

SCRAPTOFT VALLEY PRIMARY

Be Kind - Be your best - Be respectful - Be proud

October 2026

We have had a great first half term to the year. So, grab a cuppa and look at all the wonderful things we have been doing across the school since September!

Thank you to everyone who came to parents evening last week. It was great to see so many of you there and to welcome new families to our school too.

Next parents evening:
1st and 4th February 2027



Congratulations to the following children for being the first children to get a special headteacher certificate during our achievement assemblies this module:

Discovery class – Neo
Yellow class – Rehaan
Class 1 – Muhammad A
Class 2 – Alfie
Class 3 – Ramone
Class 4 – Arman
Class 5 – Bambi
Class 6 – Ruhaan
Class 7 – Adam
Class 8 – Sam
Class 9 – Karter
Class 10 – Deen
Class 11 – Arveen
Class 12 – Aliza
Class 13 – Arlo
Class 14 – Tommy



Congratulations to Class 5 (Mr Brooker's class) for being the first class to get all 10 letters to spell ATTENDANCE by everyone coming to school each day for 10 days!!!

We hope you enjoyed your class treat of bringing your teddy to school for the day 😊



Thank you to everyone who came to Parent workshop last week. We had 50% of families join us for lots of Mental Health Awareness and learning together!

Next date: Weds 17th March 2027

Theme: Women in History

Have a lovely half term
and we will see you back on
Monday 26th October at 8.45am

Our school council have been busy planning **new G2BG prizes**, **helping LCH choose their new charity logo** and have **shared ideas of games and competitions** for the Halloween parties! School council is an excellent way to hear what SVPS children really think!



Today we have said GOODBYE to Mrs Wearn and Mrs Harun who are moving on to new and exciting opportunities.



After half term, we will also be saying goodbye to Miss Varatharajah (TA) who is going to work for a domestic abuse charity, Miss McCarthy (office) who has accepted a promotion at a Special School and Mrs Rayns (office) who is retiring after working for Leicester City Council for over 30years!!!!

Safeguarding

AI (Artificial Intelligence) is being used to turn ordinary photos of children into sexual abuse material. The National Crime Agency and Internet Watch Foundation have issued new guidance to help parents make informed choices about sharing images of their children online.

It covers reviewing privacy settings, revisiting consent with your child as they grow, and what to do if you're worried.

The parent's guidance can be found here:

www.iwf.org.uk/resources/ai-child-abuse-imagery-parent-guide/



School Council

School Council is led by Miss Frearson and is made up of two children from each class, from Year 1 to Year 6, democratically voted for by their classmates. Our School Councillors wear a purple lanyard so they are easily identifiable to everyone.

This year the main focus for School Council will be imbedding our new School Values across the school.

Be kind – Be Your Best – Be Respectful – Be Proud

School Council meet regularly to discuss ideas and complete tasks, ensuring everyone at SVPS has an opportunity to voice their views about school and share new ideas on how we can make Scraftoft Valley an even better place to be!



Class 3 - Anaya and Monaco
Class 4 - Aurora and Zakariya
Class 5 - Navy-Grace and Rhys
Class 6 - Romeiya and Kyrie
Class 7 - Sabrina and Zaryab
Class 8 - Dusty and Ernie
Class 9 - Sienna-Rae and Karter
Class 10 - Zareen and Ayman
Class 11 - Dima and Mohammed
Class 12 - Charlotte and Logan
Class 13 - Umaymah and Kaige
Class 14 - Ida-Blu and Remai



Does your child worry?

Do they find it hard to:

- Be away from parents or carers?
- Go to school?
- Go to bed?
- Talk to other people?
- Cope with fears?



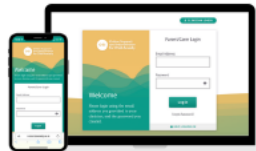
OSI (Online Support and Intervention) is an online programme for parents and carers of children aged 5–12 years.

It helps you learn simple ways to support your child with anxiety.

OSI Online Support and Intervention for Child Anxiety

What does OSI include?

- Short weekly online sessions
- Videos, quizzes and easy activities
- A weekly phone call with a clinician
- Use it at a time that suits you, on any device.



Please speak to the school's **Mental Health Lead** to be referred.

Is your child worried or anxious?

Do they find it hard to:

- Be away from parents or carers?
- Go to school?
- Go to bed?
- Talk to other people?
- Cope with fears?



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SENCO Drop-in Sessions- Autumn Term

Drop-in sessions are continuing in school and will take place on Friday mornings on set dates. Miss Ledger (SENCO) will be available to discuss any worries or concerns you have about your child. This can be to gain advice on what to do next, be signposted to local services or have support in making referrals to other agencies if required. No appointment is necessary, turn up on the day anytime between 8.30-10.30am and Miss Ledger will see parents in 10minute slots on a 1:1 basis to support. Parents are seen on a first come first served basis. If you cannot make the drop-in session in person and would like a phone class, please inform the office.

Drop in dates:

Friday 30th October

Friday 13th November

Friday 27th November

Friday 11th December

Awareness Days!

Over the academic year, each year group will have their own awareness day to celebrate and learn more about! See below:

Foundation Stage- Child's Mental Health Awareness week (May)

Year 1- Speech and Language (May)

Year 2- Downs Syndrome (March)

Year 3- ADHD (September)

Year 4- Deaf Awareness (May)

Year 5- Autism (April)

Year 6- Dyslexia (October)

Keep an eye out for more information from your child's teachers 😊

Mental Health Support Team (MHST) at Scraftoft Valley Primary School

Thank you to everyone who attended parents evening and engaged with the MHST presentation and also to those parents who attended the coffee morning with the MHST on 9th October!

Dates for your diaries:

4th November- children's lunchtime drop-in with a member of the MHST. Year 4, 5 and 6 will have a colouring station ran by a member of the MHST where they are able to talk about worry, anxiety or low mood should they wish to. They will talk about helpful strategies they could use when feeling worried or anxious and talk about how to use these in school!

20th November 9.15am- MHST anxiety workshop for parents! Come along to learn different strategies to use with your child! You can also talk to a practitioner about a referral if you wish.

7th April- Year 6 Exam stress workshop (to support your child with worry about SATS)

14th June- Year 6 transition workshops

We are excited to keep working with the Mental Health Support Team to provide the best support for your child. If you feel your child would benefit from 1:1 work with the MHST, please talk to your child's class teacher or Miss Ledger.

Clubs!

Art — Reception

The children in Reception have been very creative over the last few weeks and worked hard to make lots of different master pieces.

They have practised lots of skills like painting, drawing and cutting. So many beautiful pieces of artwork have been created.



Tennis —Year 3 and 4

Our Year 3 and 4 Tennis Club has helped pupils develop their racket skills, accuracy and court awareness. The children have enjoyed taking part in rallies, learning game tactics and improving their teamwork and sportsmanship, while growing in confidence each week.



Board Games —Year 5 and 6

Board Games Club has been a fantastic success this term, providing pupils with a fun and engaging opportunity to develop important skills while enjoying a variety of games with their friends. Children have shown excellent teamwork, communication and problem-solving skills. It has been wonderful to see pupils learning to take turns, think critically and support one another, all while having lots of fun!

We are incredibly proud of the positive attitudes and enthusiasm shown by everyone who attended.



Tennis — Year 1 and 2

Our Year 1 and 2 Tennis Club has had a fantastic time, with pupils developing a range of skills. The children have practised their hand-eye coordination, racket control, sending and receiving the ball, agility and balance, while also learning the importance of teamwork.

Upcoming Club!

We are really excited to announce the upcoming club of **TAG Rugby** with coaches from **Leicester Tigers**! The club will be for 6 weeks costing **£10** in total for the 6 sessions for children in **Year 3 and 4**. *There is only 20 spaces in the club so will be on a first come first served basis!*

Start date: **Wednesday 4th November 3:15-4:15pm**. It will be every Wednesday after school for 6 weeks with the final session on 9th December. *Booking will open via the school app on Monday 19th October as this club has different dates and times to our usual clubs.*

TAG Rugby is lots of fun, action packed and a great chance to learn new skills and be active. TAG Rugby is a fantastic introduction to the game of rugby and really helps increase fitness due to its fast pace. It's a fun, fast-moving, non-contact game, ideal for all children.

We can't wait to see the skills our children will be learning!



**TRAIN LIKE
A TIGER**

Parent Governor Vacancy

We are currently looking for a new parent governor to join our friendly governing body.



Our governors come from a range of different backgrounds, but all share a common interest of wanting the best possible education for the children in our school.

What do Governors do?

School Governors make a positive contribution to children's education by offering support and challenge to help maintain high standards and monitor resources effectively.

- Helping to create our school vision for the future.
- Monitoring educational performance standards and ensuring our children fulfil their potential.
- Overseeing the financial arrangements of the school / making sure public money is well spent.

What are we looking for?



We are looking for people with enthusiasm and the time and commitment necessary to fulfil the role. We are also looking for people from different backgrounds and with different skills, knowledge and experiences.

The essential skills a Governors must have are a commitment to the school, time to attend meetings and read the paperwork beforehand, the ability to work within a team, and a desire to support and improve the lives of the whole school community including children, families and staff.

If you are interested in becoming a governor at Scraftoft Valley please speak to Miss Craig (headteacher) or contact our chair of governors Jenny Dnes jdnes@scraftoftvalley.leicester.sch.uk

Exciting swimming news:

In February, we will be welcoming back the temporary pool in the KS1 playground for our Year 3 children to complete their FREE swimming lessons as part of the PE curriculum.

There will be extra top-up sessions for year 6 children, extra lessons for less confident swimmers and of course the after-school FUN swimming club for children in Year 3, 4, 5 and 6 will return!

Watch out for more information coming soon!

www.eliteswimming.co.uk





Book your tickets on the school app now!

There will be snacks, games, activities and prizes to be won – including prizes for the best costume!

Year 3 – ADHD Awareness Day

Year 3 enjoyed learning about ADHD. We read a brilliant story which clearly explained what ADHD is and how people with ADHD can feel. We learnt about things that can support people with ADHD.

We completed an arty scavenger hunt as part of the day and had lots of fun being creative outside!



Parent Workshop

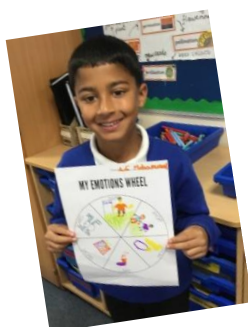
Reception celebrated World Mental Health Day with a wonderful Parent Workshop. Families enjoyed a range of calming and creative activities, including colouring, scented play dough and the creation of beautiful mindfulness butterflies. The children and their parents had a fantastic time learning and creating together.



Year 3 Parent Workshop

As part of our Year 3 Parent Workshop for World Mental Health Day, we focussed on our feelings and how our emotions can change. We thought about ways that we can change our mood if we are feeling sad or angry. We made emotions wheels, created colourful chameleons, drew emotions as animals/emojis and thought about our safe places. We also created a class pot of kindness by adding what made us feel happy. It was wonderful to see families working together.

Everyone had a fantastic time and the workshop allowed us all to talk about how to promote positive well-being. Thank you to those who attended.



Year 4's Parent Workshop

As part of our Parent Workshop for World Mental Health Day, Year 4 thought about all the ways we can look after our mental health and why it is important. We created a kindness tree and made our own monsters to eat up all of our worries. We thought about ways we can look after our mental health and decided that doing the things that we love and talking to people we trust is the best way to make sure our minds are healthy. Thank you to all of the families that joined us!



As part of our Year 5 Parent Workshop for World Mental Health Day, children and their families came together to explore the importance of mental health and wellbeing. Through a range of engaging activities, including word searches, poster-making and colouring activities, parents and children discussed what makes them feel happy, safe and supported, while also learning about different strategies they can use to cope with challenging situations. It was wonderful to see families sharing ideas, reflecting together and working collaboratively throughout the session.

Everyone had a fantastic time and the workshop provided a valuable opportunity to promote positive wellbeing.

Thank you to those who attended.



Coffee morning with the Mental Health Support Team

On World Mental Health Day, the Mental Health Support Team joined us for a coffee morning so that they were able to share what support they are able to offer children at Scraftoft Valley Primary School. Thank you to everyone who came!

If you wish to know more about the Mental Health Support Team, please speak to Miss Ledger!

Hello Yellow for World Mental Health Day!

Thank you to everyone who wore yellow for World Mental Health day on Friday 9th October.

Thank you for any donations to the charity Young Minds who continue to do fantastic work for children all over the country.

Overall we raised £176.



Year 1

World Mental Health Day

Parent Workshop



The children enjoyed completing activities linked to our theme of World Mental Health Day.



We made self-esteem mirrors and created a flower to show things that make us feel happy, safe and calm.



We practised breathing techniques and even made a jellyfish to help us!



Thank-you to all of the adults who were able to attend. We had a lovely, busy morning!



Mental Elf
festive fun run

Sunday 29th November
Victoria Park, Leicester

tickets now available!




Put on your elf ears and help raise funds and awareness for better mental health!
Suitable for everyone of all abilities. Run, walk or dance the route at your pace.

Registered charity number: 1204524 www.lrmind.org

Tickets are now on sale for our
Mental Elf Festive Fun Run 2026

Mental Elf is a fun, festive event
for all ages, bringing families,
friends, and communities together
to get active and support positive
mental wellbeing.

Whether you walk, jog, run, or skip
around the course, it's all about
having fun while raising awareness
of the importance of looking after
our mental health.

As well as being a fantastic family
day out, the event raises vital
funds for Leicestershire, Leicester
and Rutland Mind, helping us
continue to provide essential
mental health support across our
local communities.

 **Funded by
UK Government**

**AAA FOUNDATION
YOUTH ACTIVITIES**

Netherhall Neighbourhood
Centre
Thursdays 4.00 - 6.00pm
Thursdays 6.30 - 8.30pm
Start date 3rd September 26

Cookery Classes
Football Basketball
Games, Arts & Craft

Tel: 07984309776

OPEN TO CHILDREN & YOUNG PEOPLE
AGES 8 TO 12YRS 4 - 6PM
AGES 13 TO 19YD 6.30 - 8.30PM





YouthService
Leicester City

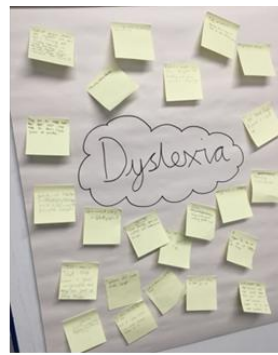
**COMMUNITY
FUND**

**Check out the activities at our
local community centre!**

Year 6 – Dyslexia Awareness Day

Year 6 had a great afternoon learning about dyslexia. They found out about some of the challenges that people with dyslexia face as well as some of their strengths such as being good problem solving and good at puzzles.

They learnt about famous people who have dyslexia and how they haven't let dyslexia hold them back and they found out about a successful business woman who discussed what it like to be a business owner with dyslexia.



Good to be Green- Baking Cookies!

A big thank you to our school council for showing what democracy looks like in action by listening to student voices and contributing on the decision for which prizes everyone would like this year! We have some new exciting prizes to look forward this half term was one of them! 13 lucky children enjoyed baking some delicious cookies. They were absolutely delicious and were enjoyed by all!



Well done to the lucky winners!





We have successfully renewed our Eco Green Flag Award with Distinction again! A massive THANK YOU to all our last year's Eco-Committee members (River, Radvin, Hind, Evie, Kyle, Addison, Esme, Gabriel, Riya, Reyna, Aleena and Het) as well all of our pupils, who worked hard on all of our actions to fight climate change.

This year's committee are:

Thea, Joella, Molly, Karter, Elyas, Deen, Anikah,
Lawe, Aliza, Raven, Isaac and Logan

After a careful school review, they have decided that our 3 new topics for this year are going to be:

WASTE – ENERGY – HEALTHY LIVING

Watch this space for the actions planned!

Already, our hard-working Eco-Committee made a positive impact on the environment: in September they went on a litter pick to the local park and filled 5 (five!) big bags with all sorts of rubbish. The most unusual by far was a part of a jet wash! 🌀



This term in *Our School Our World* we are focusing on

TRANSPORT



Which form of transport produces the most exhaust fumes?



We are learning about exhaust fumes, sustainable travel, air pollution, and looking for ways to increase the number of times we come to school on foot or cycling.

What is stopping you from walking or cycling to school? How could we help?
Write your ideas and give them to your teachers.



Our Gardening Club now welcomes children from Y4, Y5 and Y6. They are all very motivated and have shown great perseverance, team-work and resilience. For the moment, it's all about clearing out the allotment and preparing the poly tunnel for the indoor food growing - something new for us all! Our orchard did not give many fruits this year due to the very hot weather, so we are hopeful for next year.





Free Half Term Fun @ Hamilton Library

Create your own Windchime

Thursday 22 October

13:00 – 14:30

To find out more and to
book your free space,
scan the QR code!



Look how amazing our local library is! It is full of wonderful books, from picture books and graphic novels to exciting chapter books and non-fiction texts. Library membership is **free**, and children can borrow books as often as they like! There are no late or lost fees and there is a homework club every Thursday 4-6:30pm and Saturday 12 noon – 2:30. Why not check out Hamilton Library (next to Tesco) over half term?



Ten Top Tips when reading with your child

1. Encourage your child to read

Reading helps your child's wellbeing, develops imagination and has educational benefits too. Just a few minutes a day can have a big impact on children of all ages.

2. Read aloud regularly

Try to read to your child every day. It's a special time to snuggle up and enjoy a story. Stories matter and children love re-reading them and poring over the pictures. Try adding funny voices to bring characters to life.

3. Encourage reading choice

Give children lots of opportunities to read different things in their own time - it doesn't just have to be books. There's fiction, non-fiction, poetry, comics, magazines, recipes and much more.

4. Read together

Choose a favourite time to read together as a family and enjoy it. This might be everyone reading the same book together or reading different things at the same time!

5. Create a comfortable environment

Make a calm, comfortable place for your family to relax and read independently - or together. Turn off the TV, music and other distractions to help your child focus.

6. Make use of your local library

Visit your local library and explore all sorts of books and reading ideas for free!

7. Talk about books

Start by talking about what you can both see on the front cover – what do you think the book is about? Then talk about what you've been reading and share ideas. You could talk about something that happened that surprised you, or something new that you found out. How does this book make you feel? Does this book remind you of anything? Ask open questions or share your own thoughts rather than testing memory!

8. Bring reading to life

You could try cooking a recipe you've read together. Would you recommend it to a friend? You could play a game where you pretend to be the characters in the book!

9. Engage your child in reading in a way that suits them

You know your child best and you'll know the best times for your child to read. If they have special educational needs and disabilities (SEND) then short, creative activities may be the way to get them most interested. If English is an additional language, encourage reading in a child's first language, as well as in English. What matters most is that they enjoy it.

10. Make it fun!

We all learn when we are enjoying ourselves 😊 A happy 10 minutes is better than a difficult half an hour of reading.

Year 6

Literacy:

Year 6 have really enjoyed completing our first unit of work focusing on the incredible life of Muhammad Ali. They have written motivational speeches as well as a suspense story building up to the ring of the bell of his infamous fight vs. Sonny Liston.



Maths:

This first half-term has seen Year 6 revise prior learning on place value and the four operations but has also introduced some new content including converting remainders into decimals and fractions as well as long division. The children have shown excellent resilience when learning this new skill!

Reading:

We finished reading our first book of the academic year, 'Holes' and enjoyed sharing lots of theories along the way about why the children were really digging all of those holes (not just to make 'bad boys good'). Please encourage your children to read at home and bring their books in to share during our 'Book Club' sessions at school too!

Parent Workshop:

For 'Mental Health Week' Year 6 joined in with lots of activities to focus on the importance of looking after our mental health and how to do it; we made posters and practised lots of different regulation techniques. The chair push-ups was a favourite with the record being over 50!



DT:

Our theme this time was 'Building Bridges' which saw children working in groups to construct a free-standing structure. We researched different structures, shapes and famous bridges to inform our ideas; and children worked in groups to construct their bridge. All children showed a real aptitude for careful measuring and sawing with some really creative designs this year!



Event Days:

We've also enjoyed 'Dance in a Day' with the whole of Year 6 performing a dance to EYFS and Year 1 - both children and staff showed real enthusiasm and deserved a good sit down afterwards!

National Poetry Day also produced some wonderful poetry that was recited aloud by lots of children too.

What a busy first half-term!

Sponsored Bike and Scooter Ride!



All of the children in Discovery Class and the Foundation Stage took part in a fantastic sponsored bike and scooter ride. We raised an amazing £777!!!! Thank you to all the families who helped us to raise this amount. We will be able to buy lots of new toys and resources for our outdoor area 😊