# WALT: Can I write a character description?

| _____ is | Who? |
| --- | --- |
| | |
| | Appearance face, body clothing, shoes |
| | |
| | |
| | |

| | Quality |
| --- | --- |
| | |
| | What shows this? |
| | |
| | |

Week 7 Day 4

# My Favourite Subject

I love science because we do great experiments, like launching parachutes and making electrical circuits. When I get home I'm going to have another go at making a space rocket powered by balloons. I hate running out of time in experiments, but if I have tea early, it should be ok.

Has the child run out of time in experiments before?
Is the child worried about something?

# WALT: Can I understand what makes up a centimetre?

Lesson 4 Week 7

## Can you remember?!

Measurement conversions

**Length**

1 kilometre = 1000 metres

1 metre = 100 centimetres

1 centimetre = 10 millimetres

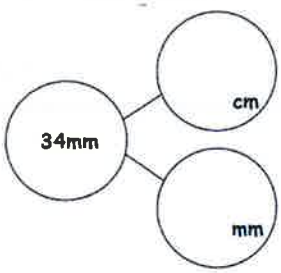
km
m
cm
mm

## Have a think about this...

How many mm are in 1cm?

If you have a ruler at home use it!

If not have a look at the one below...




## Try these!

We can convert m to cm and cm to mm. Now what happens if we only have 4mm?

What would that be in cm?

0cm 4mm because there are no centimeters!

Now, have a go at these...

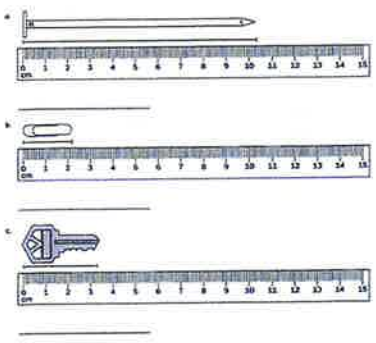
6mm = cm mm

8mm = cm mm

5mm = cm mm

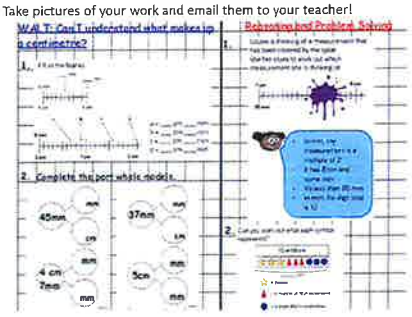
2mm = cm mm

## What about this?



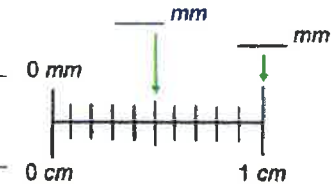
## Your task!

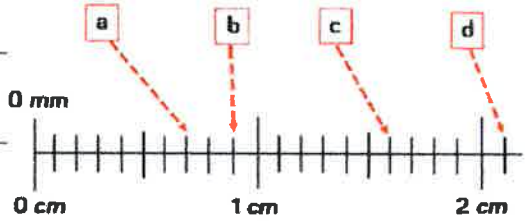
Complete the worksheet on Teams, in your home learning pack or from the school website. Take pictures of your work and email them to your teacher!



# WALT: Can I understand what makes up a centimetre?

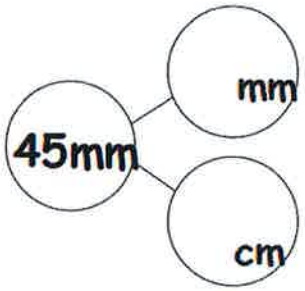
**1.** Fill in the blanks.

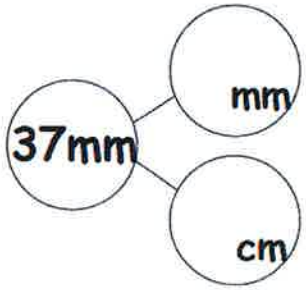


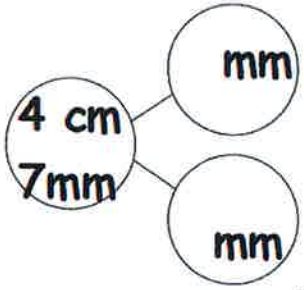



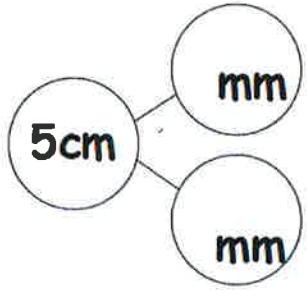

a = ___ cm ___ mm
b = ___ cm ___ mm
c = ___ cm ___ mm
d = ___ cm ___ mm

**2.** Complete the part whole models.



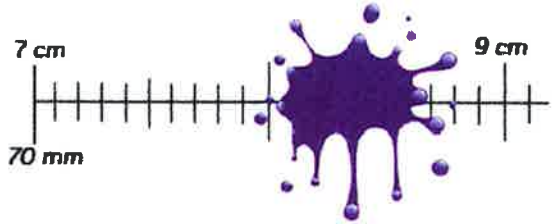



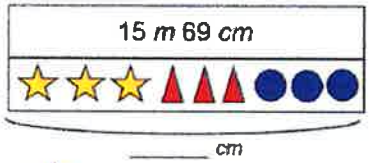

# Reasoning and Problem Solving

**1.** Louise is thinking of a measurement that has been covered by the splat.
Use her clues to work out which measurement she is thinking of.




- In mm, my measurement is a multiple of 2
- It has 8 cm and some mm
- It's less than 85 mm
- In mm, the digit total is 12

**2.** Can you work out what each symbol represents?




= metres

= a multiple of 10 in centimetres

= a single digit in centimetres

WALT: Can I explore the different ways that individuals can express themselves?

# Express Yourself

## This Is Me!

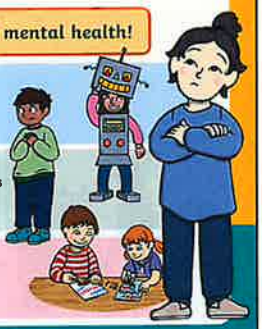

## Expressing Yourself

**It can be great for our mental health!**

Expressing yourself means letting others see who you are as a person.

It means letting your feelings and emotions out and sharing them with others.

It means doing something you love – something that makes you feel good.



## Expressing Yourself

**We can all express ourselves in different ways.**

## Expressing Yourself

Lots of people express themselves through drawing or painting. The colours they use and the things they draw reflect how they are feeling.

Some people express themselves through music. This could be singing, playing an instrument or dancing. They often find that this helps them to feel happy or calm.

## Expressing Yourself

You can also express yourself through acting and drama. Some people like to dress up, pretend to be someone else or perform on a stage.

Others express themselves through writing. It could be writing your feelings down in a diary or a letter. It could be expressing creative ideas through stories or poems.

## Expressing Yourself

You can also express yourself through the clothes you wear or the way you style your hair. Some people like to get really creative with their appearance!

You can even express yourself through your hobbies. This could be anything from chess to rugby!

## Expressing Yourself

How do you like to express yourself?

Remember, expressing yourself creatively doesn't mean being really good at something or having to perform for others. It's about doing something that makes you feel good.

## Good to Be Me!

How does it feel when you are expressing yourself?

Hopefully, it feels good!

## Good to Be Me!

How does it feel when you are expressing yourself?

It doesn't matter what others think of us when we're singing, dancing, acting or painting.

What matters is that we have the freedom to be who we want to be.

## Good to Be Me!

Isn't it wonderful that we can all express ourselves in different ways that suit us?

It feels good to express yourself. It also feels good to support and encourage others.

How could you inspire others to express themselves?

## Reflection

In this moment of quiet, think about:

what makes you who you are and all the things you enjoy;

the ways in which you can express your personality, thoughts and feelings to others;

how you can learn about others when they express themselves to you and how we can all celebrate our individuality.

# Express Yourself

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| i | y | u | z | p | p | o | e | t | r | y | m |
| n | q | n | b | r | r | a | y | l | z | y | r |
| k | i | n | d | i | v | i | d | u | a | l | a |
| v | e | v | i | a | o | u | a | t | r | j | n |
| r | o | d | k | r | w | f | v | n | h | h | y |
| c | r | e | a | t | i | v | e | e | a | w | o |
| j | s | s | q | c | c | m | s | m | x | r | u |
| z | c | i | s | u | m | m | v | e | j | i | r |
| s | u | n | i | q | u | e | x | v | n | t | s |
| q | s | s | e | r | p | x | e | o | l | i | e |
| s | p | o | r | t | s | o | p | m | u | n | l |
| l | r | d | r | e | a | m | e | j | o | g | f |

art
creative
dream
express
individual
movement
music
poetry
sports
unique
writing
yourself

Week 7 Day 4

thought

door

may

only

ran

dog

many

know

well

sea

Week 7 Day 4

1) ___ x 2 = 10
2) ___ x 2 = 6
3) 2 x ___ = 2
4) 2 x ___ = 12
5) 4 x 2 = ___
6) 0 x 2 = ___
7) 2 x ___ = 14
8) 10 x 2 = ___
9) ___ x 2 = 4
10) 2 x ___ = 8
11) 12 x 2 = ___
12) ___ x 2 = 20
13) 2 x 5 = ___
14) 2 x 3 = ___
15) 2 x ___ = 18
16) ___ x 2 = 16
17) 2 x ___ = 22
18) ___ x 2 = 0
19) 11 x 2 = ___
20) 2 x ___ = 24

21) 2 x ___ = 12
22) ___ x 2 = 8
23) 2 x 7 = ___
24) 3 x 2 = ___
25) 2 x ___ = 10
26) ___ x 2 = 2
27) 8 x 2 = ___
28) 2 x ___ = 24
29) ___ x 2 = 2
30) 7 x 2 = ___
31) ___ x 2 = 0
32) ___ x 2 = 18
33) 2 x ___ = 2
34) 6 x 2 = ___
35) 2 x ___ = 16
36) ___ x 2 = 6
37) 2 x 11 = ___
38) 2 x ___ = 20
39) ___ x 2 = 24
40) 2 x 0 = ___