

# Mehndi with Conversation

Where: WEA, Phoenix House,  
King Street, Leicester, LE1 6RN

When: Mon 23.02.26 - 23.03.26

How long: 5 sessions

Time: 12pm - 2.30pm

Reference: Q00026227

Cost: Funding Available

This welcoming course introduces the art of Mehndi while creating a relaxed space for conversation, connection and wellbeing. You will learn simple, traditional and contemporary Mehndi designs, explore patterns step-by-step, and practise techniques in a supportive group environment. Alongside the creative activity, you'll take part in friendly discussions that encourage confidence, mindfulness and community.

By the end of the course, you'll have developed your Mehndi skills, met new people, and discovered how creative expression can support calm, focus and personal wellbeing.

**Start your journey**



**Find out more:**

**Simply visit [thewea.info/MehndiwithConversation](https://thewea.info/MehndiwithConversation)  
or call 01332 002193**



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