negative aspects for National Parks, including the Lake District.

Good points

Tourists spend money which supports local shops and businesses.
The improved transport services for the tourists also benefit the locals.
Some of the money made from tourism can go back into conserving the National Park.
Jobs are created for local people.

Bad points

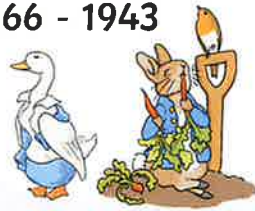
Increased litter and pollution can occur.
Traffic congestion is common at holiday time.
Footpath erosion is caused by high numbers of tourists.
Work within the tourist industry is seasonal.

Every year, there are around 16 million visitors to the Lake District National Park

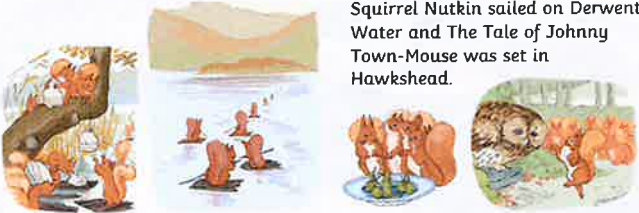
Beatrix Potter 1866 - 1943

Beatrix Potters spent some of her childhood holidays in the Lake District.

It was these trips which inspired her writing.



Squirrel Nutkin sailed on Derwent Water and The Tale of Johnny Town-Mouse was set in Hawkshead.



Beatrix Potter 1866 - 1943



With the money she made through her publications, she bought property in the area.

When Beatrix died, she left several farms, sheep and thousands of acres of land to the National Trust.



Climate Change

Our planet is warming up, leading to hotter and drier summers, more extreme weather and warmer winters.

The Lake District has recently faced some extreme weather.

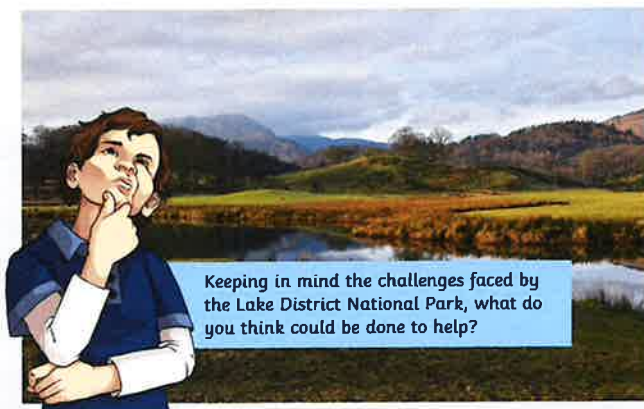


Climate Change

Further impacts include:

- damage to woodland during stormy weather, affecting woodland habitats;
- certain species of plants may not survive due to the changing weather;
- drying of peat (which keeps carbon in the soil), releasing carbon into the atmosphere;
- falling water levels in the lakes during the warmer months.

Solutions



Keeping in mind the challenges faced by the Lake District National Park, what do you think could be done to help?

Wednesday 24th February

30	<p>Get active / wake up shake up Take a look at Joe Wicks 5 minute workouts. Have a go at as many as you can.</p>
10	<p>Handwriting Have a go at the handwriting sheet, page Mm.</p>
40 mins	<p>Maths https://cdn.oxfordowl.co.uk/2016/05/10/08/28/28/967/20163_content/startpage.html?activity=Take_Away_from_10.html Have a go at subtracting within 10 using the above link. Now try the sheet attached.</p>
<p>Break</p>	
20 mins	<p>High Frequency Words Complete the high frequency word spelling sheet starting with 'come'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy Today we are going to look at the letter 'c' and the sound 'c'. Have a look at the sheet attached. Colour the pictures that begin with the letter 'c' then practise writing the letter 'c'. When you have finished the sheet, have a look around your house for things that begin with the 'c' sound. Can you draw the things you find and try to write the word?</p>
<p>Lunch</p>	
15	<p>Reading Read 'The Pendle Witch' and answer the questions, you can write on the sheet or in your book.</p>
15 mins	<p>Wellbeing This week you are going to be completing activities from a book called 'be happy'. This is a chance for you to recognise when you feel angry and the warning signs. Over the week, you will complete activities that help you manage any anger you may feel. Today, complete the sheet called 'Rouges' gallery'.</p>
30 mins	<p>Science Today's experiment is called 'Paper Hovercrafts'. For 5 minutes, discuss what a hovercraft is and what you think is going to happen in Science today. Here is the experiment: https://www.sciencefun.org/kidszone/experiments/paper-hovercrafts/ Enjoy! NEXT WEEK IN SCIENCE: You will need a bag of skittles!</p>
<p>Break</p>	
10 mins	<p>Gratefulness Get a jar or a tub and cut up lots of bit of paper. This could be white paper or coloured paper! Each day, you can write as many things as you can think of that make you feel happy, grateful or even just a lovely memory that you do not want to forget. At the end of the week, you're going to empty the jar and take a look at everything you've added.</p>
15	<p>Storytime Listen to a story. An adult could read you a story or you can listen to one online.</p>

Joe Wicks: 5-Minute Move Workout 1

Star Jumps

1. Start with your feet close together.
2. Jump and land with your feet wide apart.
3. Stretch your arms out above your head.
4. Jump your feet in and your arms down.



Joe Wicks: 5-Minute Move Workout 1

Low Sprint Shuffle

1. Crouch your body down.
2. Run quickly on the spot.
3. Pump your arms.
4. Turn to the middle and the side.
5. Make sure you have fast feet.



Joe Wicks: 5-Minute Move Workout 1

Squat

1. Start with your feet a bit wider than your shoulders.
2. Squat down as if you're sitting into a chair.
3. Stand up tall again.
4. Keep a straight back.



Joe Wicks: 5-Minute Move Workout 1

Climb the Rope

1. Pretend to climb a rope!
2. Reach your hands above your head one at a time and pull the rope down.
3. Lift your knees high and climb on the spot.



Mm

Mm

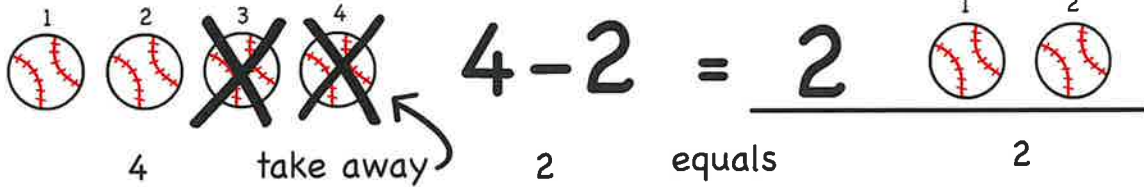
Mm Mm Mm Mm Mm Mm

Find a name or word which
begins with the letter "m."

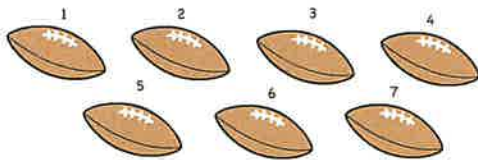
Let's Practice Subtraction!

Count the pictures and subtract.

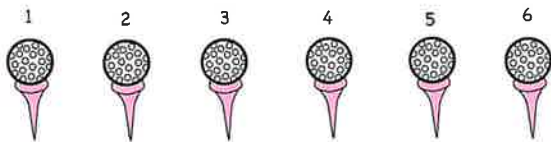
Example:

 4 - 2 = 2
4 2 equals 2

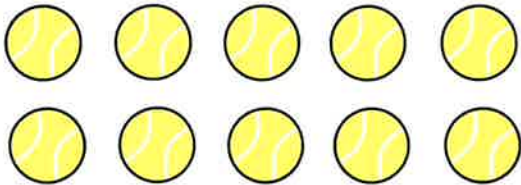
1 2 3 4 5 6 7 8 9 10



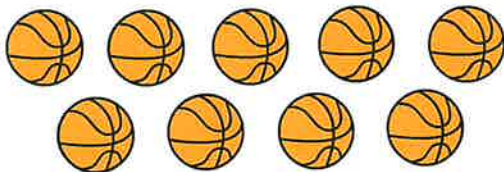
$7 - 2 = \underline{\quad}$



$6 - 5 = \underline{\quad}$



$10 - 1 = \underline{\quad}$



$9 - 2 = \underline{\quad}$



$8 - 4 = \underline{\quad}$



$10 - 7 = \underline{\quad}$



Look and say



Look, say and write



Cover and write



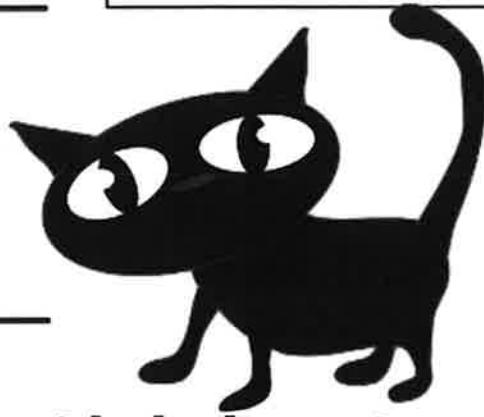
come

were

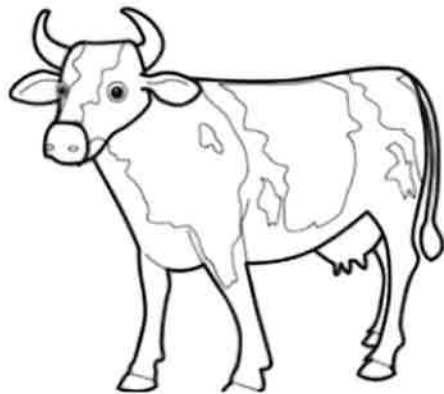
there

little

Name:



Colour the pictures that begin with the letter C



Write the letter c





The Pendle Witches

- 10 A long time ago, some people used to think that
17 witches existed if strange things happened. In
25 Lancaster, a lady called Alison was walking along
34 a path when she saw a shopkeeper called John
44 Law. She asked him if she could buy some pins
54 but she did not have much money. Pins were very
64 expensive and John did not want to give them to
73 her. As John carried on walking, he suddenly fell
82 over. People believed that Alison had put a spell
92 on John because she was upset that she could not
102 have the pins she wanted. This was not true and
111 Alison was not a witch – John was just poorly.

Quick Questions



1. Number these events from 1 to 3 to show the order they happened in.
- _____ John fell over.
 - _____ Alison asked John for some pins.
 - _____ John said no to Alison.



2. Which word in the text means that something costs a lot of money?
- _____



3. Why might people have thought that Alison was a witch?
- _____
- _____



4. Where did the events in the text happen?
- _____

ROGUES' GALLERY

How would 'anger' and 'sadness' look if they were cartoon characters? Use this space and your incredible imagination to bring these key emotions to life.

Do they have teeth, fur, scales or feathers?

Are your characters monsters, droopy-eared dogs or crazy-looking plants?

What are your creatures called? You could name them Angroid and Sadro, or perhaps Gary and Kenneth. Once you've decided, be sure to introduce yourself.

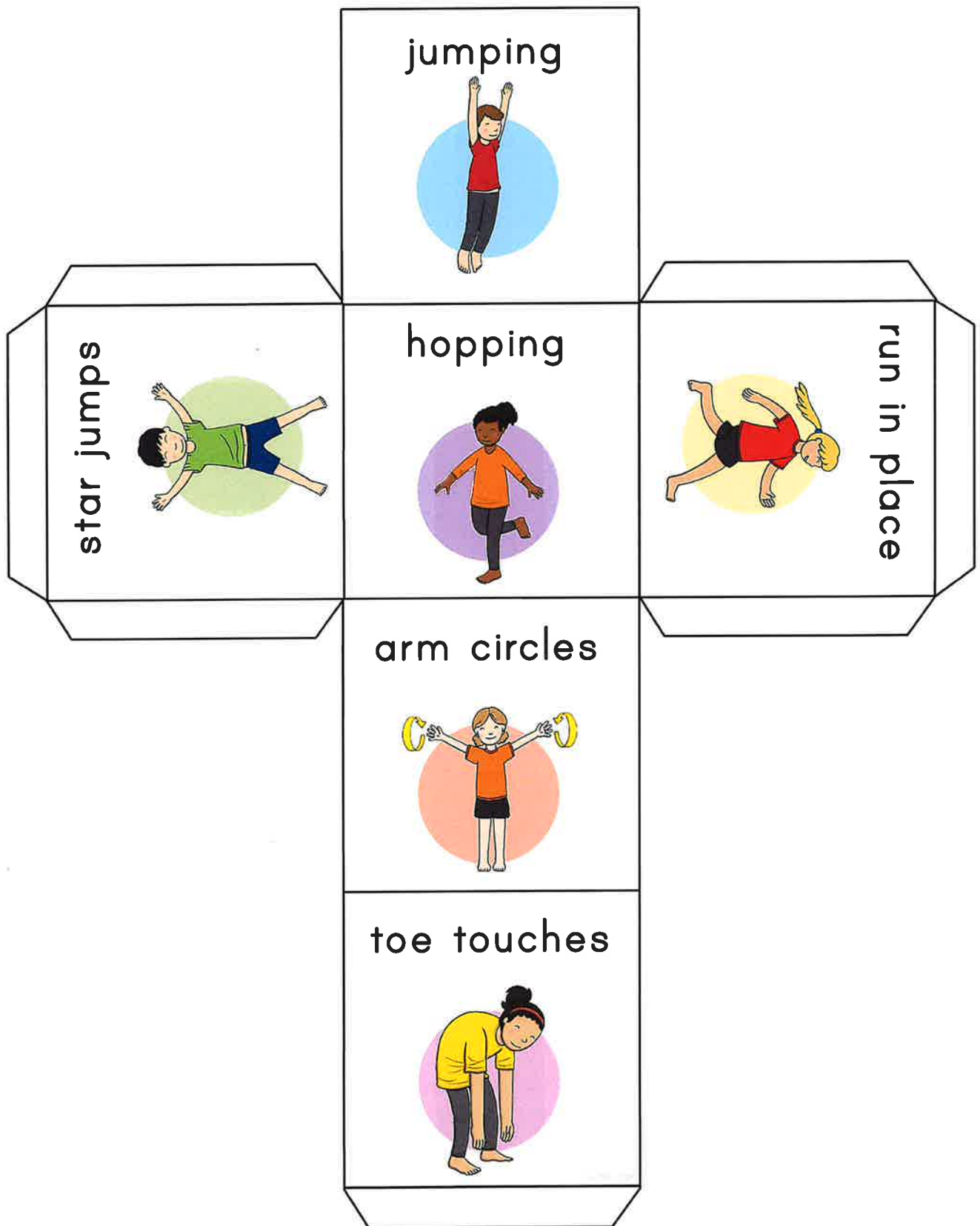
Do they have fur, teeth or scales? What colour are they?

What next? Try making your creation from modelling clay.

Thursday 25th February

30 mins	<p>Get active / wake up shake up</p> <p>Look at the dice in your pack. If you can print it, then please do. Cut it out and roll the dice to see which exercises you will be doing this morning. If you can't print it out, choose 3 activities to do from the dice.</p>
10 mins	<p>Handwriting</p> <p>Have a go at the handwriting sheet, page Nn.</p>
40 mins	<p>Maths</p> <p>Have a go at creating patterns using this link: https://www.topmarks.co.uk/ordering-and-sequencing/shape-patterns</p> <p>Now use the sheet attached to create your own pattern or draw your own t-shirts and washing line. Use three different colours to colour in the t-shirts and make a pattern on the washing line.</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'one'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Today we are going to look at the letter 'D' and the sound 'd'. Have a look at the sheet attached. Colour the pictures that begin with the letter 'd', circle the pictures that have the 'd' sound at the end of the words and then practise writing the letter 'd'. When you have finished the sheet, have a look around your house for things that begin with the 'd' sound. Can you draw the things you find and try to write the word?</p>
Lunch	
15 mins	<p>Reading</p> <p>Find the 'How to make teachers disappear' sheet in your pack. Read it carefully and answer the questions.</p>
15 mins	<p>Wellbeing</p> <p>This week you are going to be completing activities from a book called 'be happy'. This is a chance for you to recognise when you feel angry and the warning signs. Over the week, you will complete activities that help you manage any anger you may feel. Today, complete the sheet called 'scribble-tastic'.</p>
30 mins	<p>PE</p> <p>Complete one (or more if you wish) of the 'Orienteering' ideas in your pack!</p>
Break	
10 mins	<p>Gratefulness</p> <p>Get a jar or a tub and cut up lots of bit of paper. This could be white paper or coloured paper! Each day, you can write as many things as you can think of that make you feel happy, grateful or even just a lovely memory that you do not want to forget. At the end of the week, you're going to empty the jar and take a look at everything you've added.</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

Gross Motor Roll and Exercise



Nn

Nn

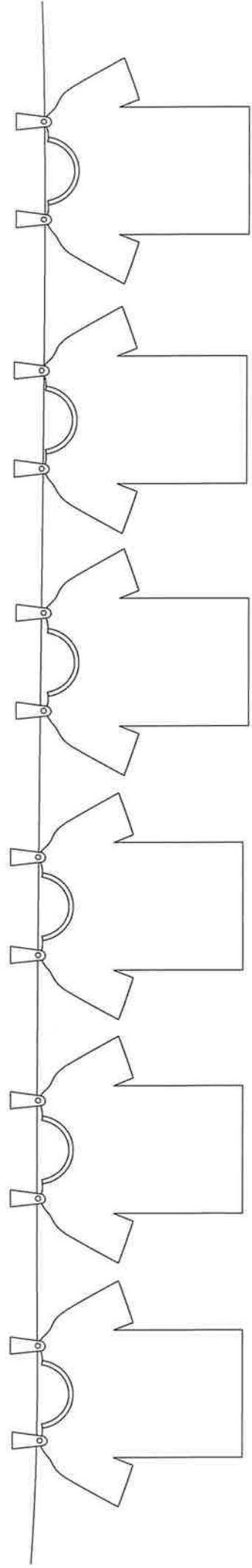
Nn Nn Nn Nn Nn Nn Nn Nn

Find a name or word which begins with the letter "n."



Make a pattern

Use three different colours to colour in the T-shirts and make a pattern on the washing line.



Draw a T-shirt and add your own design to it. Can you make a pattern on the T-shirt?





Look and say



Look, say and write



Cover and write



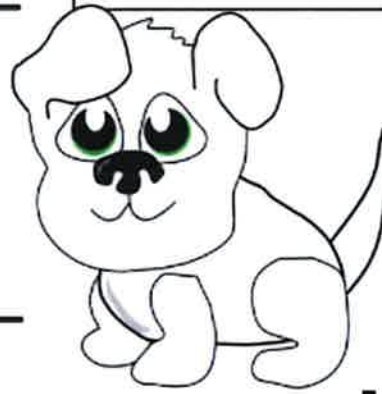
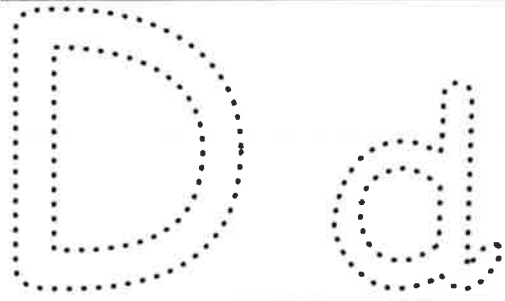
one

when

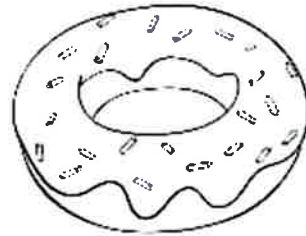
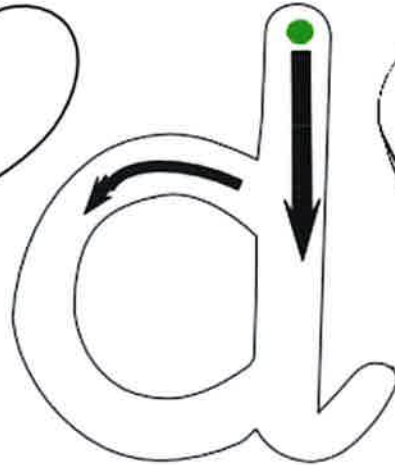
out

what

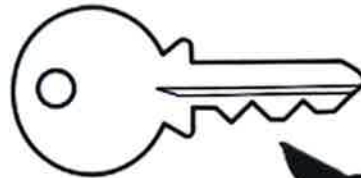
Name:



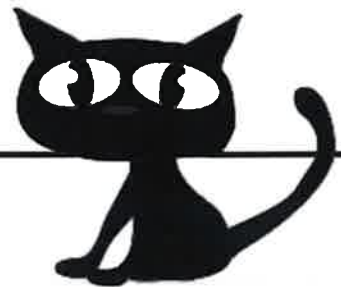
Colour the pictures that begin with the letter d



Circle the pictures that end with the letter d



Write the letter d



How to Make Teachers Disappear

3 **You will need:**

- 9 • One tooth from a tiny frog
- 15 • Three hairs from a snake's eyebrow
- 21 • The tongue of a slimy worm
- 27 • Fluff from a bat's belly button
- 35 • Eight drops of blood from a witch's finger
- 41 • Twenty chicken's toenails wrapped in cobwebs



44 **What to do:**

- 52 First, get all of your ingredients together and
- 62 chop them into little pieces. Put them into a pot
- 72 and place it over a burning, hot fire. Stir them
- 80 together with a long, wooden spoon until the
- 88 mixture goes thick and sticky. Finally, pour some
- 100 into a glass and wait for it to cool. Give to your
- 103 teacher and wait...

Quick Questions



1. Number these instructions from 1 to 3 to show the order they must happen in.
_____ Pour the mixture into a glass.
_____ Chop up the ingredients into little pieces.
_____ Stir them together with a wooden spoon.



2. Which two adjectives has the author used which mean the same as 'small'?
-
-



3. Do you think that someone could get all of these ingredients? Why?
-
-



4. How many chicken's toenails do you need for the recipe?
-
-

THURS SCRIBBLE-TASTIC!

Feeling **SPICY**? Use this page to scribble your anger away.



Press as hard as you like -
without going through the paper.



FRI THE FEELINGS FORT

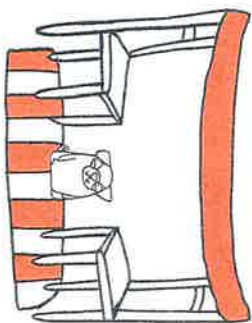
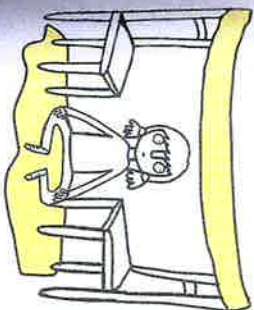
Why not make yourself a feelings fort
- a den where you can go if you
want some time by yourself?

You could use chairs, sheets,
cushions, or a space behind a desk

Use the space below to imagine what your perfect den would be like.



Being alone doesn't have to be lonely.
Sometimes if you're feeling angry or
sad it's good to have some space.





OBJECTIVES

- ★ UNDERSTAND HOW TO DRAW AND READ A MAP.
- ★ NAVIGATE AROUND AN AREA USING THE MAP.



INSTRUCTIONS

- ✓ DRAW A MAP OF THE HOUSE AND OR GARDEN. ENSURE THE MAP IS AS CLEAR AS POSSIBLE.
- ✓ HIDE 5 OBJECTS AROUND THE HOUSE OR GARDEN AND MARK THE LOCATION OF THE OBJECTS ON THE MAP.
- ✓ CHILDREN MUST READ THE MAP AND LOCATE EACH OBJECT AS QUICKLY AS POSSIBLE.

CHANGE IT UP



TIME HOW QUICKLY IT TAKES TO FIND THE OBJECTS.

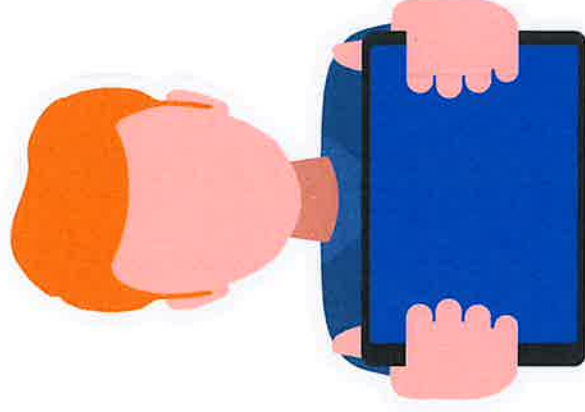
HIDE MORE OBJECTS TO INCREASE DIFFICULTY.

HIDE PIECES OF PAPER THAT REPRESENT LETTERS THAT SPELL OUT A WORD WHEN ALL OF THE LETTERS ARE FOUND.



OBJECTIVES

- ★ DEVELOP PROBLEM SOLVING SKILLS TO FIND OBJECTS.
- ★ TRY AND IDENTIFY PICTURES BY COLOURS AND SHAPES.



INSTRUCTIONS

- ✔ HIDE OBJECTS AROUND THE HOUSE OR GARDEN, TAKING PICTURES OF WHERE THEY ARE HIDDEN WITH A TABLET.
- ✔ ONCE HIDDEN THE CHILD MUST LOOK AT EACH PICTURE ON THE TABLET AND THEN FIND OUT WHERE OBJECTS MIGHT BE HIDDEN.
- ✔ GIVE CLUES TO LOCATIONS IF THE CHILD IS FINDING IT TOO DIFFICULT.

CHANGE IT UP



LET THE CHILD HIDE OBJECTS AND TAKE PICTURES, WITH SOMEONE ELSE TRYING TO FIND THEM.



TAKE MORE OBSCURE PICTURES TO INCREASE DIFFICULTY.



TAKE THE PICTURES ON A BLACK AND WHITE SETTING TO DISGUISE COLOURS.



OBJECTIVES

- ★ **IMPROVE AGILITY, BALANCE AND COORDINATION.**
- ★ **UNDERSTAND WHAT IS INVOLVED IN AN ORIENTEERING OBSTACLE COURSE.**

INSTRUCTIONS

- ✔ **USE A GARDEN, WOODED AREA OR CLEAR ROOM INDOORS.**
- ✔ **SET UP AN OBSTACLE COURSE FOR THE CHILD TO CLIMB OVER, UNDER, AROUND AND THROUGH CERTAIN PLACES OR OBJECTS.**
- ✔ **ENSURE THE OBSTACLE COURSE IS SAFE AND YOU CAN SEE THE CHILD AT ALL TIMES.**

UNDERSTAND WHAT IS INVOLVED IN AN ORIENTEERING OBSTACLE COURSE.



CHANGE IT UP



LET THE CHILD CREATE THEIR OWN COURSE



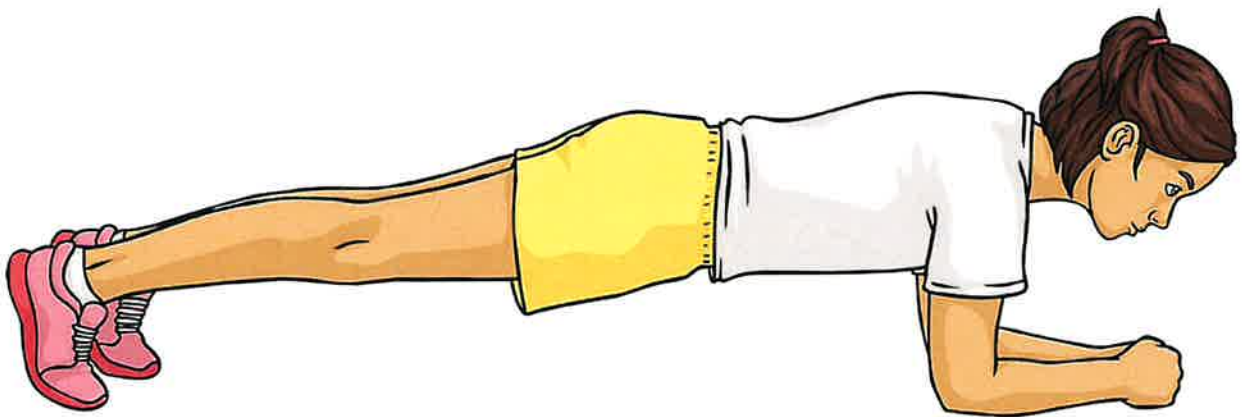
TIME THE CHILD TO SEE HOW QUICKLY THEY CAN COMPLETE IT.



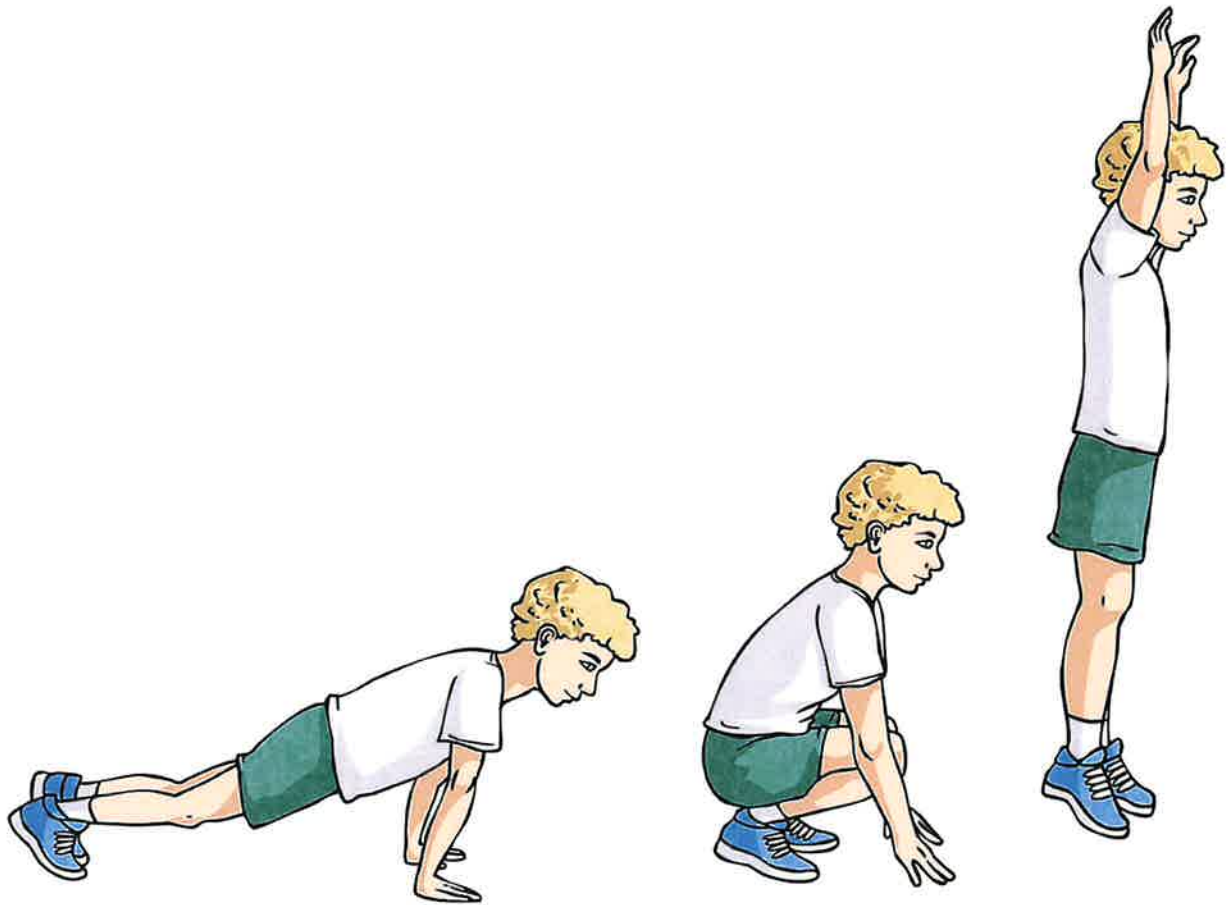
TAKE OUT CERTAIN PARTS OF THE COURSE IF PROVING DIFFICULT.

Friday 26 th February	
30 mins	<p>Get active / wake up shake up Complete the PE circuits. These can all be done in the house! Good luck!</p>
10 mins	<p>Handwriting Have a go at the handwriting sheet, page Oo.</p>
40 mins	<p>Maths Have a go at the sheet, 'Counting Caterpillars.' Add the correct number of circles to make each caterpillar's body. Try the link and have a try at counting with teddy. https://www.topmarks.co.uk/learning-to-count/teddy-numbers</p>
Break	
20 mins	<p>High Frequency Words Complete the high frequency word spelling sheet starting with 'don't'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy Today we are going to look at the letter 'E' and the sound 'e'. Have a look at the sheet attached. Colour the pictures that begin with the letter 'e', circle the pictures that have the 'e' sound in the middle of the words and then practise writing the letter 'e'. When you have finished the sheet, have a look around your house for things that begin with the 'e' sound. Can you draw the things you find and try to write the word?</p>
Lunch	
15 mins	<p>Reading Spend some time reading. You could read a story book, or a comic or even some recipes.</p>
15 mins	<p>Wellbeing Today is your final activity from a book called 'be happy'. This week you will have recognised when you feel angry and the warning signs. Hopefully you have found the activities useful. You can repeat some of these activities whenever you feel you need to! Today, complete the sheet called 'The feelings fort'.</p>
30 mins	<p>Computing Take a look at this website. There will be a video about computer bugs for you to watch: https://www.bbc.co.uk/bitesize/topics/z3tbwmn/articles/ztgjq6f Once you have watched this, try to program the robot. Make sure there aren't any bugs so he doesn't do anything silly! https://www.bbc.co.uk/bitesize/topics/z3tbwmn/articles/zqnc4wx</p>
Break	
10 mins	<p>Gratefulness All week you have been adding memories, things you're grateful for and things that make you happy. Empty the jar and look through the things you added. This should make you feel happy and full of joy! Decorate your jar or tub, add the memories back in and keep it as a special keepsake. You might even want to keep adding to it!</p>
15 mins	<p>Storytime Listen to a story. An adult could read you a story or you can listen to one online.</p>

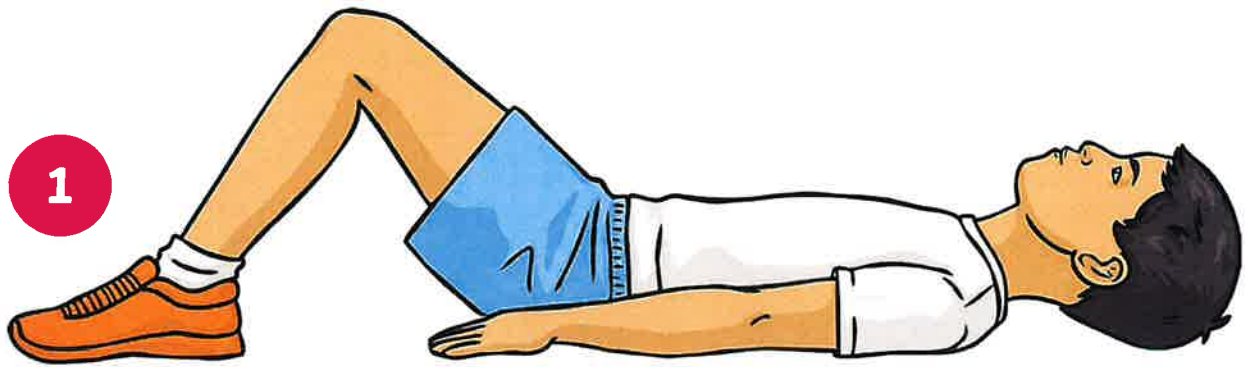
Plank



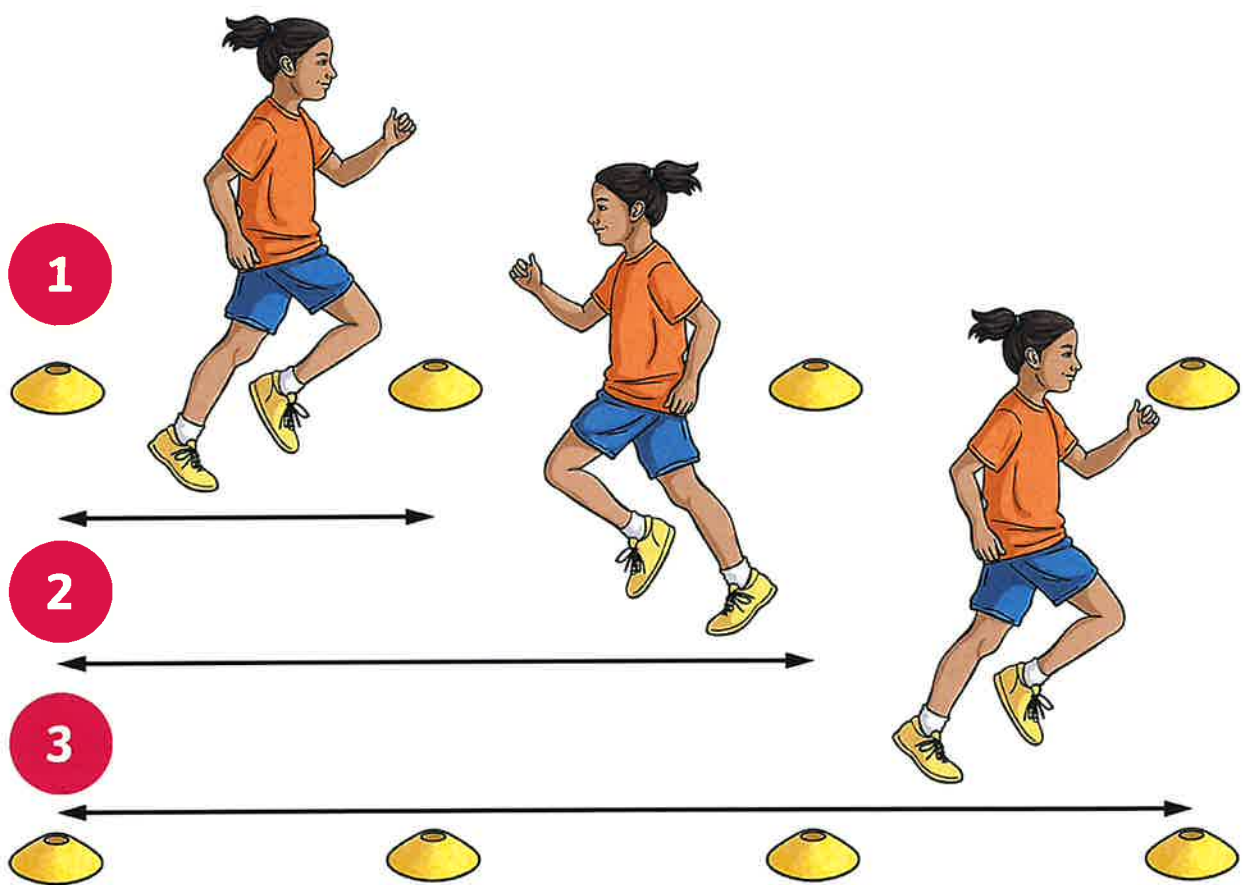
Burpees



Sit Ups

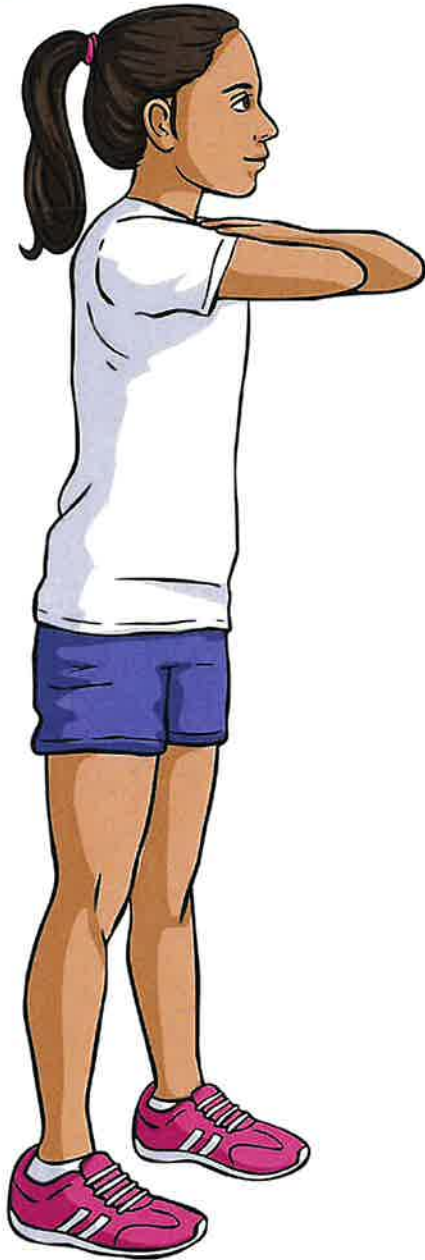


Shuttle Runs



Squats

1



2



Star Jumps

1



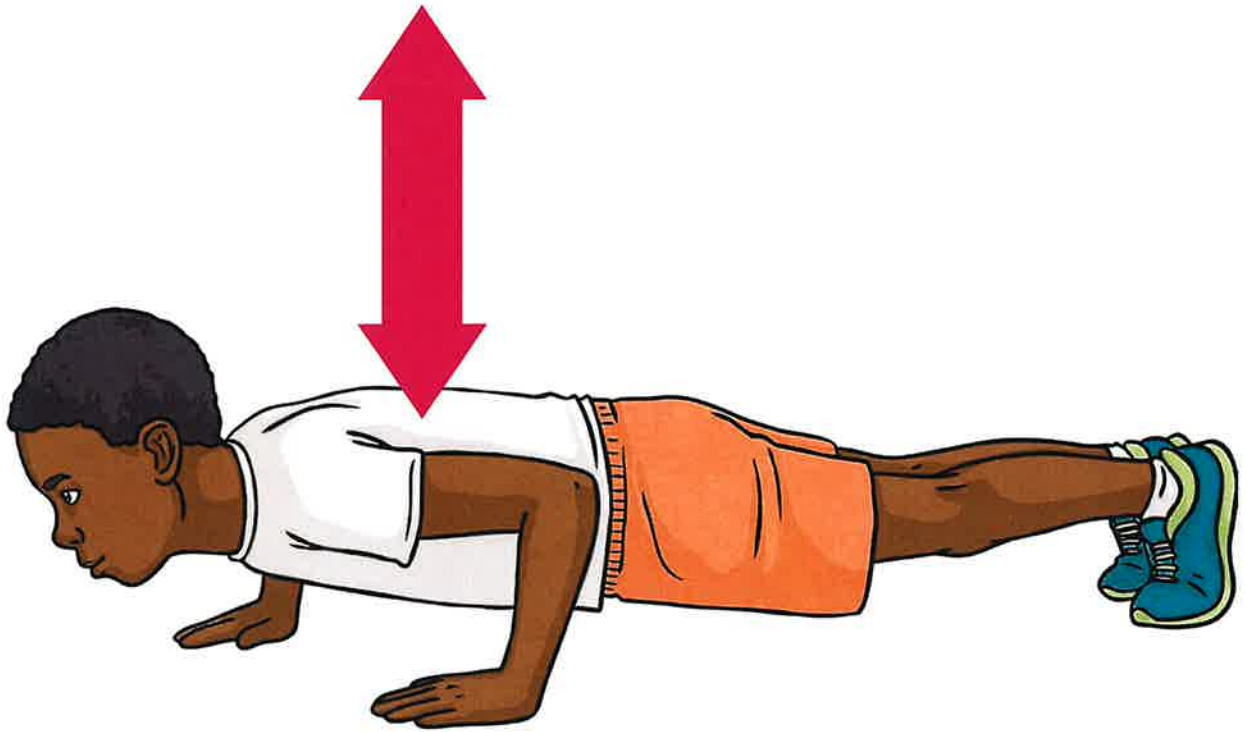
2



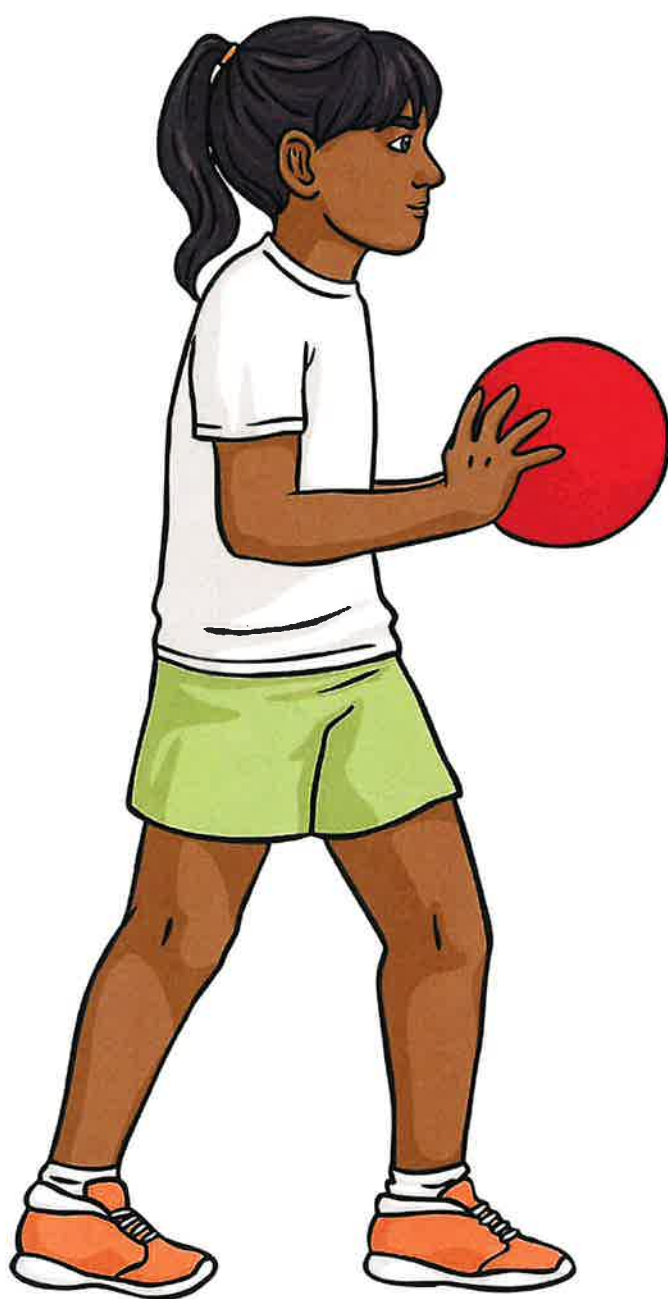
Lunges



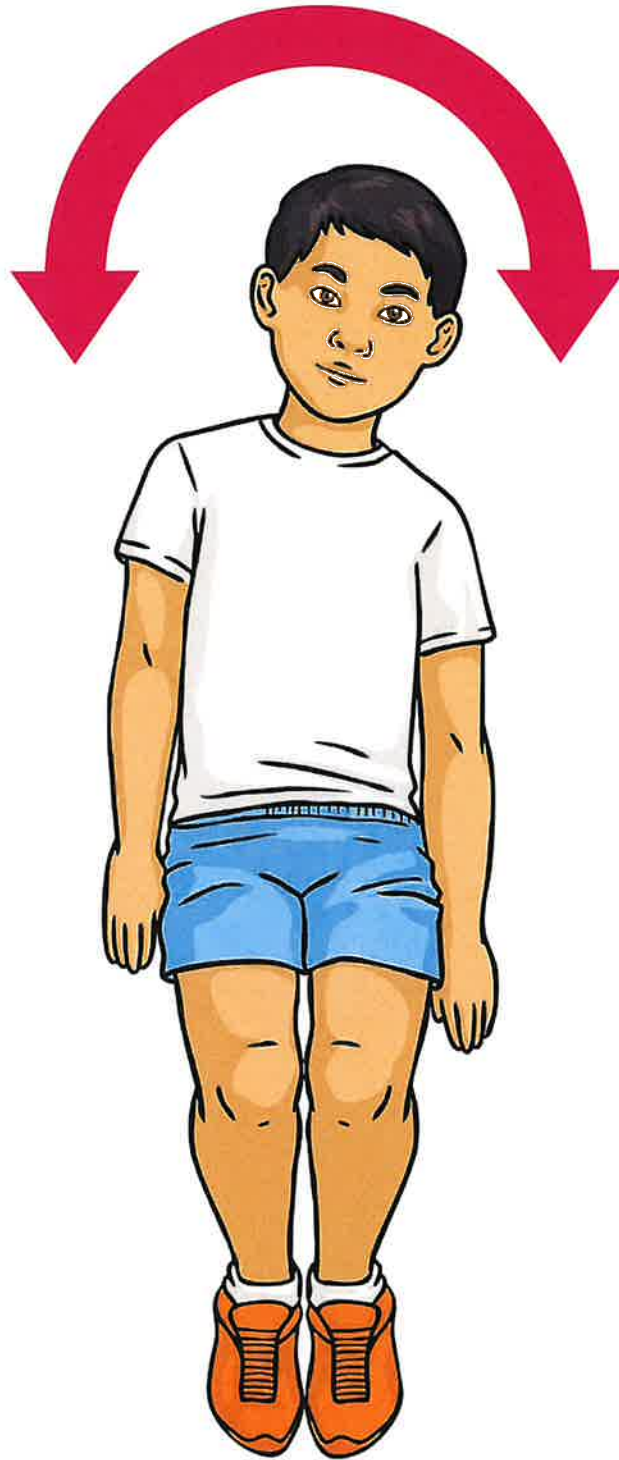
Press Ups



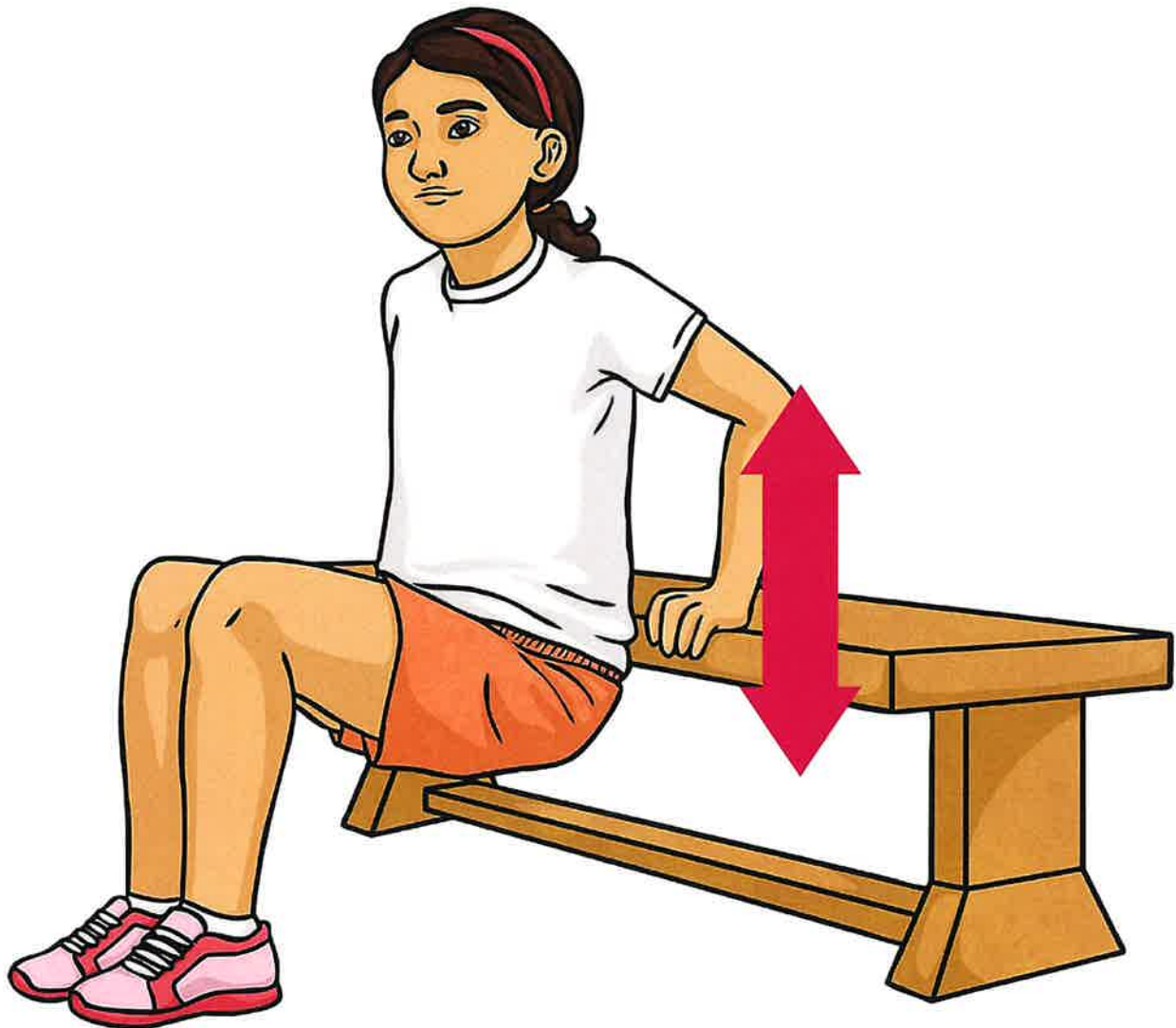
Wall Throws



Side Reaches

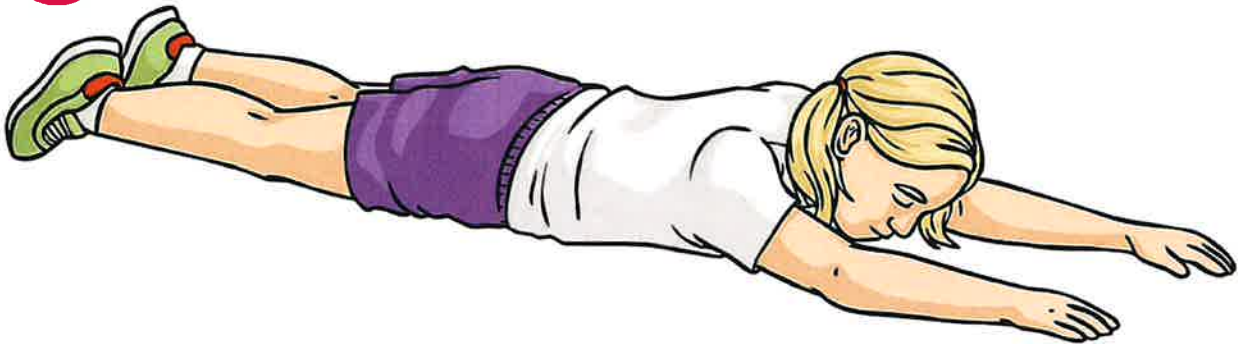


Tricep Dips

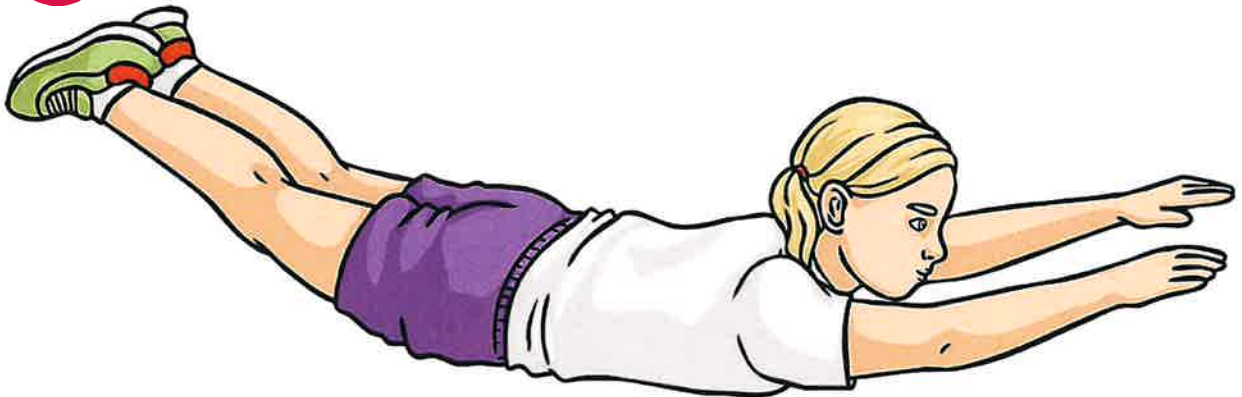


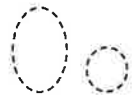
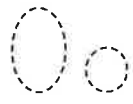
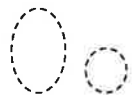
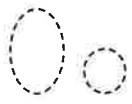
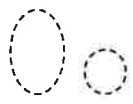
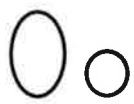
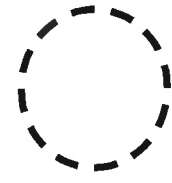
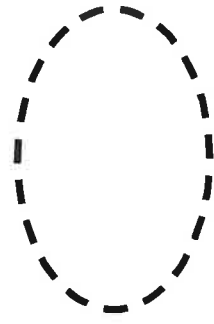
Seal Raises

1



2





Handwriting practice lines consisting of four sets of three horizontal lines (top, middle dashed, bottom) for writing practice.

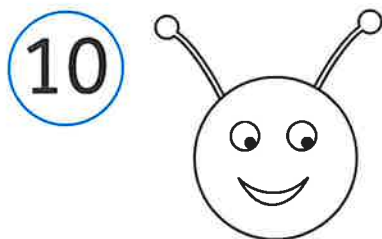
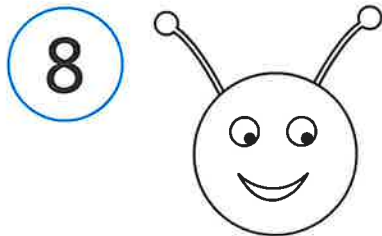
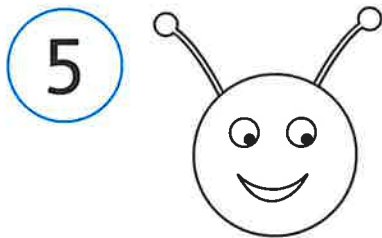
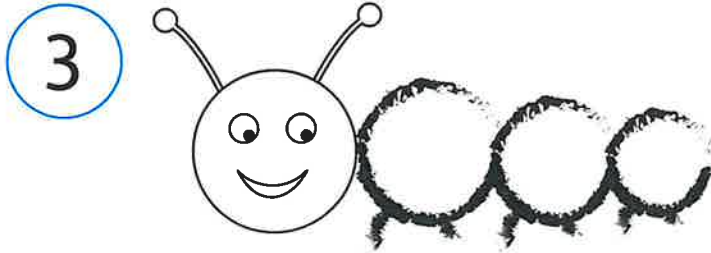
Find a name or word which begins with the letter "o."

Handwriting practice lines consisting of three horizontal lines (top, middle dashed, bottom) for writing practice.



Counting caterpillars

Add the correct number of circles to make each caterpillar's body. The first one has been done for you.



Try using finger painting to make the caterpillars.





Look and say



Look, say and write



Cover and write



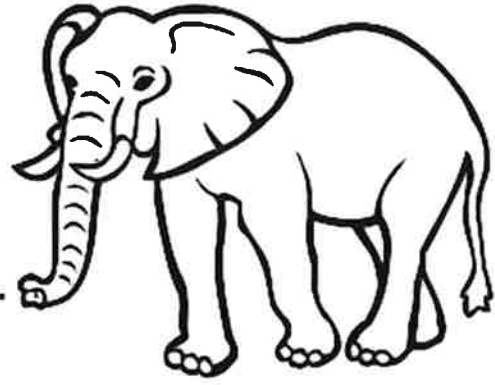
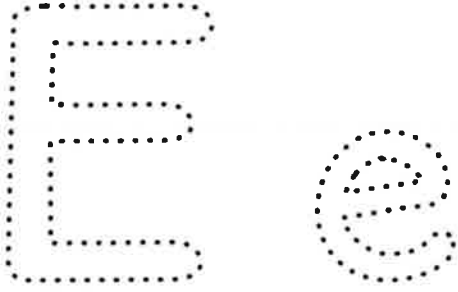
don't

old

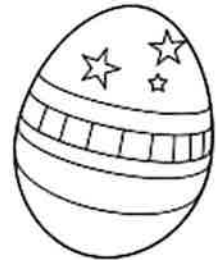
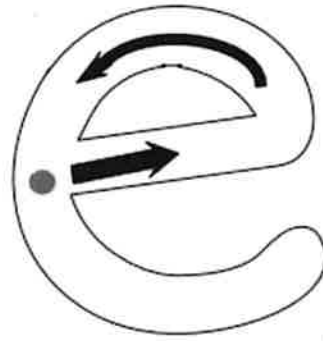
I'm

by

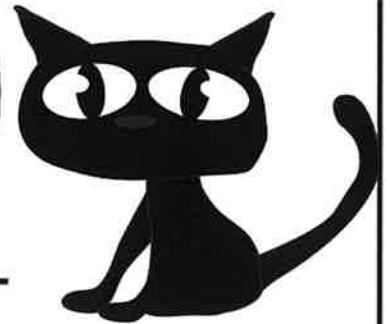
Name:



Colour the pictures that begin with the letter e



Circle the pictures that has the letter e in the middle.



Write the letter e



Improving Your Reading with Inference Iggy: Uncle Toby's House



On and on they rode in the car until, after a while, they reached the small city of Pocono. A little later, they pulled up in front of Uncle Toby's house. It was a rambling, old mansion that once had looked very nice but now it was rather shabby and needed painting.

"Here is where Uncle Toby lives," said Daddy Martin. "Do you children remember it?"

"A little," admitted Ted. Neither he nor Janet had been there in years and Tommy had never visited Uncle Toby.

"I wonder if he's at home," went on Daddy Martin, as he got out of the car.

"There's someone on the porch," said Mrs Martin. "Oh, it's Mrs Watson, the housekeeper," she added. "But something seems to be the matter! I wonder what can have happened?"

As Mother Martin spoke, a strange, old lady came down off the broken porch and along the walk, hurrying out to meet the family at the front gate.

"Wait! Don't go in! Don't go in!" cried the strange, old lady, holding up her hand like a traffic policeman stopping a fast car. "Don't go in! They're having a terrible time!" As she spoke, odd sounds came out of the grim old house where Uncle Toby lived... very odd sounds.

1. Why was the strange, old lady holding up her hand? Tick **one**.

- to wave hello to the family
- to stop them from going further
- to give someone a high five
- to show how tall someone was

2. Give **two** facts from the text which imply that Uncle Toby's house was run down.

1. _____

2. _____

3. What do you think might have been happening inside Uncle Toby's house?

4. Put ticks in the table to show which sentences are true and which are false.
One has been done for you.

The text implies that...	True	False
Uncle Toby's house had looked nicer in the past.	✓	
It had been a long journey to Uncle Toby's house.		
The family had arrived at the city of Pocono quickly.		
Ted and Janet didn't remember Uncle Toby's house clearly.		
Something unusual was going on at Uncle Toby's house.		

