

SCRAPTOFT VALLEY PRIMARY

“Working together to give every child an excellent education in a caring environment”

April 2025



End of Spring Term

As the Spring term has come to and end, we are moving into the final term for this academic year with lots of exciting things to look forward to, including trips, transition events, disco and the return of the Colour Dash!!!!

Lost property will be completely cleared at the end of each term. All named items will be returned to children before the remaining items are sent to charity.

Thank you to those that came to the Screen time talk last week—we hope you found it useful.



Congratulations to Mrs Okhai on the birth of her baby daughter



We are excited about the new menu and catering changes for school dinners this term...see more details on the next page!

LUNCHTIME

Congratulations to our G2BG winners who will have an afternoon of penalty shootouts and ice lollies with Coach Jay today



With the sun starting to shine please send your child to school with a named drinks bottle!



Enjoy the Easter break! We will see you on Monday 28th April at 8.55am



FOOD FESTIVAL LUNCHTIME TRADITIONAL Menu 1

	MAIN EVENT	WELL-BEING MAGIC	RAINBOW ALLEY	THE BIG TOPPING	DESSERT TROLLEY
MONDAY	All Day Remembrance	Margherita Pizza Slice and Slices	Baked Beans	Beans, Cheese or Tuna Maje	Yellow Biscuit Bats
TUESDAY	Penne Style Chicken Sausage Roll Lunch	Winger Style Wagyu Sausage Roll Lunch	Croquettes	Beans, Cheese or Tuna Maje	Classic Trifle
WEDNESDAY	Roast Chicken, Beef Chunks, Stuffing and Gravy	Vegetable and Stuffing Leaf with New Potatoes	Carrots and Cabbage	Beans, Cheese or Tuna Maje	Bananas and Custard
THURSDAY	Sausage and Beef Chunks Pasta Bake	Wagyu Sausage Stir Fry	Green Salad	Beans, Cheese or Tuna Maje	Savoury and Pesto Pasta
FRIDAY	Golden Fish Fingers or Salmon Fingers and Chips	Cheesy Bean Strain with Chips	Wash	Beans, Cheese or Tuna Maje	Chicken Chip Bar

Special Offer: Buy 10 or more with your school order and get 10% off!

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Special Offer: Buy 10 or more with your school order and get 10% off!




Our school lunches are now being provided by Aspens and are going down REALLY well with the children!

Check out the new menus on our website

<https://www.scraptoftvalley.leicester.sch.uk/lunch-menus/>

Leicestershire Nutrition and Dietetic Service 

PACKED WITH HEALTH?



Healthy ways to fill a lunch box

FIVE easy steps to a healthy packed lunch

- 1. Take some bread**
High fibre white, wholemeal, white, seeded or perhaps a roll, wrap, pitta, chapatti or crackers
- 2. Now take a tasty filling**
Chicken, cheese, cream cheese, egg, ham, mozzarella and tomato, tuna and sweetcorn
Add some lettuce, slices of cucumber or a tomato
- 3. Now a portion or two of fruit and vegetables**
Apple, banana, grapes, kiwi, pear, plum, mango or melon cubes, dried fruit is good too - raisins, sultanas, apricots. You could even add a little pot of fruit and/or carrot or celery sticks, cherry tomatoes, chunk of cucumber
- 4. Add a dairy choice**
Fromage fraits or yogurt (especially if no cheese or milk are included)...
- 5. And to finish add a drink**
Water, fruit juice and milk are best. Look for drinks with no added sugar

...and a healthy extra
a slice of malt loaf, currant bun, scone, plain biscuits, plain popcorn



PACKED WITH HEALTH? Healthy ways to fill a lunch box

	Day 1	Day 2	Day 3	Day 4	Day 5
Take...	bread, roll, pitta, bagel or wrap	crackers and...	a pasta salad	a slice of pizza with a topping of ...	savoury rice or couscous salad with...
Add...	egg cold meat salmon or tuna grated cheese	a chunk of cheese pot of hummus slice of cold meat	tuna beans	chicken cheese ham tuna vegetables	mixed beans chick peas
Now...	tomato cucumber lettuce and / or a pot of fruit salad	cherry tomatoes, raisins and dried apricots	sweetcorn tomato cucumber celery and / or a banana	some grapes	some vegetable sticks and fruit in jelly
Dairy Choice	yogurt fromage fraits custard rice pudding	Healthy Extras (to complete the meal)		Drinks	
	slice of malt loaf or fruit bread fruit or plain scone plain biscuits plain popcorn currant bun		Other Choices (to have less often)	water milk fruit juice yoghurt drink smoothie diluted squash	
			cake fruit muffin flapjack jaffa cakes packet of crisps		

For more ideas and lunchbox information go to www.lnds.nhs.uk

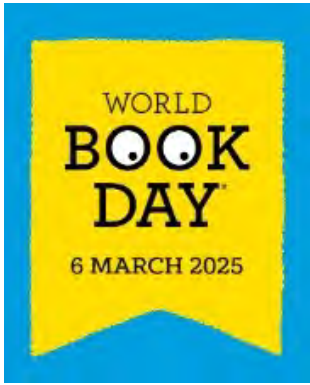
Keep Your Child's Lunchbox Safe

Make sure your child's lunchbox is clean and safe. Sandwiches containing meat or other foods that require refrigeration should be kept as cold as possible until lunch. Help keep lunches cool and safe by following these top tips:

- Chill food and drink before packing into the lunchbox and where possible use ingredients from the fridge
- An insulated box or bag can be used to help keep lunches cool. A small ice pack can also be used or frozen drink which will give a cool drink at lunchtime.
- Discard any perishable food that hasn't been eaten at the end of the day
- Wash and dry reusable water bottles, lids and lunchboxes every day in warm soapy water.



Developed and produced by Leicestershire Nutrition and Dietetic Services - February 2013
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 Access our website on www.lnds.nhs.uk



World Book Day!

We had a great day celebrating books this term on World Book Day. It was great to see so many children wearing fantastic costumes, dressed up as their favourite characters from a book. We were kindly donated costumes from the World Book Day charity too, which meant that as many children as possible could take part.

Check out our costumes!

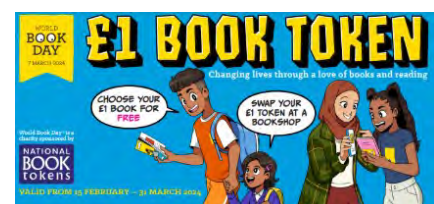


Over the course of the day, the children had opportunities to 'taste' different book genres in our Reading Cafes! Many classrooms were set up and decorated and the children were able to enjoy time exploring a variety of exciting books and discovering new genres. Which was your favourite genre?



Check out this World Book Day song by MC Grammar!

https://www.youtube.com/watch?v=u4LO_Nnod-M



All the children were sent home with a special 'World Book Day' £1 voucher, which allowed them to buy a special World Book Day book for free, or to get £1 off any book of their choice.

Year 6 – Warning Zone trip

On Tuesday 25th February 2025, a very excited Year 6 left for our school trip to Warning Zone. This is a life-skills centre which has been set up to provide life-saving messages for the children and to also inform them about how to keep themselves safe, both online and in real world scenarios.



Through the fun of games at the fair, we learned about the importance of keeping ourselves safe online and how we need to especially be aware that not everyone gives out accurate information when online. We discussed cyber-bullying and grooming as well as looking out for signs that we might be being scammed!

We were able to visit 7 different rooms which had been set up as real-life scenarios and we considered the risks presented in each zone. We visited a building site (narrowly avoiding being electrocuted!), saw the devastating effect of house fires (make sure to check your smoke alarms weekly!) went on a canal boat and we even drove a car through! Everyone had a fantastic day and will surely remember these important lessons for a long time to come.



Clubs!

Basketball—Year 3 and 4

Year 3 and 4 have learnt lots of skills in basketball club including passing to a member of their team, dribbling the ball and shooting from varying distances.

They have practised inside and outside using the space to work out where they need to position themselves to receive the ball.



Apparatus—Nursery and Reception

The children have loved climbing on the high apparatus. They have been practising climbing up ladders and benches and then climbing over frames. The children have also been jumping from different heights.



It has also been a fantastic opportunity for them to practise putting on their shoes and socks independently!

Science—Year 1

The children in Year 1 have had so much fun completing a range of experiments in their Science club. They have made paper aeroplanes, bubble wands and even made their own playdough!

The children also had some frozen objects and had to use a variety of things to try and melt the ice. They used salt and water to do this!

Adventure—Year 1 and 2

Adventure club has been really exciting this term with lots of different games. The children thoroughly enjoyed using the huge parachute and playing dodgeball. They have done lots of their games outside on the field too which they have really loved.

Scraptoft Valley drop-in sessions



Miss Ledger (SENCO) will be running drop-in sessions where you can come and discuss any worries or concerns about your child. Together, we can come up with next steps to support you and your child.

Sessions will run on:

Friday 2nd May

Friday 16th May

Friday 6th June

Friday 20th June

Come anytime between 9am-11am

If you require a phone call please contact the office!

Drop-ins cover:

- Medical issues
 - Mental Health
 - SEND needs
 - Behaviour
 - Sleep
- ...and much more!!

No need to book an appointment, just go to the office!



Learning Communication & Interaction Team (LCI)
SEND Support Service

Parent Autism Workshops: For families of autistic pupils in years 1 to 11.
Training will be delivered in **Hindi** only (suitable for Gujarati, Punjabi, Urdu speaking parents and any parents who understand the Hindi language)

Dates: Thursday 1st May, Thursday 8th May, Thursday 15th May and Thursday 22nd May 2025

Time: 9.30-12.00pm

Venue: Belgrave Sure Start, Cossington Street, Leicester. LE4 6JD

Families (of no more than 2 adults) can sign up.

Book via this link: <https://send-leicester.bookinglive.com/book/add/p/636>

Deadline for applications: **Tuesday 29th April 2025**

This is face to face training.

Course criteria:

The child must have an autism diagnosis and attend a Leicester City School.

The age range for this course: Family of children in school years 1-11.

The family must be able to attend all 4 sessions.

<p align="center">Understanding Autism</p> <p align="center">Gain a better understanding of autism Provide families with information Signpost to support organisations</p>
<p align="center">Social Communication and Interaction</p> <p align="center">Gain an understanding of what is meant by Social Communication Provide practical ideas and strategies to support your child</p>
<p align="center">Sensory Processing</p> <p align="center">Gain a better understanding of Sensory Processing in autism Explore your child's sensory differences Provide practical ideas and strategies to support your child</p>
<p align="center">Making Sense of Behaviour and Supporting Emotional Self-Regulation (Information Processing)</p> <p align="center">Gain an understand of what is meant by emotional regulation Provide practical ideas and strategies to support your child</p>

If you are unable to attend the course please email sends-service@leicester.gov.uk



On Friday 21st March we celebrated Comic Relief by wearing red/crazy hair styles.



Comic relief supports local community organisations in the UK and across the globe. Your donations help to fill the shelves of baby banks, community food centres, fund vital community-led services like health workers, local youth safe-spaces, and ensure safe passage for people escaping danger.



We raised £200.70



What Parents & Educators Need to Know about

ROBLOX

AGE RESTRICTION
PEGI
7

Roblox is one of the most popular video games among children. In 2020, the game's developers claimed that more than half of the USA's children had played it. As a 'sandbox' title, the game lets players create their own gaming experiences with Roblox Studio to build custom levels, which can then be shared online.

WHAT ARE THE RISKS?

ONLINE PLAY RISKS

Because Roblox connects random players across the world, it can put younger players into an environment with anonymous users who could use the platform for nefarious reasons. For example, some role-play games are used for online dates and mature role play, which could expose youngsters to inappropriate messages in the public chat box.

MATURE CONTENT

Content is difficult to moderate throughout Roblox, due to the number of games available. This is particularly notable on smaller games and experiences, but in summary, some of the games and experiences offered on the platform contain age-inappropriate content that could easily be seen by young players.

IN-GAME SPENDING

The majority of games within Roblox have extensive monetisation options, usually through season passes or microtransactions. Purchases can range in value from a few pennies up to much larger sums of money. While some games offer a lot of content via purchases, others can offer very little for real world money, causing younger players to end up out of pocket.

ANONYMOUS PLAYERS

The anonymity of users can leave players vulnerable to bullying, harassment, and predatory behaviour. Without the right parental controls or monitoring, users can connect with each other via personal messages or friend requests, and it is very difficult to know who's behind a username in this vast online world.

RISK OF ADDICTION

Roblox games can feature rewarding or satisfying mechanics that keep players coming back – or persuade them to stay logged-in for much longer. Like most games, they focus on interactivity, with constant rewards via in-game unlocks and currencies, which can sometimes lead to an addictive need to remain online for long periods of time.

SCAMS

Many of the games on Roblox feature collectible items, pets, or characters. These objects, while digital, are worth a lot of real money on certain online markets. Scammers will attempt to trade with younger users in the hopes of getting rare items that can be sold for real money, manipulating the child into handing them over, usually via misleading information.

Advice for Parents & Educators

MONITOR THE CONTENT

While Roblox does implement plenty of moderation tools and parental controls, it's up to parents and guardians to monitor the types of games a child or impressionable player is experiencing. If a youngster wants to play Roblox, be sure to check out which specific games they want to play within it, and get a good idea of their content.

TAKE ADVANTAGE OF TOOLS

Use the parental controls within the game itself and teach youngsters how to report and block other players. Knowing the powers within their reach will make Roblox a safer, happier experience. You can set age ranges for who's allowed to contact you, close public chat boxes, block spending, and even make your Roblox profile completely private. All these options are helpful in cutting off bad actors from engaging with children.

PLAY TOGETHER

Consider playing Roblox with the children in your care. There are few more effective ways to see how monetisation works, gauge whether the game could lead to addictive behaviours, or even witness how interaction between players works, than sitting down and trying the game for yourself. This should help you figure out whether it's suitable for particular children.

TEACH ONLINE BEHAVIOURS

Have an open conversation about the risks of online play and how to spend money wisely. By being honest and giving tips on how a younger user can protect themselves, you can empower them to not only take care of themselves, but others too. Any user can be reported to Roblox moderators by other players for behaving inappropriately. With this knowledge, younger players can be aware of what to look for and help prevent it.

Meet Our Expert

Dan Upscombe is a videogame journalist and author of over 20 books on gaming, including books on Minecraft, Fortnite, Roblox, and more. For 15 years he has been writing about his passion for gaming. When he's not playing games, he's talking about them at GAMINGbible.



#WakeUpWednesday

The National College

Scraptoft Valley Primary School
Nursery class - Autumn Term 2025



**Is your child 3 years old on or before
31st August 2025? Yes...then they can start school
this September!**

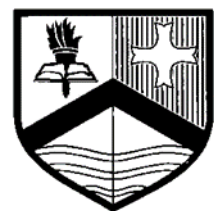
Scraptoft Valley Primary School offers both
full-time and part-time places in our nursery.

The government have increased the **FREE 15 hours of
nursery education to 30 hours for working parents***.

**Parents that both work at least 16hrs a week, or in a
single parent family where that parent works at least 16hrs a
week.*



Come and register at the
school office
ASAP to secure
your child's place.



Now the evening are getting lighter, more children will be playing outside, riding their bikes, playing football etc.

Does your child knows how to cross roads and keep themselves safe?

ROAD SAFETY

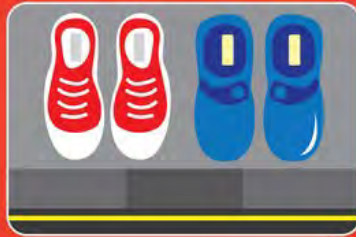
THINK

about where you should cross.



STOP

in a safe place at the side of the road.



USE YOUR EYES & EARS

to see and hear any approaching vehicles.



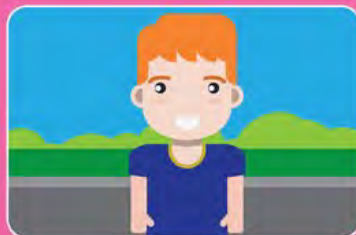
WAIT

until all the vehicles have passed.



LOOK AND LISTEN

again to make sure all is clear.



CROSS

the road. Keep looking and listening.



Class 8's Assembly

Class 8 have really enjoyed History this year and have learned about the Stone Age, Bronze and the Iron Age. On the 7th March, the children performed an assembly all about the Stone Age to their parents, carers and the rest of the school. Everyone in Class 8 really impressed with their loud, clear speaking voices and their knowledge of the Stone Age period. We enjoyed seeing our special 'Stone Age' visitors dressed up and the highlight was definitely the 'Stone Age Rock' song which the class performed brilliantly! Well done to Waleed and Evie for keeping us in time with their wonderful djembe drum playing and thank you to all of the parents and carers for coming to support us.

CLASS 8, YOU ROCK!



Class 4 Assembly

Class 4 enjoyed their class assembly this year about Jack and the Beanstalk. Everyone was wowed by their fantastic singing and acting. They impressed the audience with their scientific knowledge of plants and their beautiful artwork showing different flowers. Everyone had a smile during the final song about being positive and we are so proud of how brave they all were.

Well done Class 4!

Class 6 Assembly



Class 6's assembly was a chance for them to show off everything that they have learnt about famous people from the past.

The focus of the assembly was '**Who is the Greatest History Maker?**' and Class 6 shared lots of information that they had learnt about Guy Fawkes, Florence

Nightingale and Mary Seacole.

There was lots of singing and dancing throughout the assembly, as well as an appearance from Florence Nightingale herself!

Towards the end of the assembly we looked at some of the ingredients that

Mary Seacole would have used when making her herbal remedies. These ingredients were lemons to help soothe coughs, lemongrass to help calm a fever, aloe vera to help heal cuts, ginger to help soothe poorly tummies and chopped up okra to heal boils.



Parents, carers and teachers were asked to vote who they thought the greatest history maker was, and the overall winner was Florence Nightingale!

Thank you to everyone who came to support Class 6 with their assembly



Football!

The girls football team have secured a place in the finals which will be taking place in the summer term. This was after they finished first in the football league. **Well done girls!**

The boys completed in the semi-finals at New College on Monday 7th April but unfortunately even after drawing 2, losing 1 and winning 1 they have not made it through to the finals. Well done to the whole team for playing so well and trying your best.

We look forward to seeing the boys' football team next academic year.

We will keep you updated with how the girls get on in the finals in the summer newsletter.

Swimming!

Class 8 have been learning so much over the last few months in their swimming lessons. All of the children have really impressed their swimming teachers with the amount of progress they have made since they started in January.

In particular, Lawe and Sara have really impressed everyone at swimming with their determination and confidence. Lawe has already moved into the top group!

We are excited to see the progress they make over the next few months of their lessons.

Keep up the hard work Class 8!





Swim smart, stay safe

Swimming isn't just about being able to have fun in the water, it's also about knowing what to do if someone gets into trouble. With regular swimming lessons you can help keep your children safe.

Learn with us, swim with us, have fun - spaces available now!

Start their journey today and enrol into swimming lessons!

Leicester City Council logo

Scan for more info




Strong swimmers, confident kids

Is your child safe in water? Can they:

- Perform safe self-rescue in different water based situations
- Swim competently, confidently and proficiently over a distance of at least 25 metres
- Use a range of strokes effectively for example front crawl, backstroke and breaststroke

Swimming isn't just about being able to have fun in the water, it's also about knowing what to do if someone gets into trouble. With regular swimming lessons you can help keep your children safe.

Learn with us, swim with us, have fun - spaces available now!

Start their journey to water safety today!

Leicester City Council logo

Scan for more info



WWF FUNDRAISER EVENT



On the 3rd of March we celebrated **World Wildlife Day** by organising a fundraiser event for the World Wide Fund for Nature.

Children came to school with their favourite wild animal plush toy and donated towards this charity raising £86.



Our aim was to adopt an animal that needs funding for a year, and we chose a gorilla. We are so excited and proud of our school! Let's keep protecting our beautiful planet together!



Eco-News

Severn Trent Assembly and Workshops

In January, we had a visit from Philip from Severn Trent, who taught us all about water: how long it takes to turn dirty water into clean, drinking water, how much water is used for every day activities, what we need



water for, and most importantly—what we can do to save water. After that, year 4s had a workshop with Philip about water cycle and they really enjoyed it!



Eco Book Corner

We have found so many books, in which you can read about the nature, our beautiful planet and how to care for it, how to look after the environment, what is pollution and renewable energy sources and so much more, so that we organised a proper eco corner in our KS2 Library. Come, read, borrow a book, learn and teach others around you!



Energy Saving Week 2

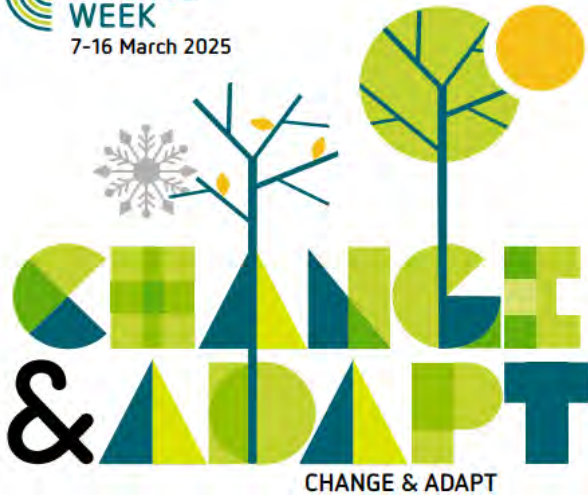
Well done to **Class 8** for winning this term's Energy Saving Competition!

Gardening Club

Spring is here and our gardeners are busier than ever. They have cleared the raised beds in which they will grow different vegetables—and some fruit! Every Thursday, they get their hands dirty and work hard in the allotment and around it—sowing seeds, transplanting seedlings, watering regularly, pruning and they don't forget the birds—always topping up their seed supply!

Science Week

BRITISH
SCIENCE
WEEK
7-16 March 2025



Children enjoyed celebrating British Science Week. The theme this year was 'Change and Adapt', focusing on how the world is changing and how we can adapt to these changes.

Children were also encouraged to think about the different types of changes and adaptations we can see in the world around us.

Some children joined a 'live lesson' and took a keen interest in learning about the day in the life a farm.



Children across the school looked closely at the adaptations of animals.



Science Week was celebrated each week in Science Club, where the children did experiments to explore how things change.



Children from Year 6 also visited Orchard Mead Academy during Science Week, where they met and handled different animals in a 'Zoolab' experience.

Reception's trip to Hall Farm, Brooksby



We enjoyed seeing the freshly born lambs as well as cows, ducks and pigs. We explored where the local wildlife live. We discovered what we can get from each animal on the farm too. Finally we were taught how to felt wool and we made our own flowers.

Thank you too all of the adult helpers!



Year 5 Curriculum Showcase

Year 5 had a fantastic morning celebrating and sharing their learning from across the year with children from across the school and their families.

The event began with the children performing two songs as well as hearing extracts from the children's writing—from the Great Barrier Reef to a sci-fi story to a letter to a Viking king!

After this, the curriculum stands were declared open and the children were delighted to welcome visitors to their stations, explaining their learning and leading a variety of activities.

Thank you to everyone who came and joined in this event.

