

Spring 1 bubble pack (alternative)

Home Learning	
<p>In this pack we have provided a set of activities which are similar to a school day. We have suggested a length of time for each activity. Please feel free to spend more or less time on each activity to suit you and your child. In your pack there are all the resources you need for each day. We are available to contact should you have any questions on info@scraptoftvalley.leicester.sch.uk or you can call the school office on 0116 2413444 where somebody will be able to help you.</p>	
Day 1	
30 mins	<p style="text-align: center;">Get active / wake up shake up</p> <p style="text-align: center;">Take part in the 'Kiddo's catching challenge'. What level can you get up to?</p>
10 mins	<p style="text-align: center;">Handwriting</p> <p style="text-align: center;">Have a go at perfecting your letter formation. Write the upper and lower case letters of the alphabet in your best handwriting.</p>
40 mins	<p style="text-align: center;">Maths</p> <p style="text-align: center;">Today we are learning about number bonds to 20. Have a look at the sheet in your pack and put the number bonds to 20 into the bar models. Use counters or 20 small objects to help you.</p>
Break	
20 mins	<p style="text-align: center;">High Frequency Words</p> <p style="text-align: center;">Complete the high frequency word spelling sheet starting with 'now'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p style="text-align: center;">Literacy</p> <p style="text-align: center;">This week we are going to be writing about the story 'Aliens Love Underpants.' Watch the story on the link below.</p> <p style="text-align: center;">https://www.youtube.com/watch?v=ADnAGBWlqgE</p> <p style="text-align: center;">Now have a look at the characters from the story in your pack and use them to retell the story.</p>
Lunch	
15 mins	<p style="text-align: center;">Reading</p> <p style="text-align: center;">Read your home reader book. Can you guess what is going to happen before you turn the page?</p>
15 mins	<p style="text-align: center;">Wellbeing (yoga)</p> <p style="text-align: center;">Take a look at the yoga positions called 'child's pose' and 'warrior'. Read the instructions carefully. Yoga poses make you feel calm and relaxed.</p>
30 mins	<p style="text-align: center;">Non-Core (PSHE)</p> <p style="text-align: center;">It is important that we show the very important people in our lives that we care about them and that they do the same for us. It helps us all to feel happy, safe and loved.</p> <p style="text-align: center;">Think of different ways you can show the special people in your life that you care about them. When you show one of the ways, colour in a star on the sheet.</p>
Break	
10 mins	<p style="text-align: center;">Gratefulness</p> <p style="text-align: center;">Think of someone you are grateful for. Can you brighten their day with a random act of kindness? This could be a compliment, making them a drink, tidying up. It is about being thoughtful, kind and caring towards that person.</p>
15 mins	<p style="text-align: center;">Storytime</p> <p style="text-align: center;">Listen to a story. An adult could read you a story or you can listen to one online.</p>

KIDDO's Catching Challenge

What level can you get to over the school holidays?

What do you need: wall, hard surface and a ball – use whatever balls you have at home.

Harder

smaller, bouncier balls e.g. rubber bouncy balls

Easier

larger, softer e.g. large foam balls

Catching Challenge

How did you go?

1					
	Wall	Bounce	Catch		
2					
	Wall	Bounce	Bounce	Catch	
3					
	Wall	Catch			
4					
	Bounce	Wall	Catch		
5					
	Bounce	Wall	Bounce	Catch	
6					
	Wall	Bounce	Catch		
7					
	Wall	Bounce	Bounce	Catch	
8					
	Wall	Catch			
9					
	Bounce	Wall	Catch		
10					
	Bounce	Wall	Bounce	Catch	
Bonus					
	Bounce	Wall	Bounce	Spin 360	Catch




Level 1 & 2		AMAZING
Level 3 & 4		SUPERSTAR
Level 6 & 7		HERO
Level 9 & 10		LEGEND
Bonus		CATCHING GENIUS

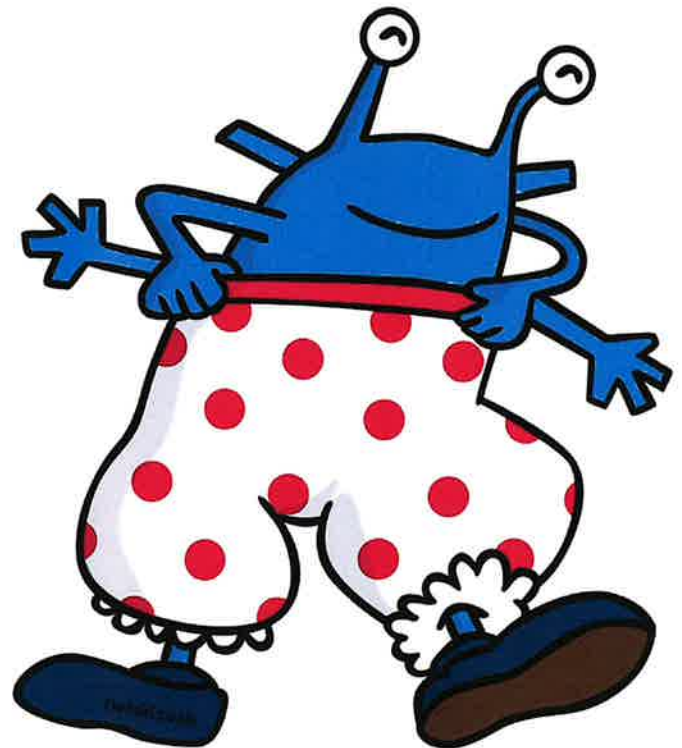
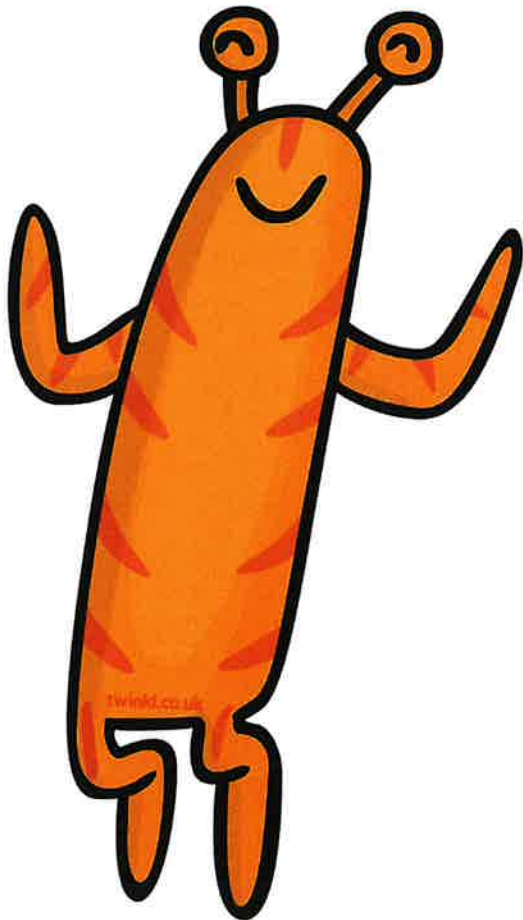
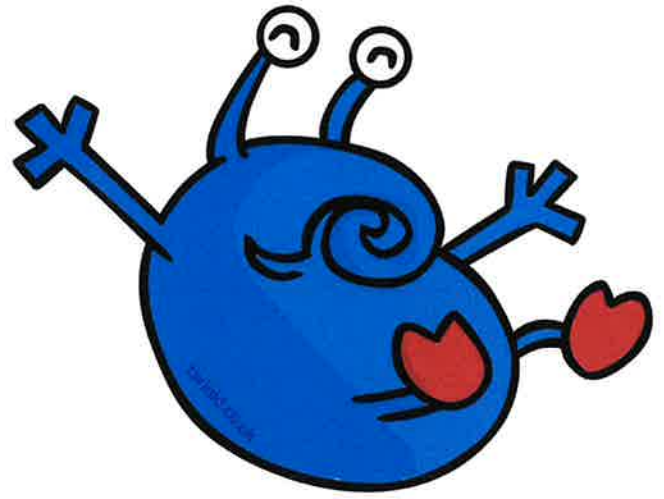
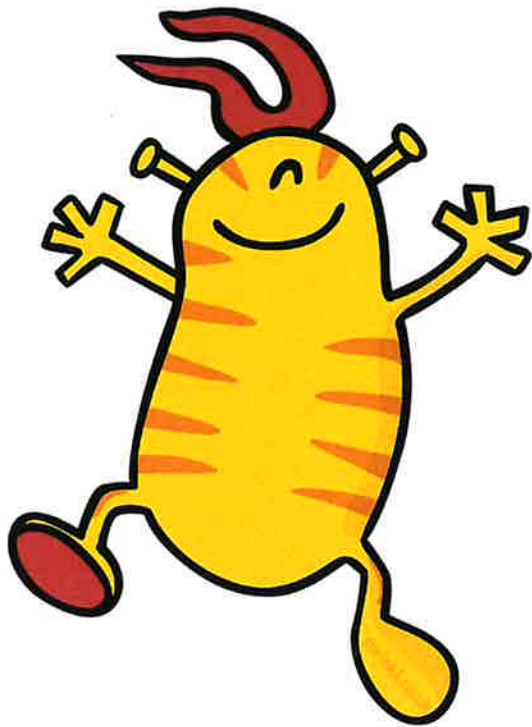
Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll Mm

Nn Oo Pp Qq Rr Ss Tt

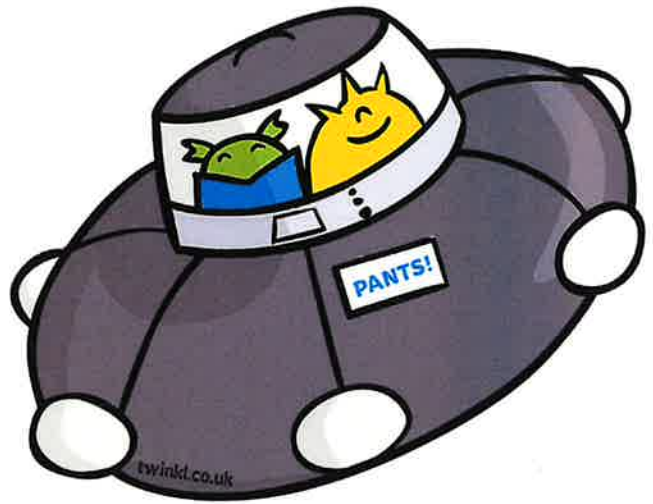
Uu Vv Ww Xx Yy Zz

 Look and say	 Look, say and write	 Cover and write
<p>now</p>		
<p>down</p>		
<p>look</p>		
<p>too</p>		



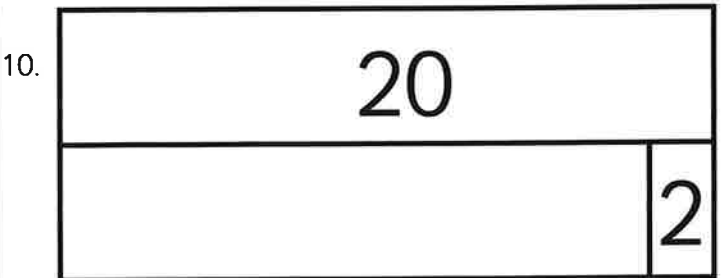
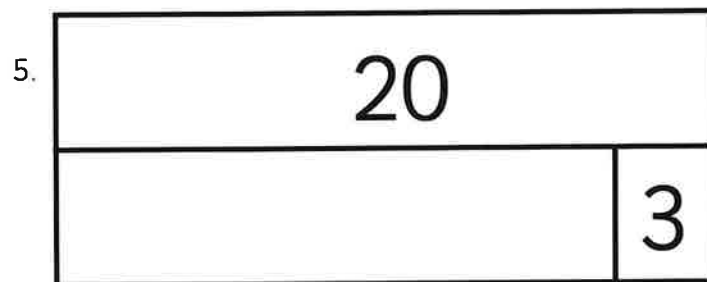
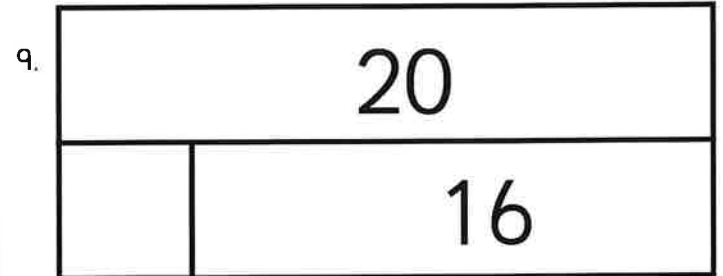
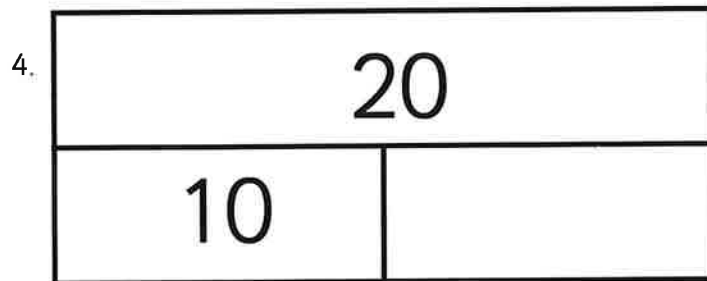
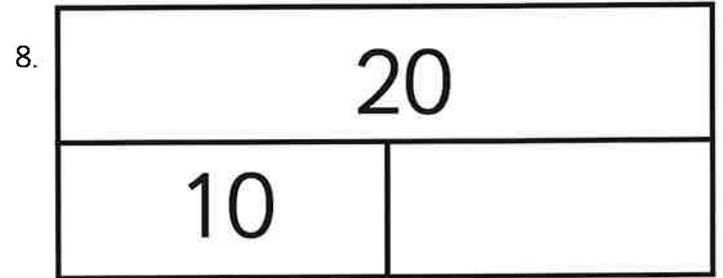
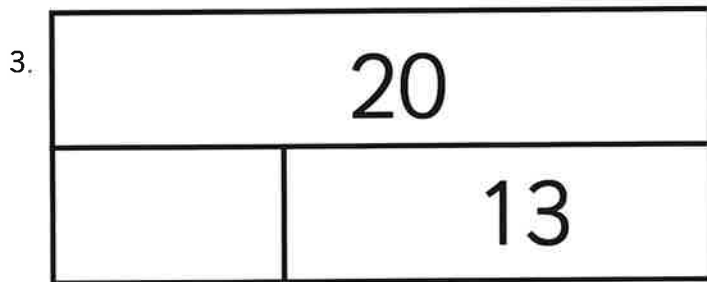
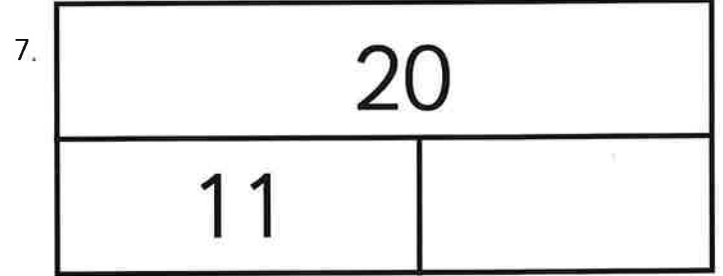
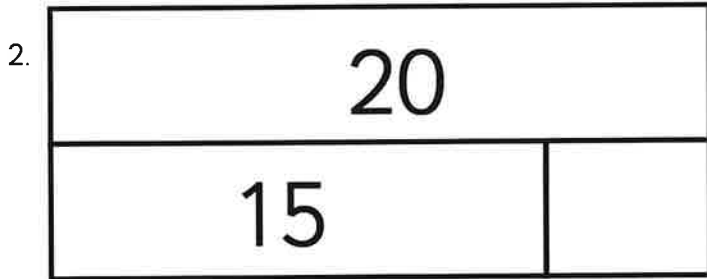
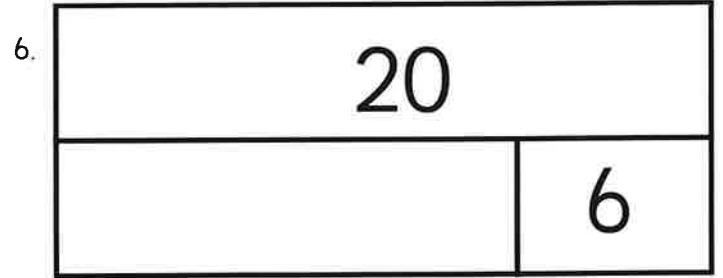
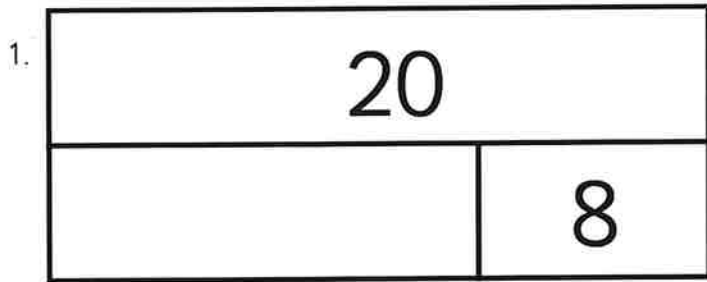
Day 1





Number Bonds to 20

Use known number facts to fill in the missing numbers on these bar models.



Warrior II Pose

Virabhadrasana II



Benefits

Strengthens and stretches legs and core; stretches chest and shoulders; relieves backaches.

- 1 Stand with your feet wide apart. Turn your left foot out 90°.
- 2 Inhale, and lift your arms parallel to the floor.
- 3 Exhale and bend your right knee. Be careful not to extend your knee past your ankle.
- 4 Keep your torso tall, turn your head, and look out over your finger tips.
- 5 Inhale and straighten your legs and lower your arms. Repeat on the opposite side.

Child's Pose

Balāsana

Benefits

Stretches the hips, thighs, and ankles; calms the mind; relieves stress and fatigue.






- 1 Kneel on the floor, touching your big toes together.
- 2 Sit back on your heels and separate your knees hip-width apart.
- 3 Exhale, bringing your head down, and rest it on the floor in front of you.
- 4 Place your hands wherever they are comfortable by your head, your knees, etc.
- 5 Relax and breathe, holding this pose.

Showing I Care

It is important that we show the very important people in our lives that we care about them and that they do the same for us. It helps us all to feel happy, safe and loved.

Think of different ways you can show the special people in your life that you care about them. When you show one of the ways, colour in a star.

Special Person	Way to Show I Care	Completed
		
		
		



How did it make you feel to show others that you care about them?

How did showing you care make the special people in your life feel?

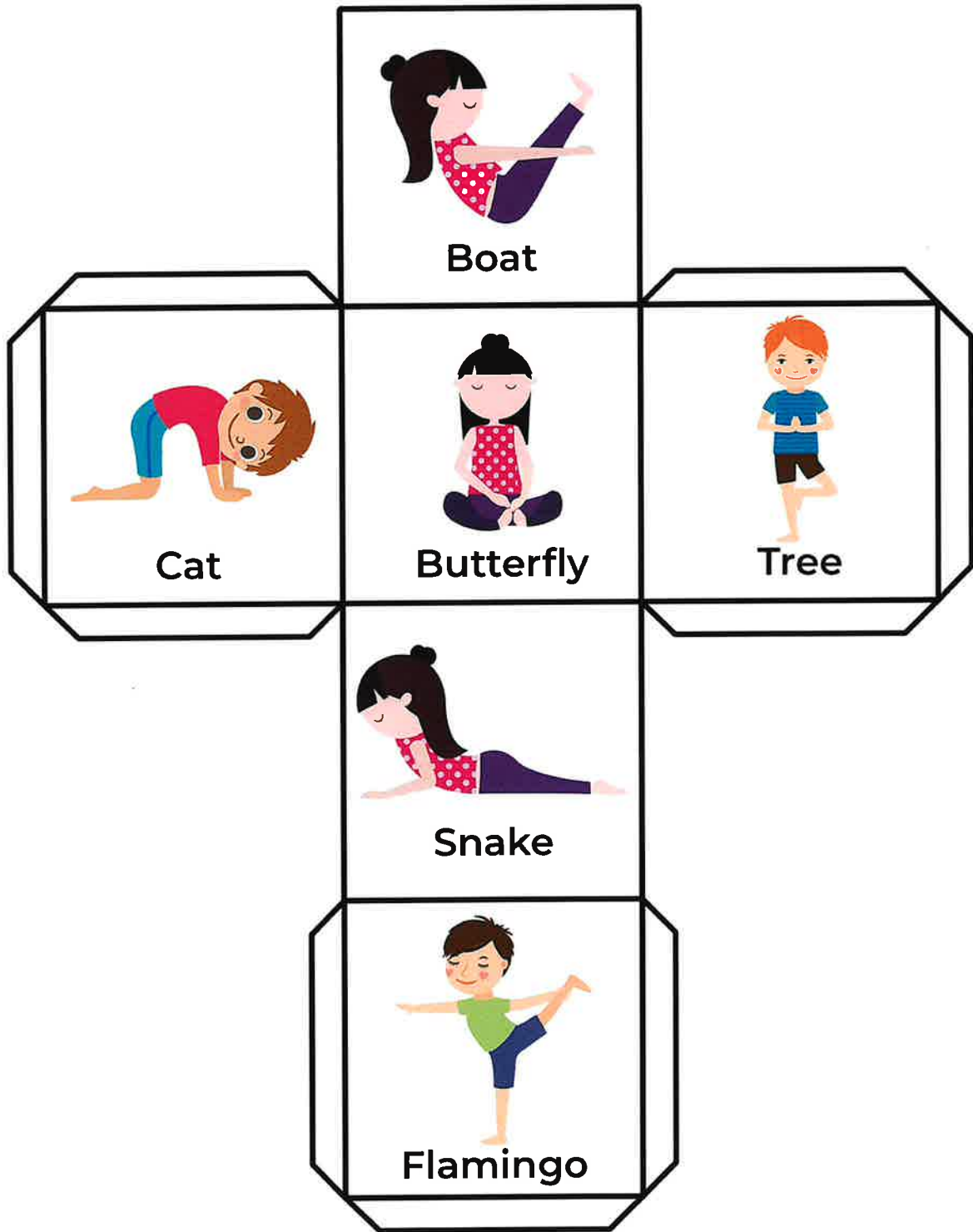
Day 2	
30 mins	<p>Get active / wake up shake up</p> <p>Take a look at the balance dice. Put the dice together. When you have done this, roll the dice at least 6 times. Can you copy the action that is rolled? Can you hold it for 5 seconds? 10 seconds? 20 seconds? What is the longest you can balance for?</p>
10 mins	<p>Handwriting</p> <p>Try the handwriting warm up activity on the sheet and then practice writing your full name in your best handwriting. Can you keep all your letters on the line?</p>
40 mins	<p>Maths</p> <p>Try the sheet on positional vocabulary. Cut and stick the positional language into the correct spaces. Remember to be careful with your scissors.</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'he'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Remind yourself of the story, 'Aliens Love Underpants'. Find the pictures of the story in your pack and cut and stick them into the correct order of the story.</p>
Lunch	
15 mins	<p>Reading</p> <p>Sight word splat!</p> <p>Lay your sight word cards out on the floor or table. Ask an adult to say a word and see how fast you can splat it!</p>
15 mins	<p>Wellbeing (meditation)</p> <p>Today's activity is called 'pebble meditation'. Can you collect 4 pebbles (you could use bits of gravel, marbles, rocks or shells if you can't find pebbles). Place the 4 pebbles in front of you. Breathing in- 'I see myself as a flower' Breathing out- 'I feel fresh, flower fresh' and breathe in and out 3 times. Round 2: Breathing in- 'I see myself as a mountain' Breathing out - 'I feel solid, mountain solid' and breathe in and out 3 times. Round 3: Breathing in- 'I see myself as water' Breathing out- 'Clear water, reflecting' and breathe in and out 3 times. Round 4: Breathing in- 'I see myself as space' Breathing out- 'I feel free, space free' and breathe in and out 3 times.</p>
30 mins	<p>Science</p> <p>You have 2 Science experiments linked to ice that you can complete at home. Give them a go and see if you can explain why each thing happens! You can do these experiments with things that you would normally find in your house. You will need an adult to work with you.</p>
Break	
10 mins	<p>Gratefulness</p> <p>Think about your random act of kindness yesterday. How did it make you feel? How do you think that person felt? Can you challenge yourself to fit in as many random acts of kindness as you can throughout the week?</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>



Improve your Move

www.kiddo.edu.au

KIDDO BALANCE DICE



@kiddo.edu.au



@KIDDO_Australia

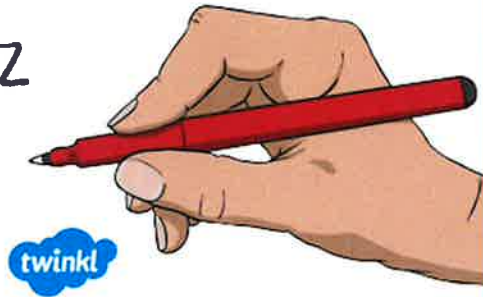


@kiddo_australia

Handwriting Warm-Up

Fine Motor Exercises

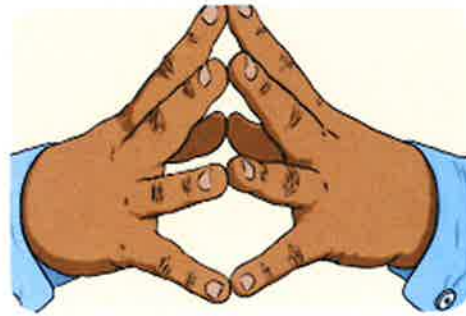
v w x y z
q r s



Handwriting Warm-Up Fine Motor Exercises

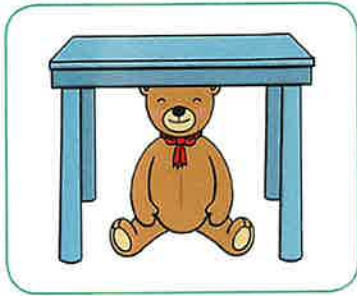
1

- Make sure you are sitting comfortably and upright.
- Place your fingertips together.
- Press your fingers together, as if they are doing “push ups” against each other.
- Repeat a number of times.



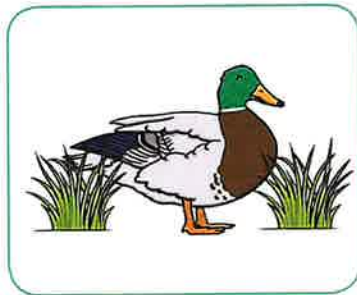
What's the Position?

Cut and paste the correct words to describe the position.



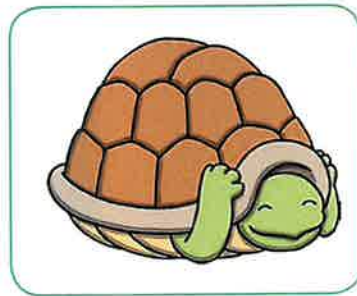
The bear is

the table.



The duck is

the grass.



The turtle is

its shell.



The frog is




of the lily pad.

under

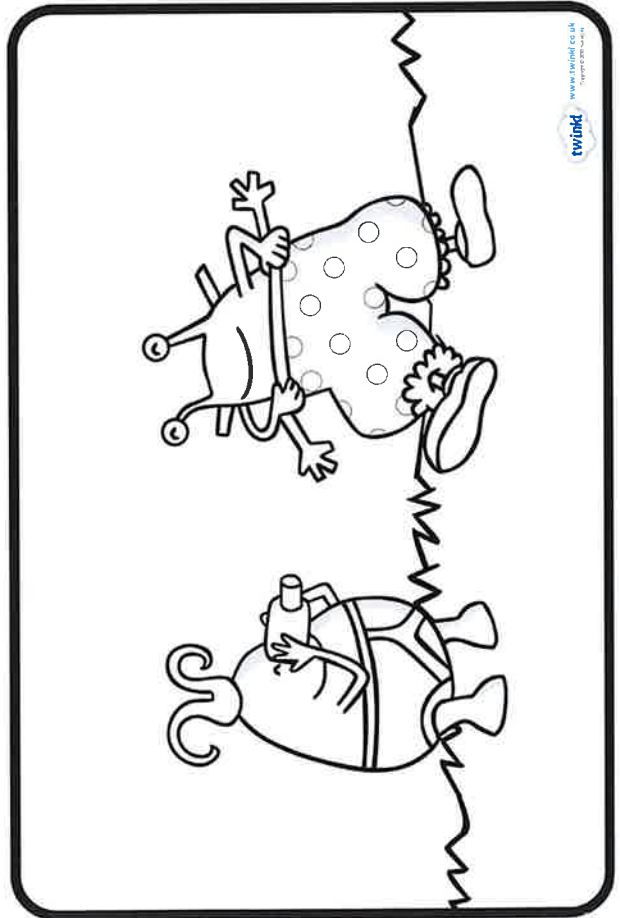
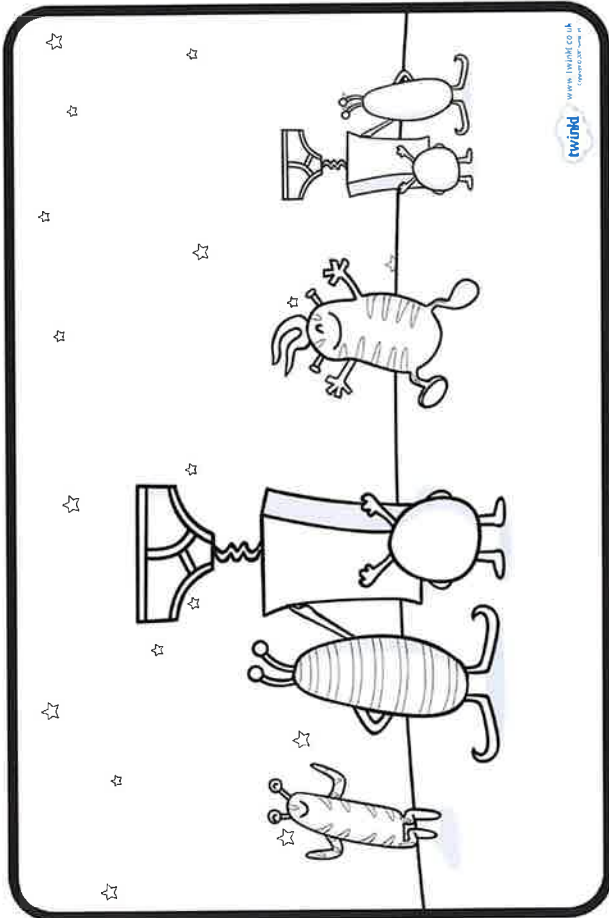
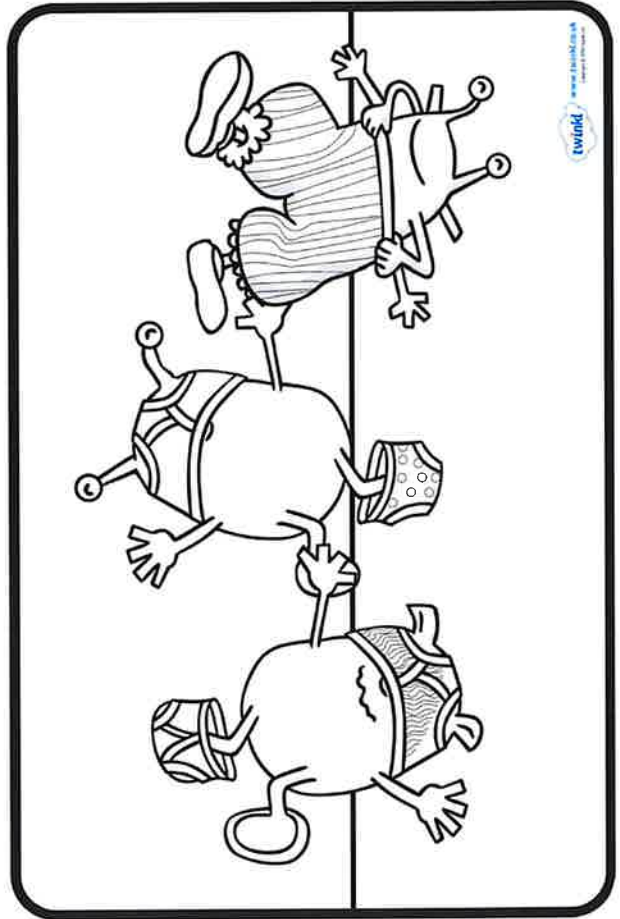
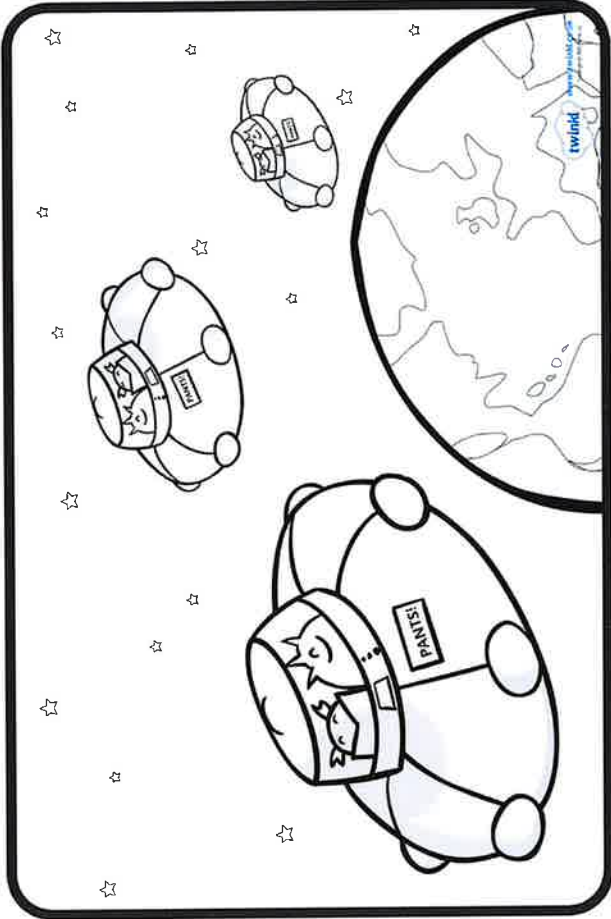
on top

inside

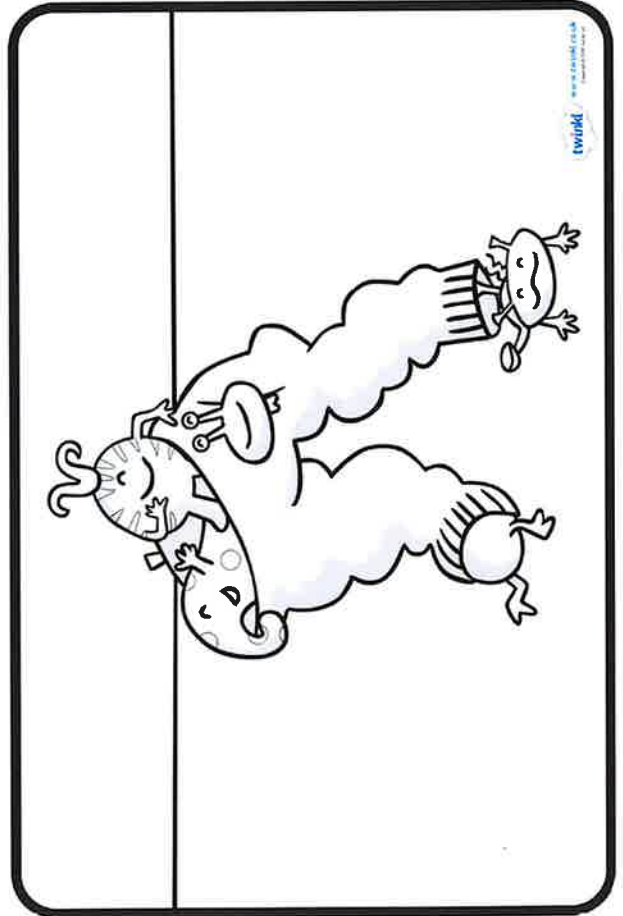
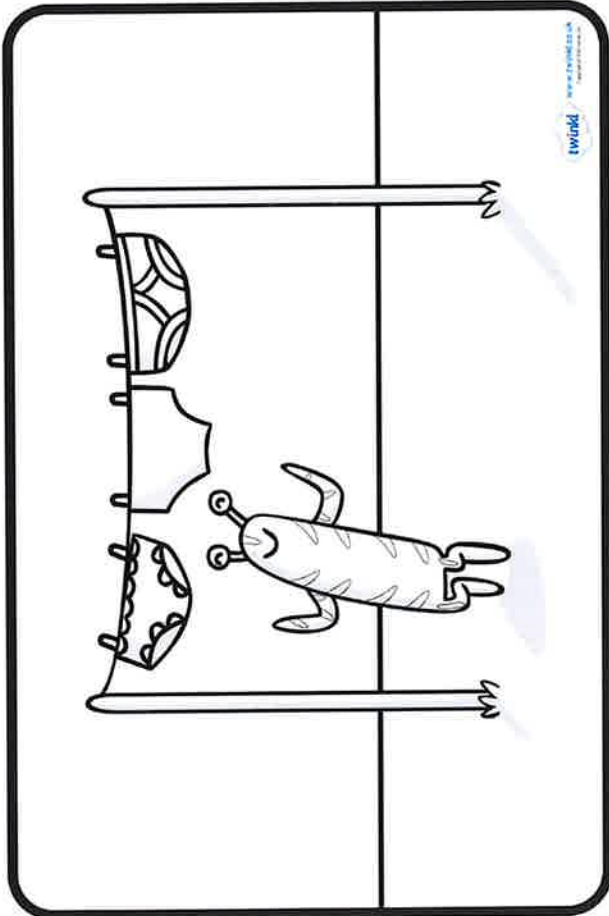
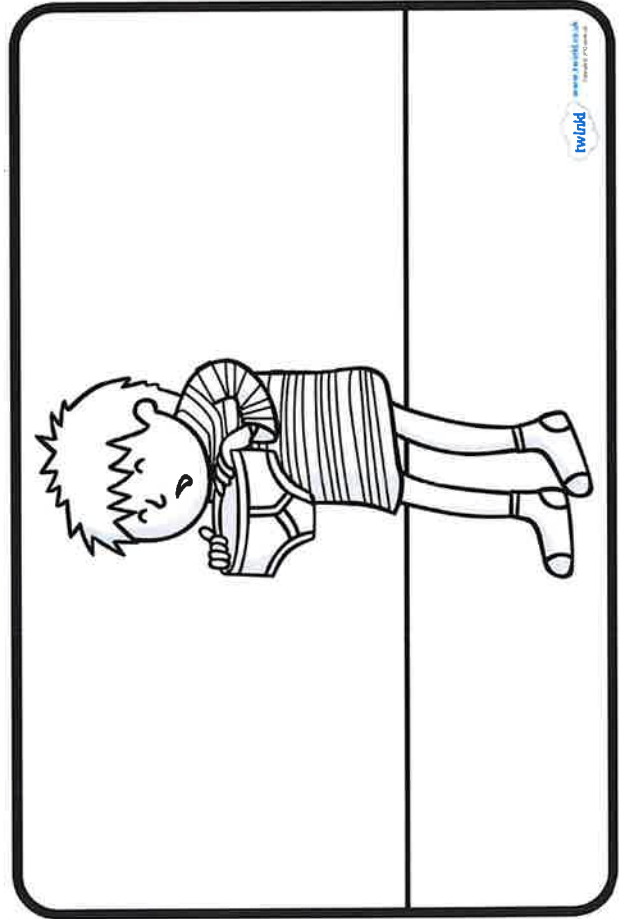
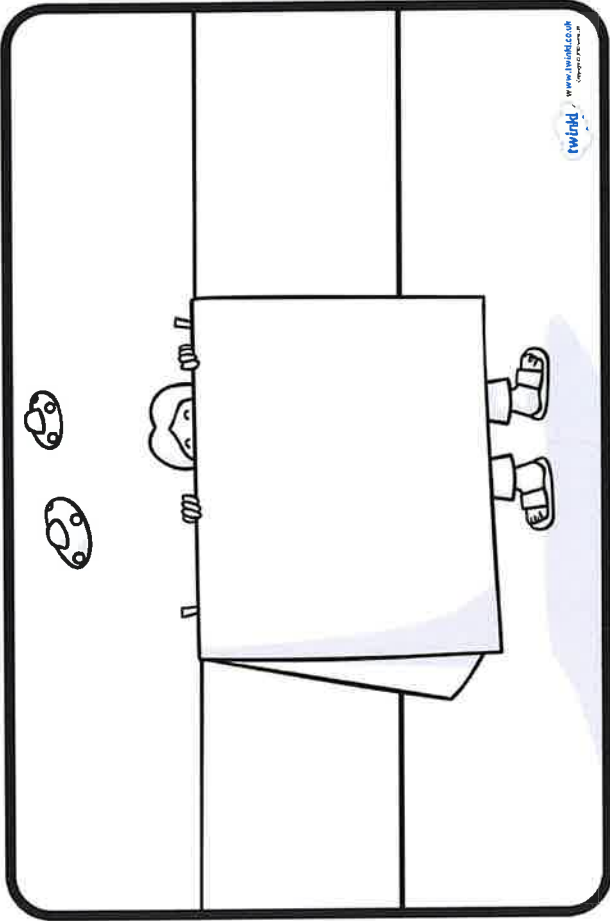
between

 Look and say	 Look, say and write	 Cover and write
he		
she		
we		
me		

Day 2



Day 2



the

to

I

no

go

into

he

she

Day 2

we

me

be

was

you

they

all

are

Day 2

my

her

said

have

like

so

do

some

come

were

there

little

one

when

out

what

oh

their

people

Mr

Mrs

looked

called

asked

Day 2

could

Can you make the ice stick to the string?
Put the string on top of the ice and lift it up. Does the ice cube stick to the string?
What happens if you sprinkle the string with some salt?
You will need to count to 60 to let the salt work its magic.
Has the ice cube stuck to the string now?
What do you think is happening?

Science Experiment

Sticky Ice

Science Experiment

Sticky Ice

Can you make the ice stick to the string?
Put the string on top of the ice and lift it up. Does the ice cube stick to the string?
What happens if you sprinkle the string with some salt?
You will need to count to 60 to let the salt work its magic.
Has the ice cube stuck to the string now?
What do you think is happening?

Sticky Ice

Science Experiment



You will need:

Gloves

Ice cubes

Water

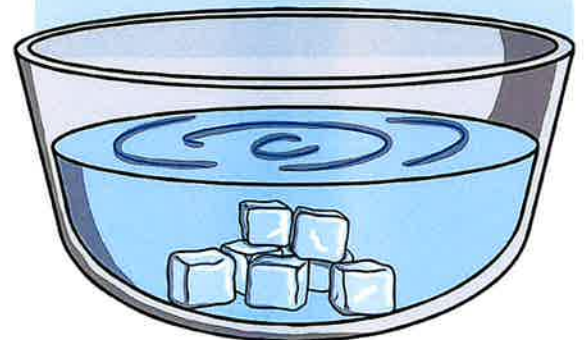
String

Salt

3 bowls

Method

1. Children are to put on their gloves.
2. Put salt in one bowl, water in another bowl and the ice cubes in the third bowl.
3. Lay out a piece of string next to the bowls.
4. Put some ice cubes in the bowl with the water.
5. Challenge the children to see if they can lift a piece of ice from that bowl using only the string.
6. After several attempts, pass them the bowl of salt ('magic powder').
7. Ask them what they think will happen if they sprinkle the salt onto the ice.
8. Place the string over the ice and sprinkle the salt over the string.
9. Count together to 60, then carefully lift the string up by each end.
10. Hey presto! The ice cube is stuck to the string!



Science Experiment

Can You Make Ice Grow?



Can you make ice grow?

What happens when you pour the icy cold water over the ice cubes?

How tall can you make your icy tower grow?

Can You Make Ice Grow?

Science Experiment

You will need:

Bottles of water - plain or coloured water

A container of ice cubes



The Activity

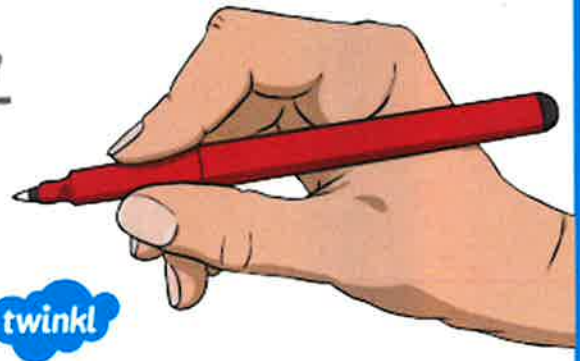
1. Put some bottles of water, laying flat, in a freezer for nearly 3 hours.
2. If you would like to use coloured water, add food colouring before placing in the freezer but ensure that the lids are secured tightly afterwards.
3. Remove the bottles from the freezer - before the water turns to ice, but has been in there long enough to make it icy cold.
4. Care is needed when removing the bottles from the freezer to ensure no ice is created. Do not shake or bump the bottle.
5. In a small container, place some ice cubes and gently start to pour the icy water over the top of the ice cubes. Watch what happens!
6. Continue to keep the stream of water going and move it around a bit (like a whippy ice cream) and see the ice tower grow taller and taller.

Day 3	
30 mins	<p>Get active / wake up shake up Complete Cogsworth's time trial! https://www.nhs.uk/10-minute-shake-up/shake-ups/cogsworths-time-trial</p>
10 mins	<p>Handwriting Try the handwriting warm up activity on the sheet and then practice writing your address. Ask someone you live with to tell you what your address is if you're not sure. Are all your letters the same size?</p>
40 mins	<p>Maths Count forwards and backwards to 20. Have a go at using the number shape sheet to subtract. Can you write the number sentences underneath each calculation?</p>
Break	
20 mins	<p>High Frequency Words Complete the high frequency word spelling sheet starting with 'be'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy Draw an Alien from the text, 'Aliens love underpants' or draw your own alien. Then write words around the alien to describe it. E.g. red, scary, fluffy. Can you write a sentence to describe your monster? Start your sentence like this: It is Remember a full stop at the end of your sentence.</p>
Lunch	
15 mins	<p>Reading Take a look at the picture in your pack. This is an inference activity. Which door would you like to walk through? Why? Where do you think each door leads to? Who do you think lives behind each door? Where do you think these doors are? Why?</p>
15 mins	<p>Wellbeing (Deep breathing) Deep breathing is a good way to calm yourself down. There is no right or wrong way to deep breathe. This is a trick you can play on your body to make it feel relaxed- even if something is worrying you!</p> <ol style="list-style-type: none"> 1. Breathe in 1, 2, 3, 4, 5 2. Pause (for a count of one) 3. Breathe out 1, 2, 3, 4, 5, 6, 7, 8 4. Pause (for a count of one) 5. Repeat
30 mins	<p>Non-Core (PE) Try each of these 3 times each. What is the best score that you can get? Record them in your homework book!</p> <p>Around the sock challenge: https://youtu.be/c9lm8Y7koqE Sock ladder challenge: https://www.youtube.com/watch?v=BA4XN3Pynig Speed bounce challenge: https://www.youtube.com/watch?v=zzWyMWAEfk4</p> <p>What happened to your heart rate when you were doing these? How did your arms feel after the around the sock challenge? Which muscles could you feel working in the sock ladder challenge?</p>
Break	
10 mins	<p>Gratefulness Look at each member of your family. What do you appreciate about them? Appreciation is recognition of enjoyment of the good qualities about someone. Draw a picture of each member of your family and write down the things you enjoy and appreciate about them! They might tell you what they appreciate about you.</p>
15 mins	<p>Storytime Listen to a story. An adult could read you a story or you can listen to one online.</p>

Handwriting Warm-Up

Fine Motor Exercises

v w x y z
q r s






Handwriting Warm-Up Fine Motor Exercises

2

- Put the palms of your hands together.
- Now push them against one another.
- Fold your fingers around one another.
- Try to pull them apart.
- Repeat a number of times.



 Look and say	 Look, say and write	 Cover and write
<p>be</p>		
<p>was</p>		
<p>you</p>		
<p>they</p>		

Day 3

Number Shape Subtraction to 10

Use the number shapes to work out the answers to each subtraction question.

$$\begin{array}{|c|} \hline \text{Two circles in a blue row} - \text{One circle in an orange square} = \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{Three circles in a yellow L-shape} - \text{Two circles in a blue row} = \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{Four circles in a green square} - \text{Three circles in a yellow L-shape} = \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{Six circles in a red shape (3x2 grid with top-right missing)} - \text{One circle in an orange square} = \\ \hline \end{array}$$

$$\begin{array}{|c|} \hline \text{Six circles in a teal 2x3 grid} - \text{Two circles in a blue row} = \\ \hline \end{array}$$

$4 - 1 =$

$7 - 4 =$

$7 - 7 =$

$3 - 2 =$




$6 - 3 =$

$7 - 2 =$



Day 3- Inference

Day 4	
30 mins	<p>Get active / wake up shake up</p> <p>Play 'find forky' with a member of your family! It is all explained on the sheet in your pack!</p>
10 mins	<p>Handwriting</p> <p>On a sheet of paper have a go at writing out the days of the week. Remember to write a capital letter at the beginning of each word.</p> <p>Monday, Tuesday, Wednesday</p>
40 mins	<p>Maths</p> <p>Count forwards and backwards to 20.</p> <p>Have a go at using a number line to subtract by jumping back. Remember to start on the largest number. Use objects to help you if the number lines are too tricky. Can you think of others words for subtraction? E.g. Minus.</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'all'.</p> <p>Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>If you were an alien, where would you hide? Write 3 sentences to describe where you would hide. Use these sentence starters to help you?</p> <p>I would hide in.....</p> <p>It looks</p> <p>It smells....</p> <p>I sounds...</p>
Lunch	
15 mins	<p>Reading</p> <p>Read your home reader.</p> <p>How many digraphs can you spot in the words? Here are some examples... oa, ay, ee, oo.</p> <p>What was your favourite part of the story? Why?</p>
15 mins	<p>Wellbeing</p> <p>Take a look at the 'how do you feel today?' cards. Play emotion charades with someone in your house. Try and copy the facial expression of a chosen emotion. Can the person you are playing with guess what emotion you are acting out? Can you guess what they are acting out?</p>
30 mins	<p>Non-Core (ICT)</p> <p>Log on to Purple mash.</p> <p>Click on 2Code</p> <p>Launch the app 'superheroes' and complete the challenges that are set for you!</p> <p>Remember to save your work.</p>
Break	
10 mins	<p>Gratefulness</p> <p>What good things have happened in your day? How has it made you feel? Can you re-call a positive memory from the past- why does it stick in your mind? Tell your parent about positives that have happened this week.</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

 Look and say	 Look, say and write	 Cover and write
all		
are		
my		
her		

Number Line Subtraction

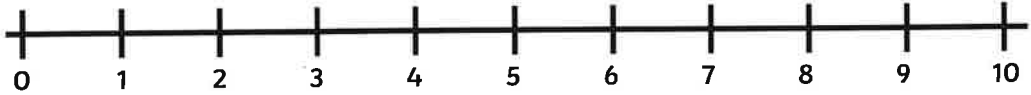



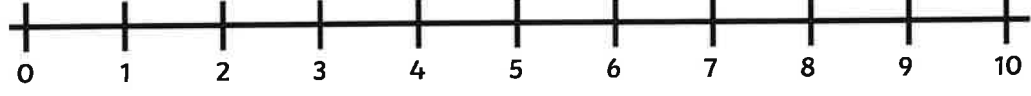





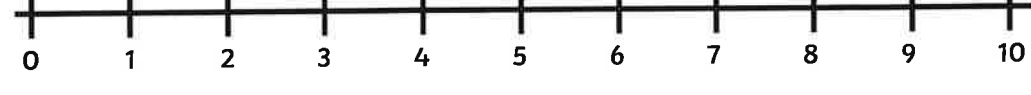

Example	
$9 - 3 = 6$	

$10 - 5 =$	
------------	--

$8 - 6 =$	
-----------	--

$9 - 4 =$	
-----------	--

$10 - 3 =$	
------------	--

$7 - 4 =$	 
$10 - 6 =$	 
$9 - 2 =$	 
$5 - 3 =$	 
$8 - 5 =$	 
$10 - 9 =$	 

How Do You Feel Today?



happy



angry



excited



embarrassed



cold



hot



surprised



tired



astonished



upset



worried



nervous



proud



sad



confused



scared



poorly



calm



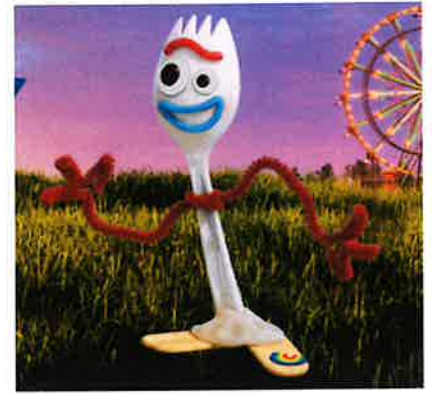
stressed



disappointed

Day 4

Forky, the newest member of the Toy Story gang, does not believe he is a toy. Even though he is Bonnie's favourite, he keeps running away. Who can find Forky the fastest?



How to play...

- 1 Draw Forky on a piece of paper and get an adult to help you cut him out.



- 2 One player hides Forky while everyone else closes their eyes.



- 3 Open your eyes and hop your way around the room to try to find Forky.






- 4 The player who finds Forky is the winner.



- 5 Everyone celebrates with 10 star jumps. Let the winner take a turn to hide Forky, and play again!



Day 5	
30 mins	<p>Get active / wake up shake up</p> <p>Have a go at a 'PE with Joe' this morning! It will help get your heart rate going ready for a day of learning. https://www.youtube.com/watch?v=BDigyoBrHms</p>
10 mins	<p>Handwriting</p> <p>On a sheet of paper have a go at writing out the days of the week. Remember to write a capital letter at the beginning of each word. Thursday, Friday, Saturday, Sunday</p>
40 mins	<p>Maths</p> <p>Count forwards and backwards to 20. Have a go at the subtraction sheet with numbers within 20. Can you write the number sentences underneath each calculation too?</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'went'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Watch the Jack and The Beanstalk Story https://www.youtube.com/watch?v=W5rxFLRgXRE Retell the story in your own words.</p>
Lunch	
15 mins	<p>Reading</p> <p>Sight word race. Lay a selection of sight words in two lines. Jump along the line and say the words as the land on them. Race against another person. Who can get to the end the quickest!</p>
15 mins	<p>Wellbeing (mindful doodling)</p> <p>Play some soft music in the background. You can find 'mindfulness' music on youtube. Make sure an adult helps you with this! Create a pattern on a blank piece of paper. Keep filling in the shapes you have made with patterns. Can you colour in the pattern you have made? Remember- there is no right or wrong way to doodle. This is just what comes from your wrist!</p>
30 mins	<p>Non-Core (Art)</p> <p>Take a look at all of the different pieces of art by Kandinsky. Can you re-create one of his masterpieces? There are shapes for you to cut and stick if you wish or you could draw your own re-creation.</p>
Break	
10 mins	<p>Gratefulness</p> <p>Can you complete a gratitude diary in your homework book for this week? Look back at all of the activities that you have done and this might trigger your memory. You can be grateful for almost anything! People, things, memories.</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

 Look and say	 Look, say and write	 Cover and write
went		
it's		
from		
children		

Rainforest

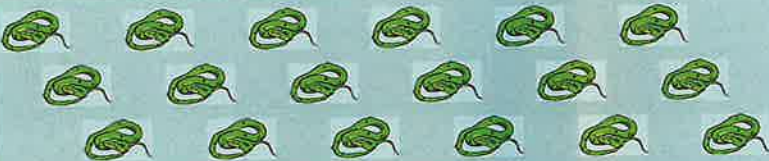
Write down the answers in the circles.



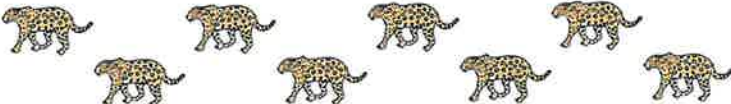
- 5 =



- 7 =



- 12 =



- 4 =



- 6 =



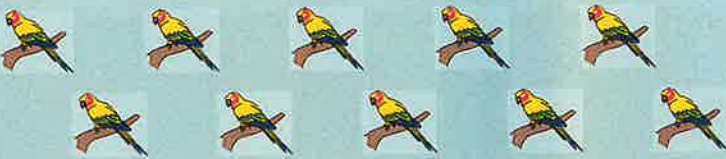
- 14 =



- 5 =



- 5 =



- 3 =

Day 5

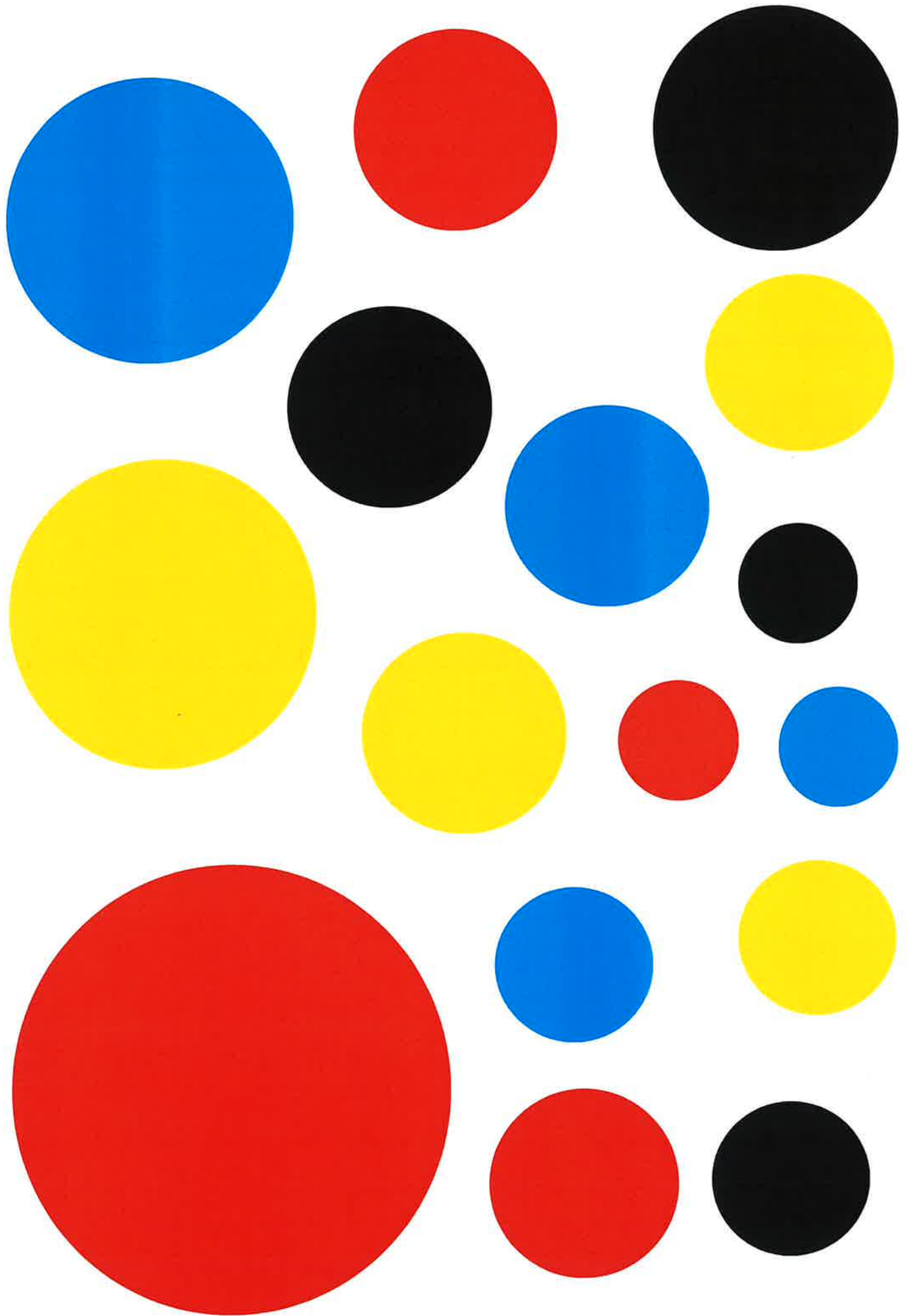
My Kandinsky Inspired Art - Circles and Triangles

twinkl.com

Day 5



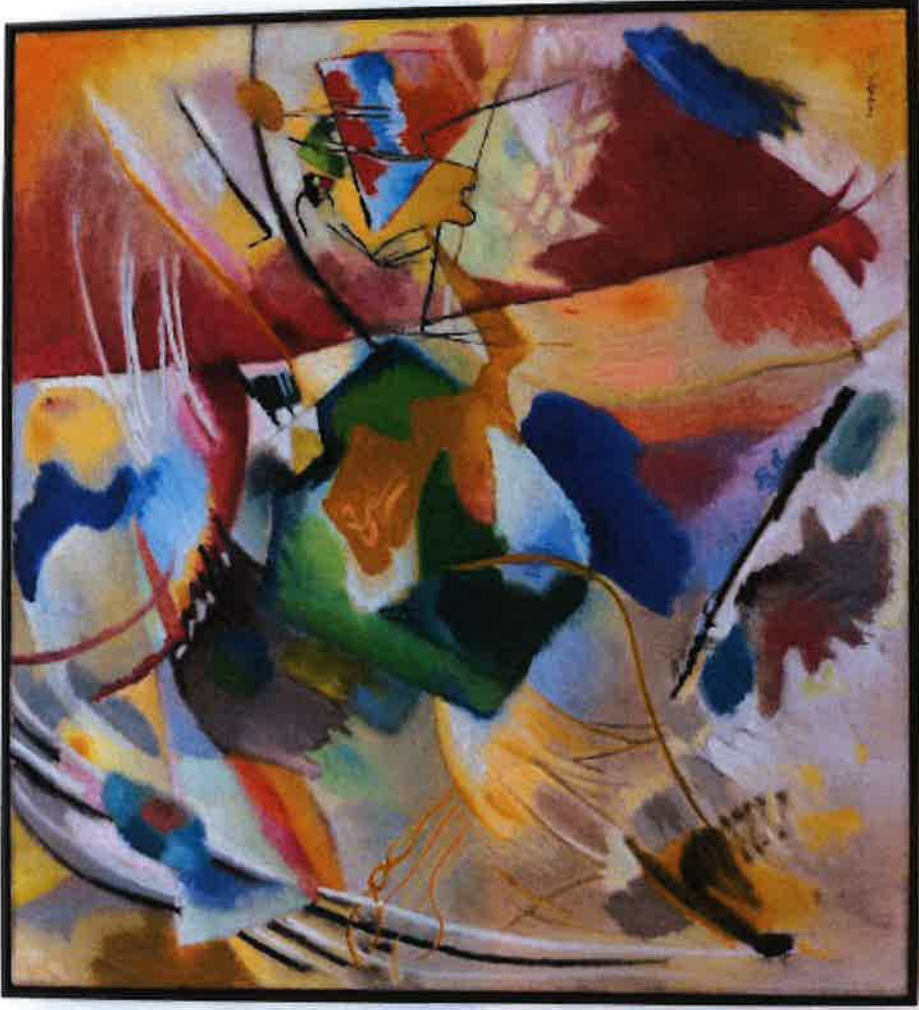
Day 5



Colour Studies: Squares with Concentric Circles 1913



Painting with Green Centre 1913



Day 5

Red, Yellow, Blue 1925

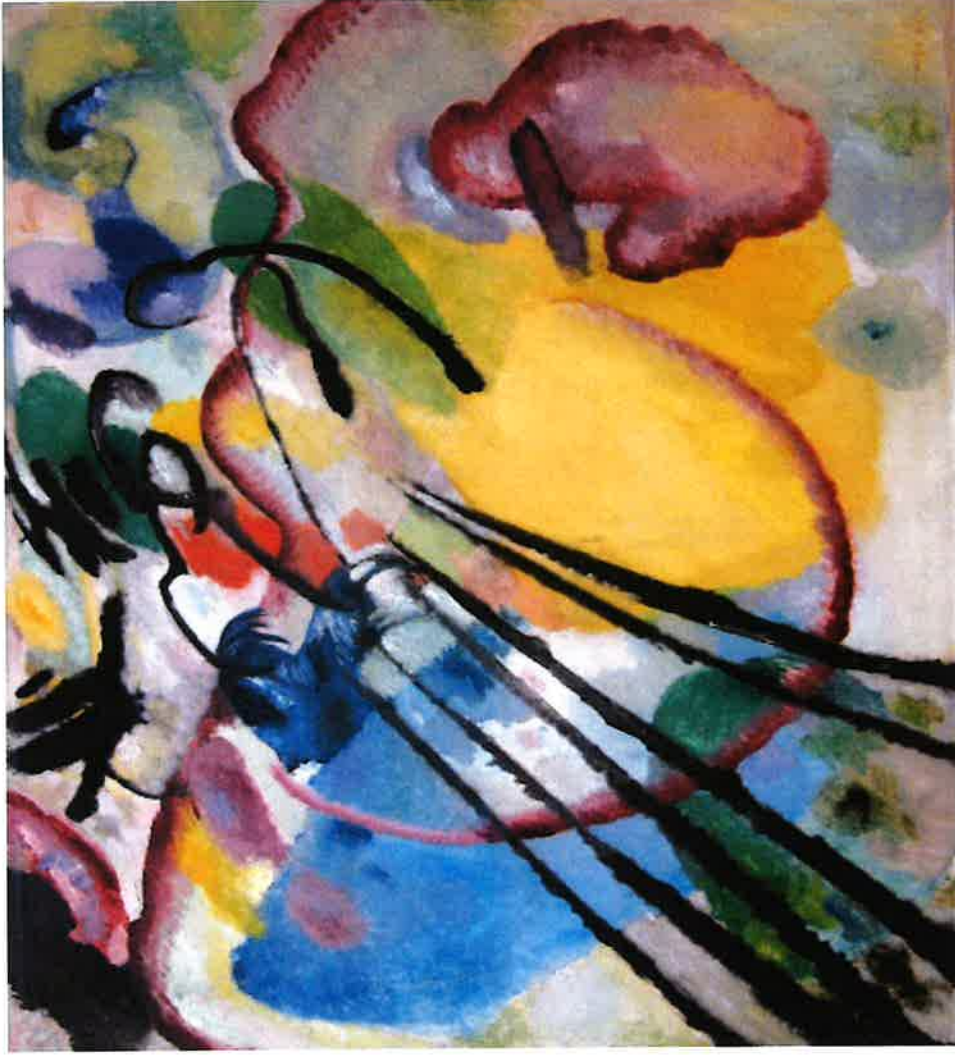


Day 5

Red Spot II 1921



Improvisation 26 (Rowing) 1912






Home learning

In this pack we have provided a set of activities which are similar to a school day. We have suggested a length of time for each activity. Please feel free to spend more or less time on each activity to suit you and your child. In your pack there are all the resources you need for each day. We are available to contact should you have any questions on info@scraptoftvalley.leicester.sch.uk or you can call the school office on 0116 2413444 where somebody will be able to help you.

Day 6

30 mins	Get active / wake up shake up Complete the Yoga Yak challenge using the following link: https://www.nhs.uk/10-minute-shake-up/shake-ups/yoga-yak
10 mins	Handwriting On a sheet of paper have a go at writing out the months of the year. Remember to write a capital letter at the beginning of each word. January, February, March
40 mins	Maths Have a go at solving the subtraction word problems. Use counters or draw objects to help you. Write the number sentence and the answer.
Break	
20 mins	High Frequency Words Complete the high frequency word spelling sheet starting with 'just'. Can you write a sentence including each word you have practised today?
30 mins	Literacy Have a go at writing a simple sentence for each part of the 'Jack and The Beanstalk' story. Use the pictures and the key words on the sheet to help you. Complete the first page of the sheet. Remember finger spaces and capital letter and a full stop.
Lunch	
15 mins	Reading Have a look at your library book. If it is tricky to read, you can use the pictures to help you understand. Write down the sight words you see in your book. Can you spot any words with these sounds in 'ay', 'ai', 'oa', 'ee' or 'igh'?
15 mins	Wellbeing (yoga) Take a look at the yoga positions called 'downward dog' and 'crescent moon'. Read the instructions carefully. Yoga poses make you feel calm and relaxed.
30 mins	Non-Core (PSHE) Special people in our lives are people we can trust, people who make us feel safe and loved and people who take care of us and our feelings. Draw a picture of the special people in your life and write a sentence to describe why they are special to you. See the sheet in your pack.
Break	
10 mins	Gratefulness This week you are going to complete a week of gratitude! Today you are going to draw a picture of a happy memory that you have! You could write a sentence or small paragraph to say why it was special!
15 mins	Storytime Listen to a story. An adult could read you a story or you can listen to one online.

 Look and say	 Look, say and write	 Cover and write
<p>just</p>		
<p>help</p>		
<p>said</p>		
<p>have</p>		

Jack and the Beanstalk Writing Activity

Write a sentence about each of the story pictures. Use the boxes at the top to help you.

cottage



cow



Jack



magic beans



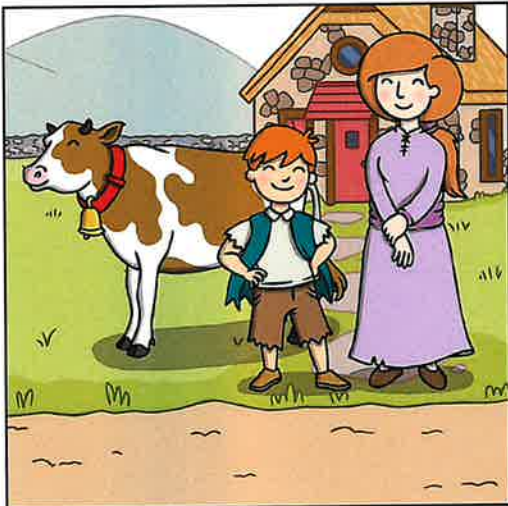
sound it out

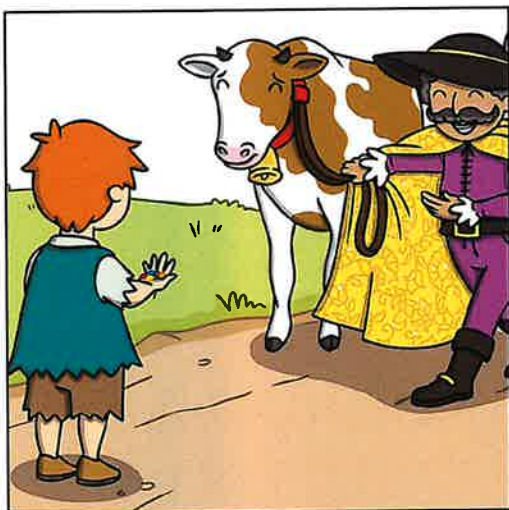


finger spaces



full stop





If you had 10 glass bottles and 3 of them smashed, how many of them would you have left?



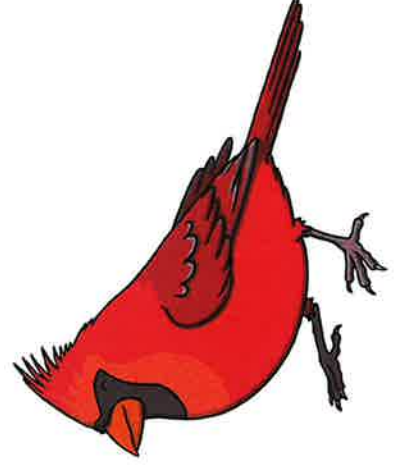
If you had 5 ice cubes and 2 of them melted, how many would you have left?



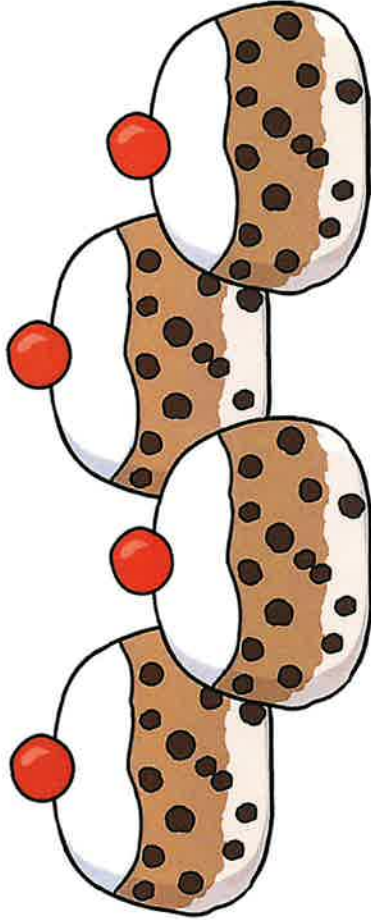
If you had 20 squares of chocolate and you ate 15 of them, how many would you have left?



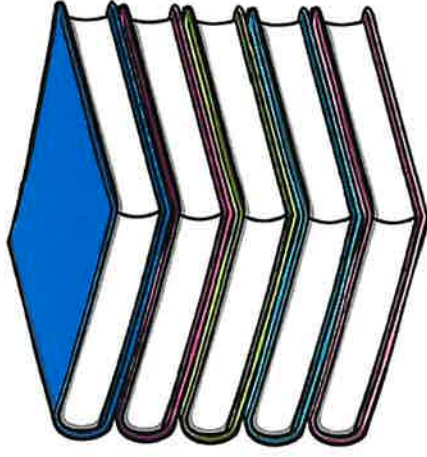
If you had 5 birds in your garden and 1 of them flew away, how many birds would you have left?



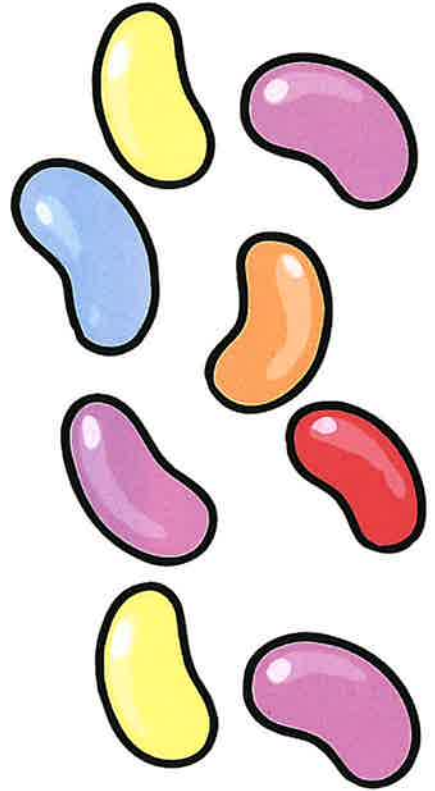
If you had 10 currant buns and 8 of them have been eaten, how many of them would you have left?



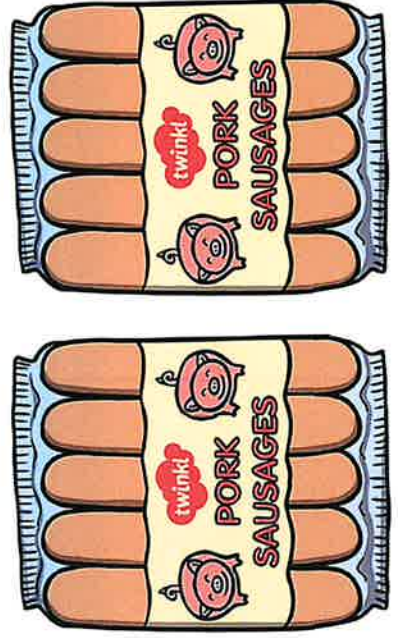
If you had 5 books and you have read 3 of them, how many would you have left?



If you had 20 jelly beans and you have eaten 6 of them, how many would you have left?



If you had 10 sausages in a pack and you have cooked 4 of them, how many sausages would you have left in the packet?



Crescent Moon Pose

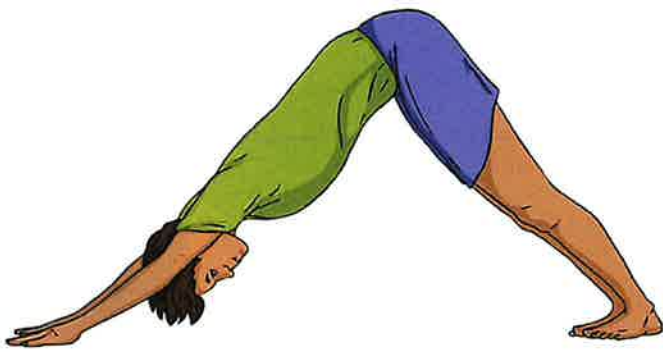


Benefits

Stretches arms, abdominals, spine and chest; calms the mind.

- 1 Inhale and raise your hands over your head, pressing palms together.
- 2 Exhale and tip your body to one side.
- 3 Inhale and return to standing straight.
- 4 Repeat on opposite side.
- 5 Exhale and lower your arms.

Downward Dog Pose



Benefits

Stretches the shoulders, hamstrings, calves, arches and hands; calms the mind.

- 1 Start on your hands and knees, with your knees slightly apart, directly under the hips.
- 2 Your hands should be shoulder-width apart, and slightly in front of your shoulders.
- 3 Curl your toes under, straighten your knees and lift your hips.
- 4 Keep your head between your arms.
- 5 Hold this pose and breathe.

Day 6

My Special People


Special people in our lives are people we trust, people who make us feel safe and loved and people who take care of us and our feelings.

In the box, draw a picture of the special people in your life.




Why are these people special to you?



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).

Day 7	
30 mins	<p>Get active / wake up shake up</p> <p>Take a look at the Stork Challenge. Can you complete it? https://www.youtube.com/watch?v=aDxT-56hGLO Did you manage to balance for the whole time?</p>
10 mins	<p>Handwriting</p> <p>On a sheet of paper have a go at writing out the months of the year. Remember to write a capital letter at the beginning of each word. April, May, June</p>
40 mins	<p>Maths</p> <p>Can you recognise these coins? One is a 1p coin and the other is a 2p coin. Now have a go at the ice-cream sheet. Can you count how much each ice-cream costs? Remember that some of the coins have a value of 1p and some have a value of 2p.</p> 
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'like'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Have a go at writing a simple sentence for each part of the 'Jack and The Beanstalk' story. Use the pictures and the keys words on the sheet to help you. Complete the second page of the sheet. Remember finger spaces and capital letter and a full stop.</p>
Lunch	
15 mins	<p>Reading</p> <p>Which sight words can you find? Can you copy them into you book? Challenge: Can you find these words in another book in your home? Watch this clip to remind yourself how to read out loud https://www.bbc.co.uk/teach/superheroes/ks1-english-reading-aloud-with-the-worst-witch/zh6cpq8</p>
15 mins	<p>Wellbeing (mindful eating)</p> <p>Get a healthy snack such as raisins, apple, orange or any dried fruit. What do you notice about it? What colour is it? Is it small or large? What does it smell like? Can you squeeze it? Is it smooth, sticky or rough? Does it make any sounds? What does it feel like on your tongue? What does it taste of? How does it feel in your mouth? When you swallow it, can you feel the food going through your body? Discuss with an adult how you felt during that and what your noticed.</p>
30 mins	<p>Science</p> <p>Take a look at the two rainbow experiments in your pack. You should be able to complete these at home with things that you have in your house. You need an adult to supervise you with this and make sure you are using the correct equipment. Can you explain why each thing happens?</p>
Break	
10 mins	<p>Gratefulness</p> <p>Continuing with our week of gratitude. You are going to think about who has been thoughtful towards you while you have not been in school. Why are you grateful for this?</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

Day 7

 Look and say	 Look, say and write	 Cover and write
like		
so		
do		
some		

Day 7

Jack and the Beanstalk Writing Activity

Write a sentence about each of the story pictures. Use the boxes at the top to help you.

magic beans



window



climb



beanstalk



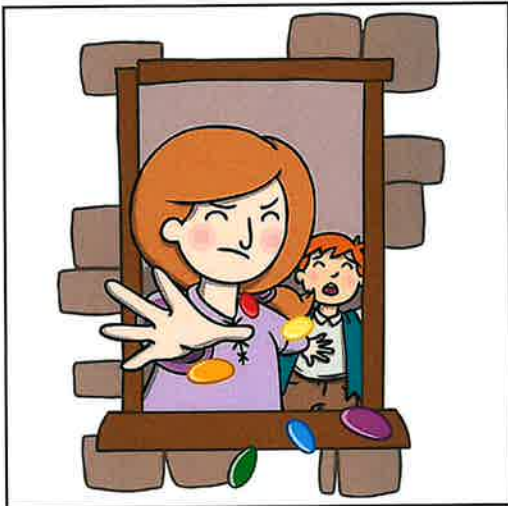
sound it out



finger spaces



full stop

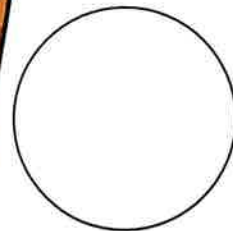
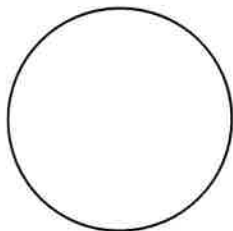
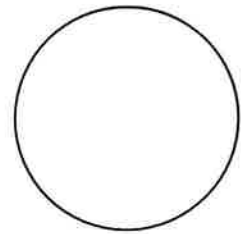
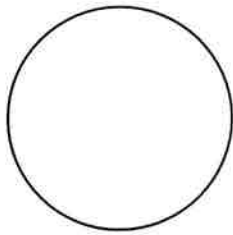




Day 7

How Much Do the Ice Creams Cost?

How much does each ice cream cost? Look at the coins and write the total amount in the circle.



Day 7

How Much Do the Ice Creams Cost?

How much does each ice cream cost? Look at the coins and write the total amount in the circle.

The image shows four ice cream cones arranged in a 2x2 grid. Each cone is on a wafer cone and has two scoops of ice cream: a top scoop of pink and a bottom scoop of white. The toppings are as follows:

- Top-left: Plain pink and white scoops.
- Top-right: Pink and white scoops with a single chocolate stick.
- Bottom-left: Pink and white scoops with two chocolate sticks.
- Bottom-right: Pink and white scoops with two chocolate sticks and colorful sprinkles.

To the right of each cone is a set of two-pence coins. Each coin is circular and features a lion rampant. The number of coins is:

- Top-left: 3 coins.
- Top-right: 4 coins (3 in a vertical column, 1 to the right).
- Bottom-left: 6 coins (3 in a vertical column, 3 in a horizontal row).
- Bottom-right: 10 coins (5 in a vertical column, 5 in a horizontal row).

Below each set of coins is a large empty circle for writing the total cost.

How can you get the coloured water from one glass to another using kitchen roll?
Can you fold your kitchen roll into quarters so it is long and thin?
Which coloured water are you going to put your kitchen roll in first?
What starts to happen to the water?
What happens to the jar that has both pieces of kitchen roll in?
What colour is made when you use red and yellow water?
What colour is made when you use red and blue water?
What colour is made when you use blue and yellow water?
What colour is made when you use blue, red and yellow water?

Science Experiment

Walking Rainbow

Science Experiment

Walking Rainbow

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What happens to the jar that has both pieces of kitchen roll in?

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What colour is made when you use red and blue water?

What colour is made when you use blue and yellow water?

What colour is made when you use blue, red and yellow water?

Walking Rainbow

Science Experiment



Method

1. Decide on the 2 colours you want to mix and fill 2 glasses, each with a different coloured water.
2. Cut a piece of kitchen roll in half, then fold it into quarters lengthwise so you end up with one long thin strip of kitchen roll.
3. Put one end of the kitchen roll into one glass of coloured water and the other end into the empty glass.
4. Prepare another piece of kitchen roll and place the end of that one in your other glass of coloured water, with the other end in the same empty glass as the first piece of kitchen roll.
5. The water from both glasses 'walks' up the paper towels into the empty jar and stops when the level of water in all 3 glasses is equal.
6. The empty glass will now be a combination of the 2 other glasses, so is excellent for colour mixing activities.
7. Repeat with different primary colours. You could even try with all 3 primary colours into the same glass.

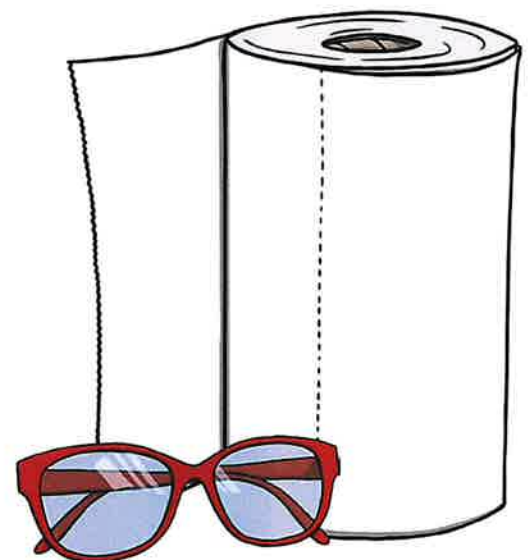
You will need:

Empty glasses

Water

Food colouring: red, yellow and blue

Kitchen roll



Day 7

Make a Rainbow

The Science Behind the Experiment - A Guide for Adults

Light travels in waves and is made of a mixture of different colours. As light travels through the water it changes speed and is bent, or refracted. The different colours have different wave lengths and refract by different amounts. This makes the colours split up, or disperse, into a spectrum of the different colours of the rainbow. When it is sunny and rainy, the sunlight enters a raindrop and is refracted and dispersed into the colours of the rainbow. Some of the refracted light is reflected off of the back of the raindrop and refracted again as it comes out. This creates a rainbow, or sometimes a double rainbow.

Science Experiment

Make a Rainbow

What is a rainbow?

Have you ever seen a rainbow before?

What was the weather like?

Can you see our rainbow?

What colours can you see?

What happens when we turn off the water
or move the glass out of the sun?

Make a Rainbow

Science Experiment



Method

1. Begin by talking to the children about rainbows. Maybe they have seen one in the sky. Tell the children that to make a rainbow it needs to be sunny and rainy at the same time.
2. Tell the children that they are going to make their own rainbow!
3. Show the children the glass or bowl of water and carefully place it on a sunny windowsill.
4. Look around the glass, on the floors or on the walls to see a rainbow. It may be easier to see the rainbow by moving a piece of white paper near the glass.
5. This experiment can also be done outside on a sunny day. Use a hose to create a fine mist of water and hold it up in the air – you should be able to see a rainbow through the mist! Remember to have your back towards the sun to do this experiment.

You will need:

Glass/bowl of water or water spray from a hose





















Sunny window or sunny outside area




Piece of white paper



Day 8	
30 mins	<p>Get active / wake up shake up</p> <p>Take a look at the fun fitness bingo. Pick 5 different stretches that you are going to do. You could pick different stretches later on in the day for movement breaks!</p>
10 mins	<p>Handwriting</p> <p>On a sheet of paper have a go at writing out the months of the year. Remember to write a capital letter at the beginning of each word. July, August, September</p>
40 mins	<p>Maths</p> <p>Have a go at matching the coins with the correct values. Cut and stick the coins. Remember to take care when using scissors.</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'come'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Have a go at writing a simple sentence for each part of the 'Jack and The Beanstalk' story. Use the pictures and the keys words on the sheet to help you. Complete the third page of the sheet. Remember finger spaces and capital letter and a full stop.</p>
Lunch	
15 mins	<p>Reading</p> <p>Write down each letter from the alphabet in your book. Check that you have remembered them all- there should be 26 letters! Can you find things around your home or in your garden that start with each letter of the alphabet? Write or draw the things beside each letter.</p>
15 mins	<p>Wellbeing</p> <p>This method we are learning today will help re-focus you. It is like an acrostic but it is a way to remember how to STOP and refocus yourself.</p> <p>S- Stop what you are doing</p> <p>T- Take a deep breath. Breathe in for a count of five, hold for a count of one and breathe out for a count of eight (just like Day 1's breathing technique)</p> <p>O- Observe what is happening around you at this moment.</p> <p>P- Proceed with what you were doing.</p> <p>Keep trying this throughout the week if you feel you need to re-focus yourself! This is a very useful hint to keep you concentrating!</p>
30 mins	<p>Non-Core (PE)</p> <p>Today we are going to learn a dance routine! You can choose either 'Don't stop the feeling' with Kidz bop https://www.youtube.com/watch?v=Qjblhvzvjsk or Trolls with Oti Mabuse https://www.youtube.com/watch?v=MCe06Q3p7Mc Have fun!</p> <p>If you can not get onto the internet. Put on your favourite song and create your own dance routine.</p>
Break	
10 mins	<p>Gratefulness</p> <p>Today you are going to remember a 'whimsical' memory. Think about a memory that is funny, makes you laugh or was very fun! You could try and re-create this memory!</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

Fun Fitness Bingo Cards

<p>Backwards Lunges</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Climb the Rope</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Upwards Punches</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Sumo Squats</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Frog Jumps</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>
<p>Shoulder Taps</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Twist and Jump</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Front Kicks</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Side Lunges</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Marching on the Spot</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>
<p>Star Jumps</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Squats</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Forward Punches</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Elbow to Knee</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Box Push-Ups</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>
<p>High Knees with Punches</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Squat with Punches</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Upper Cuts</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Mummy Kicks</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>	<p>Running on the Spot</p>  <p>© 2014 Pearson Education, Inc. All rights reserved.</p>

 Look and say	 Look, say and write	 Cover and write
come		
were		
there		
little		

Coin Recognition



Cut and stick the coins in the right place.




1p	
2p	
5p	
10p	
20p	
50p	
£1	
£2	





Jack and the Beanstalk Writing Activity


Write a sentence about each of the story pictures. Use the boxes at the top to help you.

castle  giant 

hen  golden egg  harp 

 sound it out

 finger spaces

 full stop





Day 9

30 mins	Get Active / Wake Up / Shake Up Take a look at the 'what does this key open?' sheet. Think about the questions on the sheet. This will wake your brain up and get you thinking first thing in the morning!
10 mins	Handwriting On a sheet of paper have a go at writing out the months of the year. Remember to write a capital letter at the beginning of each word. October, November, December
40 mins	Maths Count the value of the coins in each jar. Remember to look carefully because some of the coins have a value of 1p and some have a value of 2p. On the other side of your sheet you need to draw in the coins to match the value. You could use 1p coins only or you could challenge yourself and use 1p and 2p coins.
Break	
20 mins	High Frequency Words Complete the high frequency word spelling sheet starting with 'one'. Can you write a sentence including each word you have practised today?
30 mins	Literacy Have a go at writing a simple sentence for each part of the 'Jack and The Beanstalk' story. Use the pictures and the keys words on the sheet to help you. Complete the fourth page of the sheet. Remember finger spaces and capital letter and a full stop.
Lunch	
15 mins	Reading Read along with the book 'The Old Toy Room' if you can follow this link https://www.youtube.com/watch?v=aDFA24nK8dU Look at these sight words - said, saw, look, down, she. Can you spot them in the story? Copy these words out and practise saying them. Can you use a squeaky voice, a quiet voice and a loud voice?
15 mins	Wellbeing (emotions) Take a look at the 'how do you feel today?' cards. Pick an emotion. Can you tell a story of something that has happened to you or someone you know linked to this emotion? Why did they feel this way? You could write this story down, create a story board or even act it out!
30 mins	Non-Core (DT) Have a look at 'how to make a snowflake'. In winter, we may be lucky enough to see snow. Can you make your own snowflake by following the instructions? Can you adapt the instructions and make a different pattern? You could take a picture of your creations or bring them back in your pack.
Break	
10 mins	Gratefulness Today you are going to list all of things that you are thankful for.
15 mins	Storytime Listen to a story. An adult could read you a story or you can listen to one online.




What Does This Key Open?

You find a key. What does it open?

Describe what happens when you find out . . .

Use all of your senses to describe what happens.



 Look and say	 Look, say and write	 Cover and write
<p>one</p>		
<p>when</p>		
<p>out</p>		
<p>what</p>		

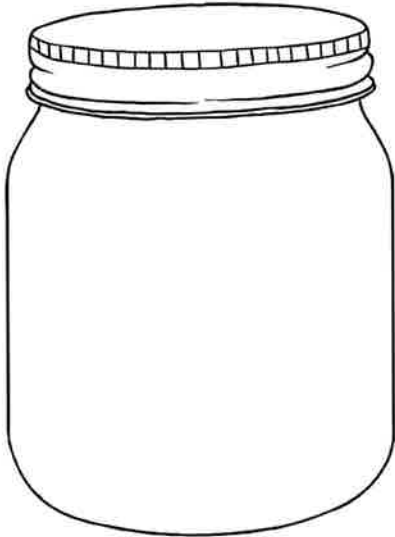
Day 9

How much money is in my jar?



Day 9

Make the following totals in the money jars by cutting out the coins on the next page.



2p



5p



7p



8p



9p



10p

Day 9

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Write a sentence about each of the story pictures. Use the boxes at the top to help you.

giant



hen



harp



beanstalk



sound it out



finger spaces



full stop





Day 10	
30 mins	<p>Get active / wake up shake up</p> <p>Take a look at Dory's Blue Fin Boogie. Follow the instructions on your sheet. You can play this with everyone in your house!</p>
10 mins	<p>Handwriting</p> <p>Have a go at tracing over the lines on the sheet. Try to stay on the line and then have a go at drawing the lines on your own.</p>
40 mins	<p>Maths</p> <p>Watch this clip on the value of coins: https://www.youtube.com/watch?v=vs8F_q3MGtM</p> <p>Find the 'Ordering Coins' sheet in your pack. Have a go at writing down the value of each coin and then cutting and sticking them into the correct order, starting with the smallest value and working towards the largest value.</p>
Break	
20 mins	<p>High Frequency Words</p> <p>Complete the high frequency word spelling sheet starting with 'don't'. Can you write a sentence including each word you have practised today?</p>
30 mins	<p>Literacy</p> <p>Have a go at writing a simple sentence for each part of the 'Jack and The Beanstalk' story. Use the pictures and the keys words on the sheet to help you. Complete the last page of the sheet. Remember finger spaces and capital letter and a full stop.</p>
Lunch	
15 mins	<p>Reading</p> <p>Find the 'I spy with my little eye sheet'. Try to read each word beside the picture when you find them. Challenge: Can you play I spy with someone in your house?</p>
15 mins	<p>Wellbeing (calming activity)</p> <p>We are going to complete mindful listening. Find a quiet space in your house or garden. Stand up straight and take 3 deep breaths. Close your eyes and focus on the sounds around you, what sounds can you hear? Is it loud? Soft? Quiet? How does it make you feel? Move places and try again. What different sounds can you hear?</p>
30 mins	<p>Non Core (ICT)</p> <p>It is very important to keep safe when you are online. https://www.thinkuknow.co.uk/globalassets/thinkuknow/documents/thinkuknow/parents/pdf/thinkuknow-5-7s-home-activity-sheet-1.pdf</p> <p>Watch episode 2 https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/ Talk to adult in your house about the clip - How did lots of people end up seeing the pictures? What made Mo feel sad? How did the friends get help when they needed it? What did Miss Humphrey say she would do to help? Draw a picture of your favourite character singing the 'funny tummy' song.</p>
Break	
10 mins	<p>Gratefulness</p> <p>Describe what is good and special about your family!</p>
15 mins	<p>Storytime</p> <p>Listen to a story. An adult could read you a story or you can listen to one online.</p>

Dory's Blue Fin Boogie



How to play...

- 1 Choose one person to be Dory, and they'll be in charge of the music. Everyone else moves into the middle of the floor.



- 2 When the music starts, everyone else start dancing and moving to the music. But remember as soon as the music stops – freeze!



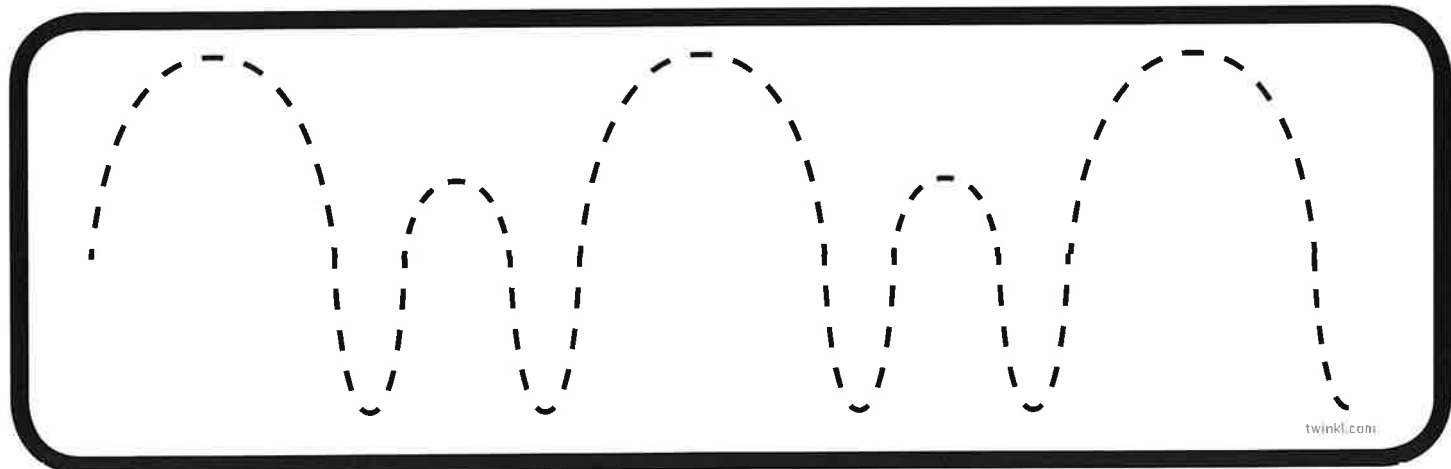
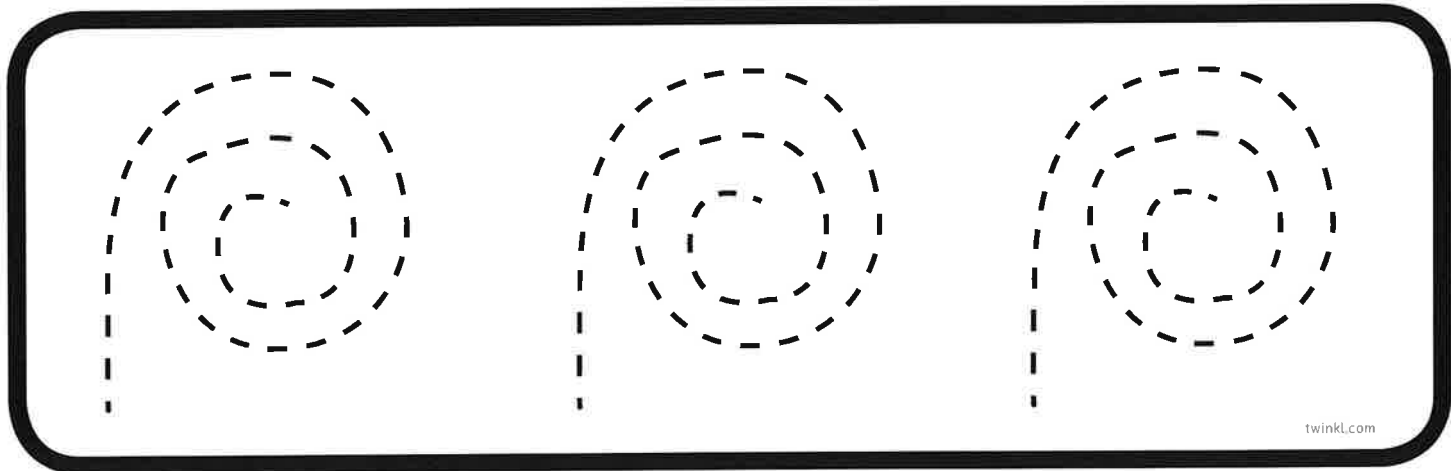
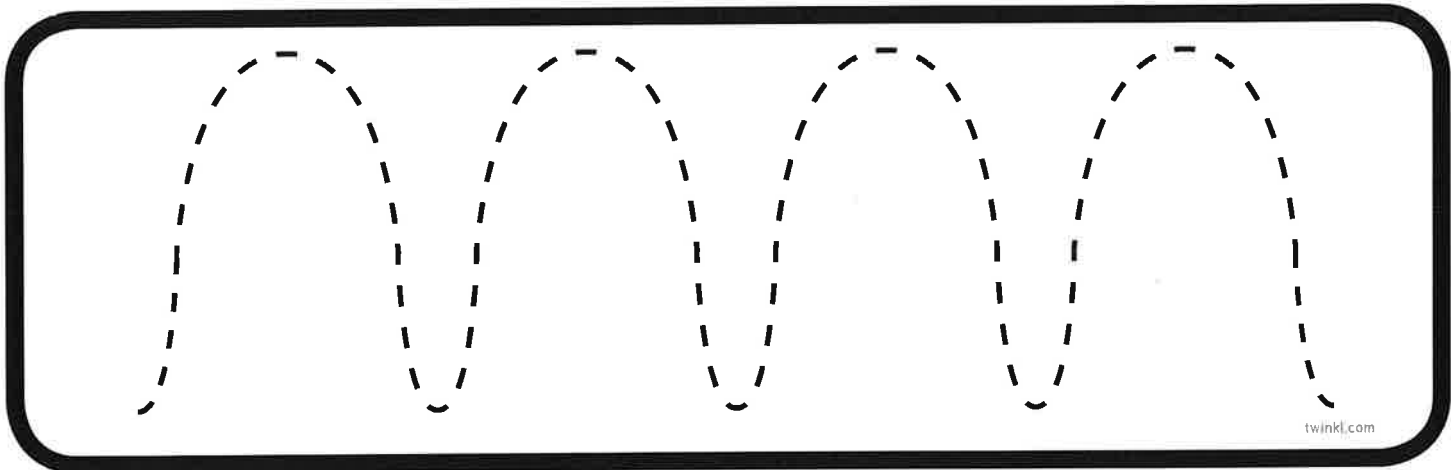
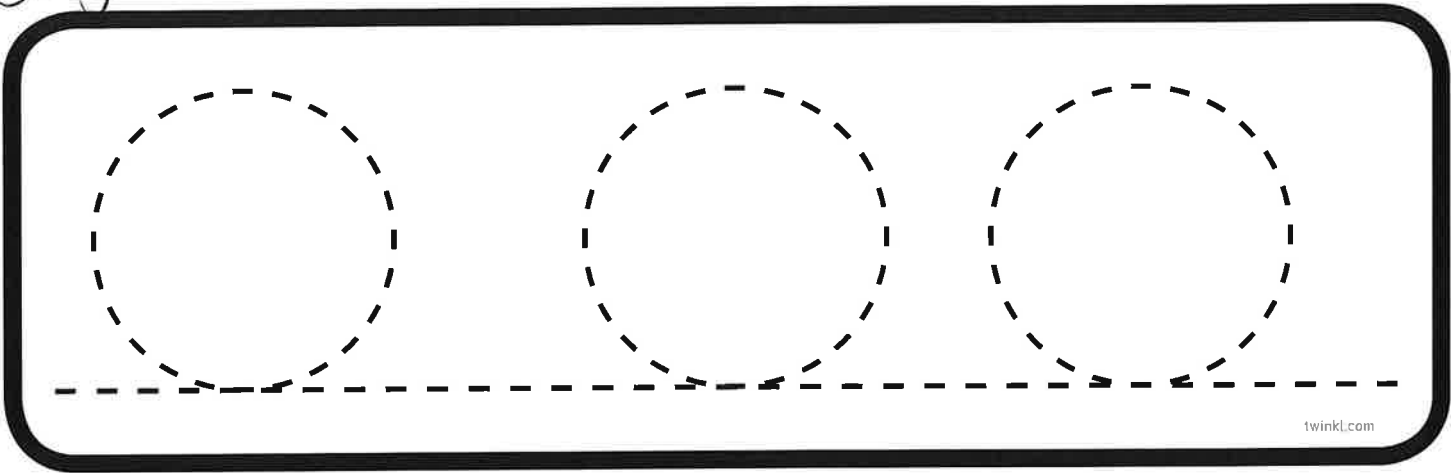
- 3 If you're the last one to stop moving, then you're out.



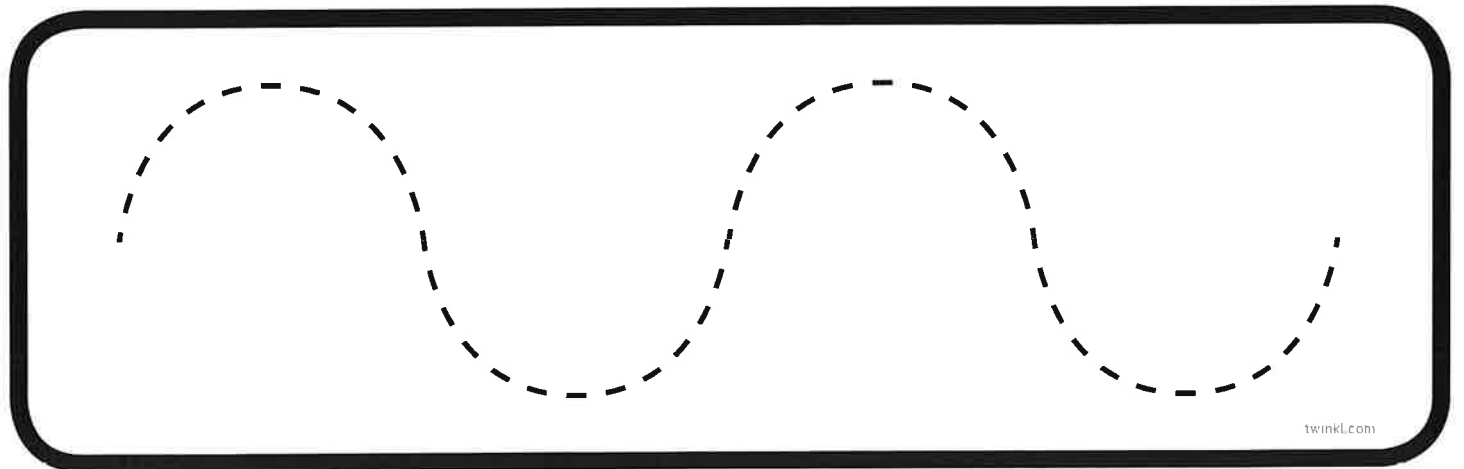
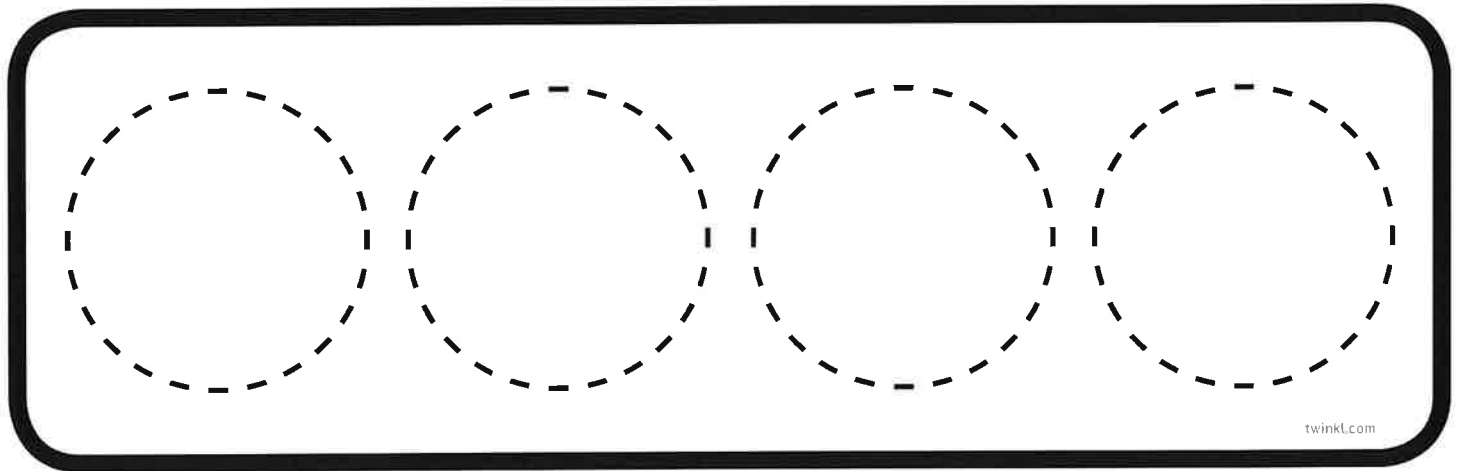
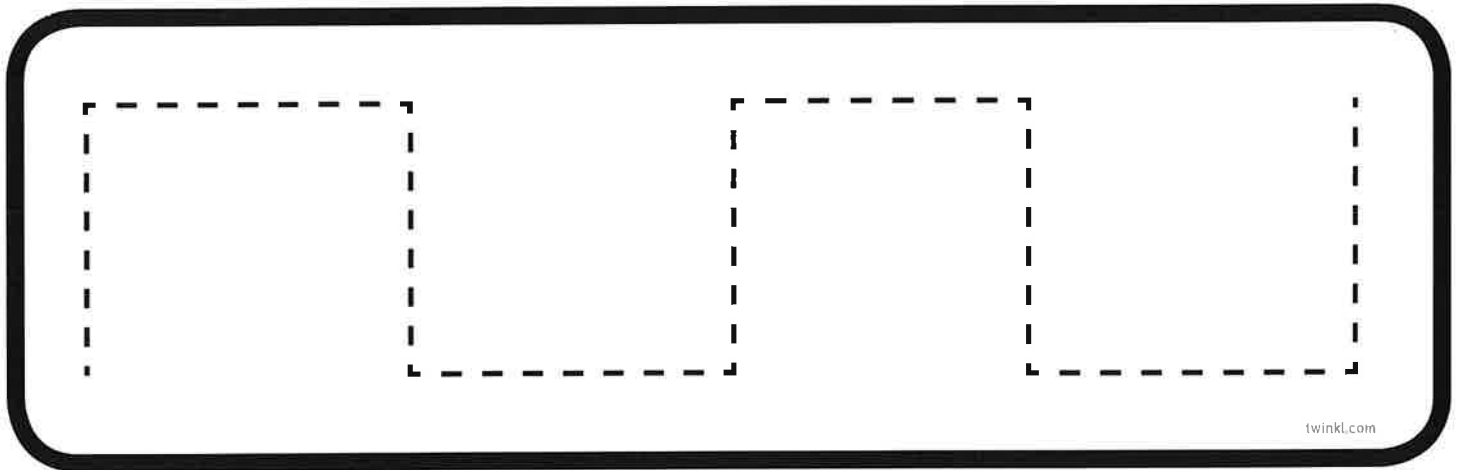
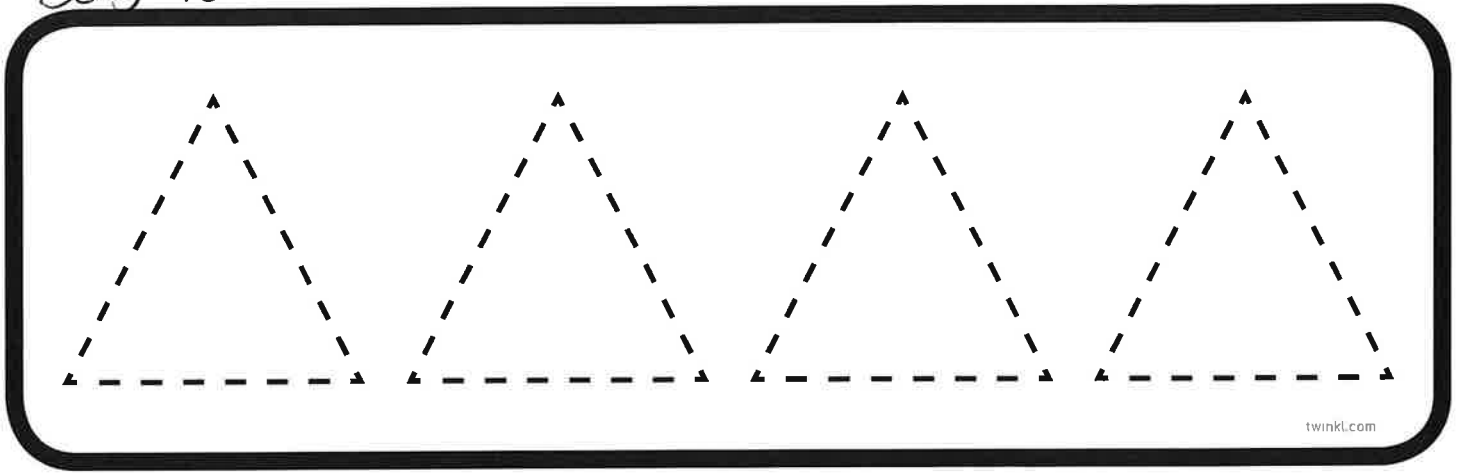
- 4 Keep going until there's only 1 person left and then it's their turn to be in charge of the music.






Day 10



Day 10



Day 10

 Look and say	 Look, say and write	 Cover and write
don't		
old		
I'm		
by		

Ordering Coins

Cut and paste the coins below and arrange them from smallest value to largest value in the boxes.

--	--	--	--	--	--	--

Smallest value

Largest value



visit [twinkl.com](https://www.twinkl.com)



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Write a sentence about each of the story pictures. Use the boxes at the top to help you.

axe



beanstalk



giant



fell



sound it out



finger spaces



full stop





Day 10

I Spy and Read

Draw a line to the matching picture when you have read each word.

pan



map



man



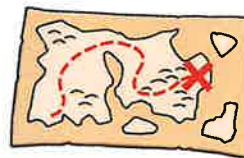
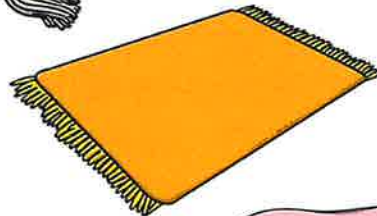
pig

cap

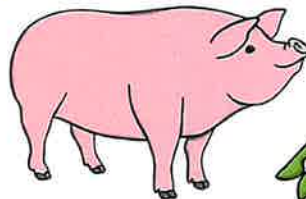


cot

tap



tin



Challenge: Can you spell a word to match one of the other pictures?

I Spy and Read

Draw a line to the matching picture when you have read each word.

sock



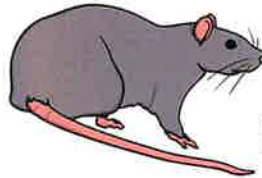
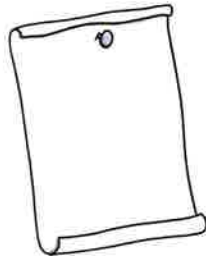
10



net



sack



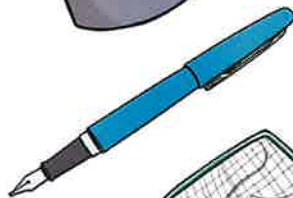
pen

neck



mug

tick



red



Challenge: Can you spell a word to match one of the other pictures?